

# Northern Kentucky University Medical Clearance Policy

**\*\*Each student-athlete is required to have a physical examination prior to any participation in any intercollegiate sport. \*\***

Incoming freshmen or transfer student-athletes on the Volleyball, Men's Soccer or Women's Soccer teams who will be participating in practice or conditioning sessions prior to the physicals times listed above are REQUIRED to obtain a baseline pre-participation physical from their own physician. This physical must be signed by a Medical Doctor (MD) or Doctor of Osteopathy (DO). Physicals signed by any other practitioner (physician's assistant, nurse practitioner, chiropractor, etc) will NOT be accepted. You will not be permitted to practice with your team until a valid physical has been received by the Sports Medicine department. All incoming freshmen and transfers will still be **REQUIRED** to be seen by NKU team physicians during the time listed for each team.

All NKU rostered student-athletes will be provided with an opportunity to receive a physical examination by NKU team physicians, free of charge.

## Group 1

Physicals will be given on Monday- **AUGUST 10, 2009** for members of:

- Men's & women's soccer
- Men's & women's cross country
- Volleyball

## Group 2

Physicals will be given on Monday- **AUGUST 24, 2009** for members of:

- Softball
- Men's & women's basketball
- Men's & women's golf
- Men's & women's tennis
- Cheerleading
- Baseball

**\*\*\*\* If a student-athlete from Group 2 has a Monday night class on the 24<sup>th</sup>, please make arrangements to come to the August 10<sup>th</sup> date. Please call Molly Hutson 859-572-1487, to confirm this date. \*\*\*\***

**\*\*\*\* Student-athletes will not be able to receive a physical if they do not have primary insurance at the time of the physicals. After the student-athlete has primary insurance the NKU sports medicine staff will arrange for a physical at the expense of the student-athlete. \*\*\*\***

If for any reason your son/daughter cannot attend one of these two dates, it will be up to him/her to complete a physical, at his/her cost, prior to practice or competition. This physical MUST be signed by a Medical Doctor (MD) or Doctor of Osteopathy (DO) in order to be accepted as clearance to participate in athletics at NKU. Physicals signed by any other practitioner (physician's assistant, nurse practitioner, chiropractor, etc.) will NOT be accepted. The final decision on physical qualifications or reason for rejection from participation in university athletic events is the responsibility of the university's Team Physician and/or Head Athletic Trainer. The university's Team Physician and/or Head Athletic Trainer will also make the decision on when an athlete may return to competition after a serious injury.

**I have read and understand the above information.**

Parent's  
Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's  
Signature \_\_\_\_\_ Date \_\_\_\_\_

Student's  
Signature \_\_\_\_\_ Date \_\_\_\_\_

Student's Name (please print) \_\_\_\_\_