

Health & Physical Activity Institute

July 16-18, 2012
James Madison University
Harrisonburg, Virginia
<http://www.jmu.edu/kinesiology/hpainstitute/>

The 2012 Health and Physical Activity Institute provides an opportunity for teachers to share new and innovative teaching and learning practices. The institute is supported by the Virginia Departments of Health and Education, and the Virginia Association of Health, Physical Education, Recreation and Dance. The primary objective of the initiative is to improve the quality of health and physical activity instruction to enhance the wellness and educational performance of Virginia's students. The institute consists of a variety of engaging workshops and general sessions. Participants who attend the entire institute will receive a certificate of completion from the Department of Education documenting 40 hours of professional development.

The institute will be held at the Festival Conference & Student Center on the east campus of James Madison University. On-campus housing is in an east campus dorm where you may select either double or single room occupancy, and sheets and towels are provided. *Being a dorm room you may choose to bring an alarm clock, reading lamp, Ethernet cord, extra towels, and an extra blanket.* Or participants may register as a commuter and stay in a local hotel. Participants who register as a commuter and plan to stay in a local hotel are responsible for making their own hotel reservations. The following hotels have HPAI rates, please mention this when making the reservation: Courtyard by Marriot, 540 432-3031; Fairfield Inn & Suites, 540 433-9333; Hampton Inn, 540 432-1111; Jameson Inn, 540 442-1515; Residence Inn, 540 437-7426; and Sleep Inn 540 433-7100.

The institute will begin on Monday, July 16th at 11:00 am and conclude on Wednesday, July 18th at 4:00 pm.

Check-in:

General check-in:

Monday, July 16th from 8-10:00 at the Festival Conference & Student Center

Early arrival check-in:

Saturday, July 14th from 10:00 - noon at the Festival Conference & Student Center

Sunday, July 15th from 8 - noon & 2-4:00 at the Festival Conference & Student Center

Registration, on-campus room/meal fees & information:

Room Type (on-campus) Available Only until July 9 th	Monday-Wednesday	Sunday-Wednesday	Saturday-Wednesday
Double & Meals	\$120	\$170	\$220
Single & Meals	\$170	\$220	\$270
Commuter/Meals	\$80	\$100	\$120
Registrations received after July 9, 2012 will be assessed a \$25 late fee. On-campus housing reservations end on July 9 th . After July 9 th only commuter registrations will be accepted & will require participants to make their own off-campus hotel reservations. Please see the website for local hotel information and institute rates.			

- ☐ Please visit the website for registration confirmation, directions and details regarding the 2012 workshops once that information becomes available.
- ☐ No refunds will be issued for cancellations after July 9, 2012.
- ☐ Please make checks payable to James Madison University or pay by credit card on-line with a \$2.50 convenience fee.

Special Events:

In addition to the institute workshops and sessions there are several special events that are held before and during the institute. **These events require institute registration and either Saturday or Sunday check-in with additional housing fees.**

Bicycle Education Certification Course for Teachers will be offered again this year. This 12-hour specialty workshop covers types of bikes, gears and shifting basics, basic bike maintenance, curriculum ideas, coalition building, fund raising tips, and more. This course requires participants to ride their bicycles. If you have questions about the course, please contact either Vicki Miller at (804) 938-4330 or vbm01@comcast.net. Enrollment is limited and you must bring a working bicycle and helmet. The course will begin Sunday, July 15th at 10:00 am.

Curriculum and Administrative Guide for Driver Education in Virginia train-the-trainer workshop for lead teachers and program supervisors will be offered Sunday, July 15th beginning at 1 pm.

Graduate & Undergraduate Classes Offered:

Assessment & Instructional Strategies in Adapted Physical Education, KIN 680, section 6201, 3 credits, Dr. Tom Moran, JMU

This course is designed to give participants an in-depth look at how assessment drives instruction, even for students with disabilities. Participants will learn, use, as well as develop appropriate assessment tools that will help them meet the needs of students with disabilities in general physical education. Participants will receive hands-on experience implementing various instructional strategies that allow all students to be successful, regardless of ability or disability.

If interested email Dr. Moran at morante@jmu.edu, by June 22, 2012 to reserve your spot and receive registration instructions. Enrollment is limited and pre-registration for the course and institute is required. The course will begin on Sunday, July 15th at 10:00 am and meet at various times throughout the institute. The course cost for in-state is \$1251 and out-of-state is \$3186. This course will run on a contingency basis; if enrollment numbers are not met the course will not be held.

Physiological Importance of Physical Education, KIN 680, section 6202, 3 credits, Dr. Judith A. Flohr, JMU

This course is designed to assist teachers explore and understand the role that physical education plays in their students' physiological health. The physiological changes that occur during acute bouts of exercise and chronic physical training will be addressed. In addition, the course will highlight various conditions (e.g. obesity, asthma and diabetes) in relation to physical education curriculum, methods and class design.

If interested email Dr. Flohr at flohrja@jmu.edu, by June 22, 2012 to reserve your spot and receive registration instructions. Enrollment is limited and pre-registration for the course and institute is required. The course will begin on Sunday, July 15th at 10:00 am and meet at various times throughout the institute. The course cost for in-state is \$1251 and out-of-state is \$3186. This course will run on a contingency basis; if enrollment numbers are not met the course will not be held.

Topical Seminar: Developing Health Education Curriculum, HEMS 691.C90, 3 credits, Misti R Wajciechowski, VCU

This course has been designed to enhance teacher's knowledge by applying previously acquired professional experience to curriculum design and instruction in multiple settings. Students will learn pedagogical skills including the use of a variety of teaching styles, the development of lesson plans and unit plans, the assessment of student knowledge and skill acquisition, and the use of classroom management skills. In addition, students will gain insight into the development of a health education curriculum as influenced by philosophies, models, issues, and trends. Middle and high school levels are included in discussion.

If interested, please email Misty Wajciechowski at Misti_Wajciechowski@ccpsnet.net to reserve your spot and receive registration instructions. The course will begin on Sunday, July 15th at 10:00 am and meet at various times throughout the institute. The course cost for in-state is \$954 and out-of-state is \$2,562.

Topics in Physical Education: Instructional Principles of Online Health & Physical Education, Secondary Education, PED 195.01DL, 3 credits, Mark Brandenburger, JSRCC

This course is designed to present curriculum design and instructional methods for high school Online Health & Physical Education courses. Participants will use and develop online lessons that meet the needs of their school division. Participants will receive practical experiences implementing various instructional strategies that allow secondary students and teachers to be successful.

If interested email Mark Brandenburger at MBrandenburger@Reynolds.edu, prior to June 1, 2012 to reserve your spot and receive registration instructions. Enrollment is limited and pre-registration for the course and institute is required. The course will begin on Sunday, July 15th at 10:00 am and meet at various times throughout the institute.

Health & Physical Activity Institute

**Institute Registration Form or register on-line at <http://www.jmu.edu/kinesiology/hpainstitute/>
Advance Registration by July 9, 2012. On-campus housing reservations end on July 9th.**

Please print or type a separate form for each participant.

First Name:		Last Name:	
Badge Name:		Gender: <input type="checkbox"/> female <input type="checkbox"/> male	
School:		Division:	
Address: <input type="checkbox"/> work <input type="checkbox"/> home		Street:	
City:		State:	Zip:
Phone:		E-mail:	
Major Job Responsibilities:			
T-Shirt Size: <input type="checkbox"/> small <input type="checkbox"/> medium <input type="checkbox"/> large <input type="checkbox"/> XL <input type="checkbox"/> XXL			
Please check one housing preference: <input type="checkbox"/> Residential Double* <input type="checkbox"/> Residential Single <input type="checkbox"/> Commuter**			
* Please indicate your roommate preference:			
Anticipated check-in date: <input type="checkbox"/> Saturday, July 14 th , 10am-noon <input type="checkbox"/> Sunday, July 15 th , 8 am- noon & 2-4:00 <input type="checkbox"/> Monday, July 16 th , 8-10:00 am			
If interested please check only one special institute event: <input type="checkbox"/> Bicycle Education Certification <input type="checkbox"/> Curriculum and Administrative Guide for Driver Education <input type="checkbox"/> Graduate Course (refer to course information to enroll in the class)			

**Please plan to participate in all activities Monday (11:00 - 9 pm) Tuesday (9-9 pm) & Wednesday 9 to 4:00.

Off-campus housing information for commuters is located on the website.

Please select payment amount:

Room Type	Monday-Wednesday	Sunday-Wednesday	Saturday-Wednesday
Double & Meals	<input type="checkbox"/> \$120	<input type="checkbox"/> \$170	<input type="checkbox"/> \$220
Single & Meals	<input type="checkbox"/> \$170	<input type="checkbox"/> \$220	<input type="checkbox"/> \$270
Commuter/Meals	<input type="checkbox"/> \$80	<input type="checkbox"/> \$100	<input type="checkbox"/> \$120

Payable to James Madison University or by credit card on-line.

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Please submit on-line or send completed form to:

Jacqueline Williams, 261 Bluestone Drive, Department of Kinesiology MSC 2302,
James Madison University, Harrisonburg, VA 22807 with a check payable to James Madison University or pay
by credit card on-line (Please note there is a \$2.50 convenience fee for on-line payments)
Please check registration confirmations & information on the institute website.

Questions:

Please contact either Vanessa Wigand at Vanessa.Wigand@doe.virginia.gov or
Jacqueline Williams at hpa@jmu.edu or visit the website: <http://www.jmu.edu/kinesiology/hpainstitute>. On-
site institute director is Barry Trent.