

# Vantage POINT

September 2009



The Sibley Advantage is *you!*

*‘Making Good Experiences Better’ at Sibley*

September 14 will mark the kickoff of Sibley’s **2009 Employee Satisfaction Survey.**

All employees are asked to complete this short survey regarding satisfaction in the workplace. In addition to the paper survey, a ‘green’ online survey will be available.

Collection of the surveys will run about four weeks, with a prize raffled off every Friday. Prizes include a \$100 Cheesecake Factory gift certificate, a massage session at Jacques Dessange Washington, a TomTom ONE GPS Navigation Device and a Dell Notebook computer.

In a continuous effort to monitor changing employee preferences, we ask that all employees give honest and open feedback. The results will help Sibley understand how to better serve its employees and facilitate a successful working environment. Help Sibley Hospital in *‘Making Good Experiences Better.’*

October Vantage Point

Please submit articles by September 15. Call Public Relations at x4700 or email [dhunt@sibley.org](mailto:dhunt@sibley.org).



The Sullivan Center for Breast Health Awarded a Three-Year Full Accreditation

*Congratulations on Your Dedication to the Care of Your Patients.*

The Sullivan Center for Breast Health at Sibley was granted a three-year full accreditation designation by the National Accreditation Program for Breast Centers (NAPBC), a program administered by the American College of Surgeons.



Rebecca A. Zuurbier, MD, Radiologist and Director, Breast Imaging

“We are very excited that our commitment to the multidisciplinary care of our patients has earned us this national recognition,” says Dr. Magnant. Accreditation by the NAPBC is only given to those centers whose performance shows commitment to providing the highest level of quality breast care. During the rigorous survey process, the center demonstrated compliance with standards established by the NAPBC for treating women who are diagnosed with the full spectrum of breast disease.

**The Team Behind the Survey Success**  
The surveyors examined all

facets of the breast program and checked that the necessary components were offered to provide good patient care. The multidisciplinary team successfully demonstrated proficiency in the areas of leadership, clinical management, research, community outreach, professional education and quality improvement. “Everyone contributed their expertise in their defined specialty area,” says Sheila Evans.

Thank you to the members of the Breast Cancer Program Advisory Committee, to Natalie D’Itri, RN, Clinical Research Associate, for organizing and presenting research information, and especially to Irene Gage, MD, Radiation Oncologist, who was instrumental in initiating the application and guiding the process on the day of the survey.



Alex R. Barriera, Data Management Coordinator (center), and Oncology Data Abstractors Esther M. Santamaria and Maureen O. Lyn prepared data/information requested by the surveyors.



Sharon A. Harper, Lead Mammography Technologist, and Lynn T. Turner, Manager, Sullivan Center for Breast Health



Jennie McLaughlin-Tarcia, RN, Nurse Navigator, with a patient.

**Receiving care at a NAPBC-accredited center ensures that our patients have access to:**

- Comprehensive care, including a full range of state-of-the-art services
- A multidisciplinary team approach to coordinate the best treatment options
- Information about ongoing clinical trials and new treatment options
- Quality breast care close to home.

Photo at left: Colette M. Magnant, MD, FACS, Director, Breast Cancer Program, and Sheila Evans, RN, AOCN, Director, Oncology Services



Shining Moments

**Yes,** patients nominate our staff for Shining Stars too. One patient nominated members of our Nutrition Services staff:

**Matilde Huamani**

“You bring warmth, sunshine and professionalism every time you enter my room. Your dedication to putting patients first is to be commended!”

**Farideh Madani**

“You go above and beyond your job description to make every patient’s day pleasant. You are truly special. Keep up the good work.”

**Hazel Brown, Team Leader, Nutrition Services,** has some very good things to say about her ‘Sibley family’.

“I would like to say thank you to all of those I came in contact with and for the care I received in the Emergency Department and the Cardiac Care Unit. True compassion and care for all runs deep in our beautiful hospital. Sibley is truly the very best of the best.”

She also appreciates the support of her co-workers in Nutrition Services and sends a special thank you to her friend, Margaret DeBrason, Manager of the Gift Shop. “Let all their stars shine,” says Hazel.



Celebrating

the work, dedication and innovation of the employees and volunteers who are Sibley’s greatest advantage.

Photography: Brian Shirley



## QCPR

### Education and Training to Conduct Classes for Patient Care Services

Training for RN's and LPN's will consist of one eight-hour day, and training for secretarial associates, clinical associates and certified nursing assistants will be one four-hour session. Some of the outpatient units and other areas of the hospital that primarily document in other computer systems, such as PICIS and Obix, and therefore use QCPR on a limited basis, will have specialized training for their units. Honora Dent from IT will be training most of these units.

The first class was held on August 31 and the last class will be on October 9.

The nurse educators from Education and Training and "super-users" from some nursing units received initial QCPR

training in April and have since had the opportunity to attend ongoing training review sessions. The Education and Training staff will receive a day-long refresher course before the training sessions begin.

A QCPR user guide, as well as one for the C5s, will soon be available on the Sibley intranet. "Flashcards" for the basic functions in QCPR are currently being developed and will be available on the units as well as on the intranet.

If you have not yet been scheduled for a class, please contact your manager. It is imperative that everyone who will be documenting in QCPR attend a class prior to the October 13 go-live date to ensure as smooth a transition as possible.

## The Sibley Foundation

The Foundation is supporting several important events to help raise awareness about Sibley in the community.

September 19 marks the inaugural **Ride for the New Sibley**. The team of cyclists, led by Dr. Fred Smith, will embark on a 100-mile bike ride. Physicians, friends and donors will tour through Southeastern Maryland to raise awareness for the *new Sibley*. For less intrepid riders, there are cut-outs along the route at both the 35-mile and 62-mile markers. For further information, please contact Kathleen Spencer at extension 6543.

The ninth annual *Celebration of Hope & Progress* gala, taking place on November 7 at the Four Seasons Hotel, is just around the corner.

This year's *gala Chair*, **Nina Pillsbury**, is planning an extraordinary social evening that will highlight the importance of Sibley to the neighborhood and greater Washington community. Proceeds from the gala will sup-

port Sibley's cancer programs and services.

A highlight of the evening will be the presentation of two prestigious awards: the Mars Quality Care Award and the *Hope & Progress* Award.

The Mars Quality Care Award, established by the Mars family, will honor a healthcare professional, affiliated with Sibley, whose work is helping and supporting those battling cancer. The recipient of the 2009 award will be announced at the gala.

The *Hope & Progress* Award will be presented to **Andrea Roane**, Anchor and Reporter for WUSA-TV. The award honors exemplary leadership and lasting contributions in the field of cancer care, cure or awareness which are all evidenced in Ms. Roane's ongoing reporting on breast health and the importance of early detection in the fight against cancer.

For further information, please contact the Foundation at extension 4257.



Helping to keep our patients, staff and visitors healthy, our Sibley Volunteers participate in their annual screening for Tuberculosis.

## Hotline

The **Privacy, Waste & Abuse Hotline** offers a means to report any suspected impropriety, violation of laws, rules and regulations, or other types of misconduct. The Hotline is user-friendly. Just pick up the phone and call 202.243.2260.

## Please Welcome

### New Employees

Tommy Armstrong, *5 West*  
 Mary Autry, *Breast Surgery*  
 Rosa Bounds, *Labor & Delivery*  
 Wendy Copeland, *Pharmacy*  
 Dominique Cousins-Stuckey, *Labor & Delivery*  
 James Evers, *Admissions*  
 Garfield Jacobs, *Nutrition Services*  
 Gabriel Martins, *Operating Room*  
 Joyce Quiddaoden, *5 West*

### Andrea Klesyk, Director of Perioperative Services

Ms. Klesyk joins Sibley with more than 20 years of experience in nursing and 10 years in leadership positions in perioperative services. She received a BS in Biology from Virginia Polytechnic Institute, her nursing degree from Sergeant Reynolds Community College, and a MS in Nursing from Virginia Commonwealth University.



Ms. Klesyk may be reached at extension 4464 or by email at [aklesyk@sibley.org](mailto:aklesyk@sibley.org).

### Michael Levins, Executive Chef, Nutrition Services

Sibley welcomes Chef Michael Levins who studied Nutritional Cooking at the Culinary Institute of America. Shortly after that Chef Levins moved



to Los Angeles where he worked at Walt Disney Studios in their Executive Dining Room. While in Los Angeles, Chef Mike was one of the chefs for the Vanity Fair Magazine Oscar party. He has cooked for many celebrities and world leaders over the years.

## Congratulations

**Eddi Staffini**, *Director of Information Technology*, has become one of the first IT healthcare professionals in the country to receive a new certification: Certified Healthcare CIO. Eddi assisted in the creation of the curriculum as a member of the College of Healthcare Management Information Executives (CHMIE) and recently completed the requirements.



## Health & Wellness Corner

### The S.I.B.L.E.Y. Challenge

**Stay Inspired. Be Lean. Empower Yourself.**

On **September 21** help us count down as we conduct our second employee weight-loss & fitness challenge ending on November 13. Even if you are not on a team competing for prizes, feel free to participate in any of the activities. Visit the Sibley Intranet, click on Wellness link for "Calendar of Activities".

*Please remember to consult your doctor before starting any exercise regimen.*

**Falling into a new routine:** Has your work-out regimen slowed to the point where it has become non-existent? Here are a few creative ways to re-start or begin your routine: Join Buzz (Sibley Rehab Personal Trainer) every Friday at noon in REN 2, September 25 until November 13, for **P90X fitness class** (no reservations required). **P90X** is a workout regimen that is designed for both men and women. You develop lean muscle based on the number of repetitions that you do and by the introduction of new moves and routines.

Interested in **Beginner Yoga**? Join Elizabeth Wickart (Certified Yoga Instructor) in REN 2 from 4:30-5:30 pm, September 24, October 8 & 22, and November 5. (Email [wellness@sibley.org](mailto:wellness@sibley.org) with the dates you will attend)

**Show your Sibley ID—Receive a discount:** The following gym facilities offer Sibley employees, their family members and volunteers a discounted rate.

**CHEVY CHASE ATHLETIC CLUB**  
 25% off 301.656.8834

**CURVES** (Mid-Atlantic)  
 \$100 off service fee (offered only three times a year)  
[www.midatlanticcurves.com](http://www.midatlanticcurves.com).

**SIBLEY GYM**  
 Discounts available only to Sibley employees. Call extension 4574 for details.

**TENLEY SPORT & HEALTH**  
 202.362.8000  
 \$50 one time initiation fee.  
**YMCA of METROPOLITAN WASHINGTON**  
 202.862.9622

Fitness membership & childcare discounts vary by location.

We're looking for suggestions for a Wellness Wednesday activity. Email us at [wellness@sibley.org](mailto:wellness@sibley.org).

## Back to School Health Checklist for Parents

Phoebe Joseph, RN, FNP-C, *Nurse Practitioner, Employee Health*

Getting your child back to school these days takes more than a new wardrobe and a shiny apple. What are the needed immunizations? Special instructions for the school nurse? And tips for buying and loading a backpack so that your child won't be aching at the end of the day?

**Immunizations recommended by The U.S. Advisory Committee on Immunization Practices (ACIP) include:**

- Diphtheria, tetanus, and pertussis (DtaP)
- Polio
- Measles, mumps, rubella (MMR)
- Chickenpox (varicella)
- Hepatitis B (HepB)
- Hepatitis A (Hep A) in some areas of the United States where there is a higher than average reported incidence of disease and for those who may travel outside the U.S.
- Haemophilus influenzae type b (Hib)
- Pneumococcal vaccine (PCV)
- Influenza per recommendations from CDC

It is important to keep accurate records of immunizations, including any reactions to the vaccines.

- Know when each immunization should be scheduled and put reminder notes on your calendar.
- Make sure your health professional goes over your child's immunization record with you during each office visit.
- Keep records in a safe place with other important documents.

### Can Your Child See Clearly?

As many as one in 20 children can't see out of one of their eyes. Ask your pediatrician to check your child's vision even though it may be checked in school.

- Kids who can't see well can't perform as well in school.
- The silent disease of "lazy eye" is partially or completely reversible when treatment is given before the child is 7 years old.

### What Else Can Parents Do?

- The American Academy of Pediatrics advises that parents not strap a jumbo backpack on their children—never more than 20 percent of the child's body weight.
- Make sure your child's emergency telephone number card is accurate and kept current.
- The school nurse/or office needs to know any medication your child takes.
- Any health problems should be made known to the school. Allergies are a good example.
- Also inform the school of any physical limitations. Does the child have asthma, a heart murmur or the need to wear a brace?
- Parents must also be sure that the child has sufficient sleep, usually eight hours for a growing child and even more for a teen.

### Please remember as a guide:

If your child has been ill with a fever, don't send the child to school until he/she has been without a fever for 24 hours without the use of any medications such as Tylenol or Advil.