

# RECREATION LEADERSHIP COURSE OFFERINGS

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**General Description:** These courses will provide the necessary knowledge and skills to improve and enhance the quality of the profession in the field of Recreation. These courses are available for both undergraduate and graduate credit with each course worth three credits. Courses will include topics in leadership development, team building and group dynamics, event and program planning, administration and risk management.

## LIST of COURSES

Fall, 2012: **Group Dynamics: Processes and Practices:** This course includes analyses of facilitation styles, skills and techniques with exercises and assignments that emphasize comprehension and application of small group theory, process and dynamics, verbal and non-verbal communication, and effective problem solving and decision-making techniques. Experiential learning and group processes will be the primary methodologies employed throughout this course.

Spring, 2013: **Event and Program Planning:** This course is designed to plan, implement and evaluate the prerequisites necessary for successful recreation programming. Once students have learned the tools and steps to designing a program, they will have the opportunity to plan and implement a program that will be promoted in the area that will benefit the people they are serving.

Summer, 2013 **Leadership Development in Recreation:** This course is designed to provide students with multiple opportunities to develop leadership. Students will have the opportunity to enhance their leadership potential through engagement in a series of recreation and initiative activities. Students will have direct experience creating and facilitating activities for a group of people where their development of leadership will be practiced first hand. Through feedback and evaluation, students will enhance their abilities to understand the dynamics of a team and enable them to be better equipped with the tools necessary to demonstrate effective leadership.

Fall 2013: **Recreation Administration and Risk Management:** This course is designed to enhance the student's understanding of fiscal management, personnel, public relations, legal foundations and liability. Students will have direct experience in budget design, developing a risk management plan and administrative protocols.

## Meeting times: All F2F classes are held on Tuesdays at Prince George High School

Sept. 4: First Day F2F

Sept. 11: F2F

Sept. 18:

Sept. 25

Oct. 2: F2F

Oct. 9

Oct. 16

Oct. 23: F2F