



File # \_\_\_\_\_

### Adult Medical History

Client Name \_\_\_\_\_ Date \_\_\_\_\_  
Last First Middle

Date of Birth \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Date of last physical exam: \_\_\_\_\_

Name, address, and phone no. of personal physician: \_\_\_\_\_

Name, address, and phone no. of person to notify in case of emergency: \_\_\_\_\_

ALLERGIES: Are you allergic to any medications? \_\_\_\_\_ Which ones? \_\_\_\_\_ Are you allergic to any food? \_\_\_\_\_  
Bee sting? \_\_\_\_\_

HAVE YOU EVER HAD (PLEASE CHECK AT RIGHT OF EACH ITEM):

(Check each item)	Yes	No	When	(Check each item)	Yes	No	When
Severe and/or freq. headaches				Arthritis or Rheumatism			
Frequent dizzy spells				Swollen or painful joints			
Severe head injury				Any broken bones			
Difficulty with vision				Loss of leg, arm, finger, toe			
Difficulty with hearing				Gout			
Buzzing or ringing in ears				Bone, joint, or other deformity			
Sinus trouble				Blackout spells			
Allergy to pollen, weeds, dust				Seizures			
Frequent nose bleeds				A stroke			
Severe tooth or gum trouble				Frequent crying spells			
Anemia or blood disease				Trouble sleeping			
Heart disease				Paralysis, polio			
Palpitations or pounding heart				Skin trouble			
Pain or pressure in chest				Stomach ulcers			
<b>High blood pressure</b>				<b>Frequent indigestion</b>			
<b>Scarlet fever</b>				<b>Gall stones or gall bladder trouble</b>			
<b>Rheumatic fever</b>				<b>Appendicitis</b>			
<b>Varicose veins</b>				<b>Liver disease</b>			
<b>Phlebitis in legs</b>				<b>Jaundice (yellow skin/eyes)</b>			
<b>Blood clots in legs</b>				<b>Cancer</b>			
<b>Asthma or wheezing</b>				<b>Frequent diarrhea</b>			
<b>Emphysema</b>				<b>Frequent constipation</b>			
<b>Pneumonia</b>				<b>Recent gain/loss of weight</b>			
<b>Tuberculosis</b>				<b>Loss of appetite</b>			
<b>Shortness of breath</b>				<b>Goiter or thyroid trouble</b>			
<b>Bladder or kidney infection</b>				<b>Diabetes</b>			
<b>Kidney stones</b>				<b>AIDS</b>			
<b>Gonorrhea</b>				<b>AIDS Related Complex</b>			
<b>Syphilis</b>				<b>HIV Infection</b>			
<b>Hernia</b>							

Do you smoke cigarettes? \_\_\_\_\_ Packs per day \_\_\_\_\_ No. years

Are you on a special diet? (such as low salt, diabetic, low calorie, etc.)  
 \_\_\_\_\_ Type:

Do you wear glasses?  
 Do you use a hearing aid?  
 Do you wear a brace?  
 Do you have an artificial limb?  
 When did you have your last tetanus shot?

List **all** medications you are presently taking:  
 (name, amount, and frequency)

**HOSPITALIZATIONS:**

List operations you have had with date and name of hospital and date:

List medical hospitalizations which were not for surgery:

**FOR WOMEN:**  
 No. of pregnancies  
 No. of miscarriages  
 No. of abortions  
 Do you have an IUD?  
 Do you take birth control pills  
 Are your menstrual periods irregular  
 Age at menopause

**SUBSTANCE USE AND HISTORY:**  
 Do you use alcohol? yes no  
 How much and for how long?  
 Do you use street drugs? yes no  
 If "yes", specify name, frequency, and for how long a period of time:

**FAMILY HISTORY**

Has any blood relation (Parent, brother, sister, other) or husband or wife

Relation	Age	State of Health	If Dead, Cause of Death	Age at Death	(Check each item)	Yes	No	Relationship
Father					Had Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	
Mother					Had Syphilis	<input type="checkbox"/>	<input type="checkbox"/>	
Spouse					Had Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	
Brothers and Sisters					Had Cancer	<input type="checkbox"/>	<input type="checkbox"/>	
					Had Kidney Trouble	<input type="checkbox"/>	<input type="checkbox"/>	
					Had Heart Trouble	<input type="checkbox"/>	<input type="checkbox"/>	
					Had Stomach Trouble	<input type="checkbox"/>	<input type="checkbox"/>	
Children					Had Rheumatism (Arthritis)	<input type="checkbox"/>	<input type="checkbox"/>	
					Had Asthma, Hay Fever, Hives	<input type="checkbox"/>	<input type="checkbox"/>	
					Had Epilepsy (Fits)	<input type="checkbox"/>	<input type="checkbox"/>	
					Committed Suicide	<input type="checkbox"/>	<input type="checkbox"/>	

I certify that the above information is true and complete to the best of my knowledge.

Signature of Client: \_\_\_\_\_ Date:

Reviewed by: \_\_\_\_\_ Title: \_\_\_\_\_ Date: