Las Colinas Main Campus 6800 N. MacArthur Blvd. • Irving, TX 75039 • (972) 969-2130 Las Colinas Scheduling Service (972) 612-6565

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PICTURE I.D. AND ANY E PREPARATIONS.		
RDIOLOGY		
Echo		
Stress Echo 24 Hour Holter Stress Test Treadmill Chemical		
Interpreting Cardiologist for above studies: EKG		
ATORY CARE		
Complete Pulmonary Function Test Bronchial Provocation Challenge (Methacholine) Spirometry ABG on Room Air ABG on Oxygen Imp% Other: Interpreing Physician:		
1 = with contrast 2 = Both Il patient with high blood pressure e value for any IV contrast exams) ate Drawn:		
□ Do creatinine prior to exam All abdominal/pelvic CT exams are w/ oral contrast unless otherwise indicated. □ MRI Brain MRI C-Spine □ MRA Angio Head MRI T-Spine □ MRA Angio Carotids MRI L-Spine □ MRA Abdomen MRI Pelvis		
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ORDERING PHYSICIAN'S SIGNATURE:

DATE: FAX TO: 469-484-1311



6800 N. MacArthur Blvd. • Irving, TX 75039 (972) 969-2000

PHYSICIAN ORDERS OUTPATIENT DIAGNOSTIC TEST



MAIN CAMPUS

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PATIENT IDENTIFICATION

RADIOLOGY EXAM PREPS

X-RAY

IVP (Intravenous Pyelogram):

- Consume a liquid diet the day before exam and nothing to eat or drink after midnight on day of exam.
- Patient must have current BUN & Creatine prior to exam.

B.E. (Barium enema) or B.E. with Air:

- Consume a liquid diet two days before exam (clear liquid, soup, gelatin or juice)
- At 6:00 pm on the night before exam, drink one bottle of magnesium citrate.
- · Nothing to eat or drink after midnight on day of exam.
- On the morning of the exam, use a Fleets enema prior to the exam.

UGI (Upper GI), Small Bowel Series, Esophogram:

- Do not eat or drink anything after midnight before the exam.
- · Wear comfortable shoes.

Cystogram, Voiding Cystogram, Cystourethrogram:

 Requires catheterization of bladder. (This is done in the hospital's diagnostic area.)

Myelogram:

 Nothing to eat or drink after midnight prior to exam; force fluids two hours before the exam.

Hysterosalpingogram:

• Must be done on day 7 to day 10 after the first day of menstrual cycle.

Mammogram:

- If previous films were not taken at this facility, the patient is required to bring previous films.
- · Do not wear any deodorant or powders.

ULTRASOUND

Gallbladder, Liver, Panreas, Aorta (Abdomen sono):

Nothing to eat or drink after midnight prior to exam.

Pelvis and Fetal Age Sono:

 MUST have a full bladder. Finish drinking 32 oz. of noncarbonated fluid 1 hour prior to exam. DO NOT empty bladder before exam.

Thoracentesis:

· No preparation.

Breast Sono:

 If previous mammogram films are not at our facility, patient is required to bring them on day of exam.

Renal Sono:

· No preparation.

Stress Test / Stress Echo:

- Light breakfast (toast, juice) morning of exam No caffeine.
- · Wear tennis shoes and loose, comfortable clothing

Peripheral Vascular Exam:

• Wear loose, comfortable clothing.

NUCLEAR MEDICINE

Bone Scan & Tri-Phase:

- After injection, patient must FORCE FLUIDS AND URINATE FREQUENTLY.
- Patient is required to return approximately 3-4 hours later. Return appointment must also be booked.
- If any previous bone scan films are not at this facility, patient must bring them on exam day.

NUCLEAR MEDICINE (CONTINUED)

Thyroid Scan and Uptake:

- NPO from midnight before test Not even water.
- Do not eat dark greens, shellfish or other foods containing iodine 24 hours before scan. NO THYROID MEDICATIONS OR CONTRAST DYES 6 WEEKS PRIOR TO EXAM. Patient will return six hours after exam.
- No Multi-vitamins 2 weeks.
- · Instructions may vary: call Technologist.
- · No antihistamine and/or decongestant *2 weeks.

Renal Scan:

 If a Captopril Renal Scan, the patient must be off ACE inhibitors medication for <u>48</u> hours prior to exam. Have patient hydrate themselves with 32 oz. water 1 hour prior to scan.

Myocardial Perfusion Stress (Thallium / Cardiolite Stress Test):

- · Nothing to eat or drink after midnight prior to exam.
- · Do not eat or drink any soda's, tea, coffee or chocolate.

Gastric Emptying Study:

· Nothing to eat or drink after midnight prior to exam.

Stress & Adenosine Thallium / Cardiolite:

- Nothing to eat or drink after midnight prior to exam.
- · Wear tennis shoes and loose, comfortable clothing.
- · Bring ALL medications.
- · If IV Adenosine, patient's weight is needed.

Hepatobiliary (HIDA) Scan:

- NPO after midnight before test Not even water.
- · NO narcotic pain medication for 24 hours prior to exam.

Hepatobiliary Scan (with CCK/EF)

CT SCANS

CT / Biopsy*+:

- Patient is to bring all old films pertaining to the case.
- Patient should not take aspirin or any blood thinner medication 72 hours prior to exam.
- · NPO 4 hours prior to exam.
- · Should have someone to drive them home.

Abdomen and/or Pelvis*+:

- Patient must have recent BUN and Creatine prior to exam.
- · Nothing to eat or drink after midnight prior to exam.
- · Patient chooses one of the following:
 - A. Outpatient arrives 2 hours before appointment time to register and drink barium.
 - B. Patient receives contrast media from the Radiology Department the day before the exam. Drinks contrast before arriving to register.

CT of Spine+:

 Any previous spine films are to be brought with the patient on the day of exam.

CT of Chest*:

- · Clear liquids 4 hours prior to exam.
- Patient is required to bring any previous chest x-rays.

All Other CT Scans*:

- Nothing to eat or drink 3 hours prior to exam if patient is to receive contrast dye.
- * * Medications are okay to take with small amount of food or juice.
- ++ If any previous films are not at this facility, patient must bring them on exam day.

RESPIRATORY / EEG

FFG:

• The patient should wash hair within 24 hours of exam using only shampoo.

PFT.

• No Bronchodilators 4 hours prior to exam. No smoking 2 hours prior to exam.