

Name :

Student ID:

Alcohol Consumption Chart

Date	Time (AM/PM)	Drink Type	Amount (oz.)	Where	With Whom	Mood
						One Drink Equals:
						4 oz. wine
						1 cooler
						12 oz. beer
						1.25 oz. hard liquor
						Adjust quantity accordingly; a
						16 oz beer = 1.25 drinks and a
						6oz. glass of wine = 1.5 drinks.
						Where Codes:
						1 = Tavern/Bar
						2 = Restaurant w/food
						3 = Own Living Group
						4 = Other Dorm
						5 = Fraternity/Sorority
						6 = Party
						7 = Sporting Event
						8 = In a Vehicle
						9 = Outside
						10 = Friend's Apartment
						With Whom Codes:
						1 = Alone
						2 = Relatives
						3 = Male Friend(s)
						4 = Female Friend(s)
						5 = Friends of Both Sexes
						6 = Strangers
						7 = Spouse/Partner
						8 = Other
						Mood Codes:
						1 = Happy
						2 = Outgoing
						3 = Romantic/Sexy
						4 = Bored
						5 = Celebrating
						6 = Sad/Depressed
						7 = Frustrated
						8 = Shy
						9 = Stressed
						10 = Anxious
						11 = Afraid

Use additional sheets if necessary. E-mail your completed form to open@neu.edu by clicking the button below.