

Course Planning Guide, Health and Human Performance, Teaching major – K-12

The health and human performance licensure major provides students the opportunity to prepare for teaching health and physical education and/or coaching in grades K-12. The program meets all Tennessee and NCATE guidelines. Students should consult with an advisor to determine approved substitutions for courses below. University core requirements must be fulfilled.

Required Major Courses and Electives HHP 2010 Technology Applications (3) HHP 2030 Youth and Adolescent Health (3) HHP 2050 Community & Environmental Health (3) HHP 2120 Rhythmic Movement and Education Gymnastics (3) HHP 2240 Introduction to Physical Education (3) HHP 3010 Adapted Physical Education (3) HHP 3030 Nutrition – Science and Application (3) HHP 3110 Substance Use and Abuse (3) HHP 3150 Teaching Individual Dual & Team Sport (3) HHP 3210 Methods & Materials in Phy Ed Elem. Students (3) HHP 3400 Comp. & Coordinated School Hlth Program (3) HHP 4060 Consumer Health (3) HHP 4210 Measurement & Evaluation Physical Education (3) HHP 4220 Analysis of Movement (3) HHP 4240 Intro to Motor Learning (3) HHP 4250 Physiology of Exercise (3) HHP 4400 Teaching HHP (3) Electives (2)	Required related courses in core: HHP 1250 Wellness Concepts & Practices (3) BIOL 2010/2011 Human Anatomy & Physiology (4)
	Professional Education minor: EDUC 2100 Foundation to Education (2) EDUC 3040 Instructional Technology (3) EDUC 3070 Instructional Strategies (3) EDUC 4080 Classroom Management (3) EDUC 4160 Teaching Diversity (3) EDUC 4270 Evaluation and Assessment (3) PSY 3130 Education Psychology (3) SPED 3000 Introduction to Special Education (3)
	Additional Certification Requirements for Student Teaching (12 hours) EDUC 4410 Student Teaching in Elementary School (6) EDUC 4510 Student Teaching in Middle School (6) EDUC 4610 Student Teaching in Secondary School (6)

Required PRAXIS exams: PRAXIS I Math Reading Writing PRAXIS II PE 091 HEA 550 PE 092 PLT 522 or 524

Course Selection Worksheet

CRN	Subject	Crs #	Sec #	Credits	Time	Mon	Tues	Wed	Thurs	Fri	Sat	Location

- Fall Spring Summer I Summer II Year _____
 Summer 3 Spring I Spring II Fall I Fall II Maymester

Student Name: _____ ID: _____

Advisor Signature _____ Alternate PIN: _____

Advisor Comments: _____

For more information on the Health and Human Performance department, please visit: <http://www.apsu.edu/hhp/>
 Department of Health and Human Performance Phone Number: (931) 221-6111
 Undergraduate Bulletin URL: <http://www.apsu.edu/records/bulletin/0708/UndergradBulletin07-08.pdf>
 Teaching major: Undergraduate Bulletin 2007-2008 p. 152
 Health and Human Performance class descriptions: Undergraduate Bulletin 2007-2008 p. 318-322