	PBC		Parent Behavior Checklist		
		RECORD FORM Parent and Child Information		Robert A. Fox, Ph.D.	
1.	Today's Date:	Month	Day	Year	
2.	Completed By:	Mom	Dad	Other	
3.	Your Age:	Years			
4.	Child's Name: a. Birth Date: b. Age: c. Sex: d. Race/Ethnic Group:	Month Years Girl American Indian/A Black Other	Day Boy Alaska/Native Hispanic	Year Asian/Pacific Islander White	
5.	Total Number of Childre	n <i>Living at Home:</i>			
6.	Marital Status:	Divorced Single	Married Widowed	Separated	
7.	Parent Employment - Pl lawyer, truck driver, con Mom's Employment: Dad's Employment:		parents (examples: ho	memaker, grade school teacher,	

## Instructions

The *Parent Behavior Checklist* includes statements about how parents raise young children. For each statement, circle the letter A if the statement ALMOST ALWAYS OR ALWAYS applies to how you raise your child. Circle the letter F if the statement FREQUENTLY applies. Circle the letter S if the statement SOMETIMES apples. Circle the letter N if the statement ALMOST NEVER OR NEVER applies. Circle the NA response if it is NOT AGE APPROPRIATE. A sample item is shown below.

I rock my child to sleep.	А	F	S	Ν	NA
I rock my child to sleep.	A	F	S	N	

Mark only one letter for each statement. Do not skip any item. Please turn the page now and begin with the first item.

A-Almost Always/Always

F-Frequently S-Sometimes

N-Almost Never/Never NA-Not Age Appropriate

1. I read to my child at bedtime.	А	F	S	Ν	NA
2. My child should be able to use the toilet without help.	А	F	S	Ν	NA
3. I spank my child at least once a week.	А	F	S	Ν	NA
4. My child should be old enough to drink from a cup without help.	А	F	S	Ν	NA
5. My child and I play together on the floor.	А	F	S	Ν	NA
<ol><li>If my child would hit, kick, bite, or scratch someone, I would spank him/her.</li></ol>	A	F	S	N	NA
7. My child should know three colors.	А	F	S	Ν	NA
8. My child should be able to feed him/herself.	А	F	S	Ν	NA
9. If my child hit me in anger, I would hit or spank my child.	А	F	S	Ν	NA
10. I get books for my child (from the library or store) at least once a month.	A	F	S	N	NA
11. My child takes naps.	А	F	S	Ν	NA
12. When my child doesn't do what I tell him/her to do I spank him/her.	А	F	S	Ν	NA
13. My child should be old enough to take a bath without being watched.	А	F	S	Ν	NA
14. My child should be old enough to walk up stairs using a railing.	А	F	S	Ν	NA
15. If my child is overactive, I involve him/her in quiet activities.	А	F	S	Ν	NA
16. My child should be able to catch a bounced ball.	А	F	S	Ν	NA
17. Before we go anywhere, I take my child to the bathroom.	А	F	S	Ν	NA
18. I tell my child that his/her bad behavior will make God sad.	А	F	S	Ν	NA
19. My child would just scribble if given a crayon and piece of paper.	А	F	S	Ν	NA
20. I yell at my child for whining.	А	F	S	Ν	NA

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21. I play make believe with my child.	А	F	S	Ν	NA
22. My child should be old enough to walk down stairs.	А	F	S	Ν	NA
<ol> <li>I tell my child he/she should be ashamed of him/herself for soiled pants (bowel movement).</li> </ol>	A	F	S	Ν	NA
24. My child should tell me if her/his diapers or pants are wet.	А	F	S	Ν	NA
25. I let my boy play with dolls or my girl play with trucks.	А	F	S	Ν	NA
26. If my child is overactive, I yell at him/her.	А	F	S	Ν	NA
27. My child should tell me when he/she has to go to the bathroom.	А	F	S	Ν	NA
<ol> <li>My child should be able to understand taking turns during games.</li> </ol>	A	F	S	N	NA
29. If my child cries after being put to bed, I spank him/her.	А	F	S	Ν	NA
30. I plan surprises for my child (birthday parties, gifts).	А	F	S	Ν	NA
31. I send my child to a room or corner in the house as punishment.	А	F	S	Ν	NA
<ol> <li>To toilet train my child, I make him/her sit on the toilet for over 15 minutes.</li> </ol>	A	F	S	Ν	NA
33. My child should be able to ride a tricycle.	А	F	S	Ν	NA
34. My child should be quiet when I'm on the phone.	А	F	S	Ν	NA
35. I find it useful to talk to other parents about raising children.	А	F	S	Ν	NA
36. My child uses a bottle for drinking.	А	F	S	Ν	NA
37. My child should know that matches are dangerous.	А	F	S	Ν	NA
38. I spank my child for refusing to eat.	А	F	S	Ν	NA
39. My child should be quiet when I'm talking to another adult.	А	F	S	Ν	NA
40. I would spank my child in public for bad behavior.	А	F	S	Ν	NA

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41. I spend at least one hour a day playing with or reading to					
my child.	А	F	S	Ν	NA
42. I pick up my child's toys.	А	F	S	Ν	NA
43. I yell at my child for being too noisy at home.	А	F	S	Ν	NA
44. I expect to have to do most things for my child.	А	F	S	Ν	NA
45. I read to my child at least once a week.	А	F	S	Ν	NA
46. I scold my child for soiling in his/her pants.	А	F	S	Ν	NA
47. My child should be old eough to share toys.	А	F	S	Ν	NA
48. My child should be able to follow three-part directions ("pick up your toys, wash your hands, and come to supper").	A	F	S	Ν	NA
<ol> <li>I threaten to tell my spouse/partner about my child's bad behavior.</li> </ol>	A	F	S	Ν	NA
50. When I need help or advice about my child, I talk to my friends.	А	F	S	Ν	NA
<ol> <li>My child should be able to solve problems he/she has with other children.</li> </ol>	A	F	S	Ν	NA
52. I tell my child that he/she is bad.	А	F	S	Ν	NA
53. My child should be able to draw a circle.	А	F	S	Ν	NA
54. My child should be able to play well with other children.	А	F	S	Ν	NA
55. I allow messy play (finger painting, play dough).	А	F	S	Ν	NA
56. My child should be able to say his/her first name when asked.	А	F	S	Ν	NA
57. My child should be able to use a spoon without making a mess.	А	F	S	Ν	NA
58. I scold my child for playing with his/her private parts.	А	F	S	Ν	NA
59. My cild should be able to understand what I tell him/her to do.	А	F	S	Ν	NA
60. I tell my child to behave so that my spouse/partner won't get mad.	A	F	S	N	NA

A-Almost Always/Always	F-Frequently	S-Sometimes	N-Almo	st Neve	r/Never	NA-Not Ag	e Appro	opriate
61. I take walks with my	child once a week.			A	F	S	Ν	NA
62. My child should be a coloring.	ble to stay within th	ne lines when		A	F	S	N	NA
63. If my child cries after	r being put to bed, I	yell at him/her.		A	F	S	Ν	NA
64. My child should have	e good table manne	ers.		A	F	S	Ν	NA
65. I talk to or hold my cl	hild when he/she is	scared.		A	F	S	Ν	NA
66. I yell at my child for s	spilling food.			A	F	S	Ν	NA
67. I expect my child to a	do what I say, right	away.		A	F	S	Ν	NA
68. My child should be a	ble to play alone fo	or 30 minutes.		A	F	S	Ν	NA
69. I get so angry with m	iy child I spank him	/her on the bottom	٦.	A	F	S	Ν	NA
70. I arrange activities fo painting or toy play.	or my child to play s	such as coloring,		A	F	S	N	NA
71. My child should be a	ble to use a fork ar	nd spoon.		A	F	S	Ν	NA
72. I punish my child for	wetting the bed.			A	F	S	Ν	NA
73. My child should be a (mouth, nose, etc.)	ble to name at leas	st one body part		A	F	S	N	NA
74. My child should be a	ble to draw a squa	re.		A	F	S	Ν	NA
75. I praise my child for	learning new things	6.		A	F	S	Ν	NA
76. My child is sent to hi	s/her room for not o	obeying me.		A	F	S	Ν	NA
77. My child should know	w to stay away from	n hot things (oven,	iron).	A	F	S	Ν	NA
78. I make my child stay	at the table until al	I of his/her food is	gone.	A	F	S	Ν	NA
79. My child should be o games (Candyland,	-	stand the rules in	•	A	F	S	N	NA
80. I would spank my ch	ild for wetting his/h	er pants.		A	F	S	Ν	NA

81. I encourage my child to spend time with my spouse/ partner or other relatives.	A	F	S	N	NA
<ol> <li>82. I answer my child's question's about sex (such as how babies are born).</li> </ol>	A	F	S	N	NA
83. I would slap my child for being sassy or backtalking.	А	F	S	Ν	NA
<ol> <li>84. I expect my child to help with some household chores (dusing, dishes).</li> </ol>	A	F	S	Ν	NA
85. When I need help or advice about my child, I read books or magazines about parenting.	A	F	S	N	NA
86. I threaten to punish my child but then I don't.	А	F	S	Ν	NA
87. My child should put away his/her toys.	А	F	S	Ν	NA
88. My child should be old enough to speak in clear sentences.	А	F	S	Ν	NA
89. I hit my child with an object (such as a spoon or belt).	А	F	S	Ν	NA
90. My child has a regular bedtime routing (such as wash up, put on pajamas, read a story, say a prayer).	A	F	S	N	NA
91. My child should be able to name a penny, nickel, and a dime.	А	F	S	Ν	NA
92. I tell my child God doesn't like children who lie.	А	F	S	Ν	NA
93. My child wears diapers at bedtime.	А	F	S	Ν	NA
94. My child should be able to select his/her own clothes to wear.	А	F	S	Ν	NA
95. I take my child to the park, playground, movies, library, or ballgames.	A	F	S	Ν	NA
96. My child should be able to wash and dry his/her own hands.	А	F	S	Ν	NA
97. My child should be able to stay dry during the day.	А	F	S	Ν	NA
98. When my child has a temper tantrum, I spank him/her.	А	F	S	Ν	NA
99. My child should be able to stay dry during the night.	А	F	S	Ν	NA
100. I send my child to bed as a punishment.	А	F	S	Ν	NA

S-Sometimes

N-Almost Never/Never NA-Not Age Appropriate

A-Almost Always/Always

F-Frequently

## SCORE GRID

А	Almost Always/Always	4
F	Frequently	3
S	Sometimes	2
N	Never	1

NNever1NANot Age Appropriate0