

**Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT**

**BS PHYSICAL EDUCATION 2007-2008**

Student: \_\_\_\_\_  
 Student ID: \_\_\_\_\_  
 Enrollment Date: \_\_\_\_\_

Option: \_\_\_\_\_ **Contract**  
 Total semester hours required: 122  
 Total semester hours transferred: \_\_\_\_\_

Plymouth Requirements	Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
<i>Lower-level Physical Education courses -</i>	15	Complete <b>15 credits</b> of 1000/2000 level Physical Education courses, with minimally two courses ( <b>3 credits</b> ) from the following ( <b>not</b> PEDI):			
PE 2428 Flexibility, Core and Balance Training					
PE 2525 Group Exercise Leadership					
PE 2640 Burdenko Conditioning					
PE 2740 Water Exercise Techniques					
PE 2831 Resistance Training Techniques					
PE 2550 Foundations of Physical Education	3	TECO			
PE 3570 Kinesiology	3				
PE 3580 Physiology of Exercise	3				
<i>Upper-level Physical Education courses -</i>	24	Complete <b>24 credits</b> of 3000/4000 level Physical Education courses ( <b>not</b> PEDI):			
<i>Quantitative Reasoning in the Discipline Connection -</i>	3	Complete <b>one</b> of the following:			
HE 3330 Evaluation/Research in Health Promotion		QRCO			
MA 2300 Statistics I		QRCO			
PE 3560 Measurement and Assessment in PE		QRCO			
<i>Writing in the Discipline Connection -</i>	3	Complete <b>one</b> of the following:			
PE 2731 Motor Development		WRCO			
PE 3590 Inclusive Physical Activity		DICO, WRCO			
BI 2110 Human Anatomy and Physiology I	4				Falls
BI 2120 Human Anatomy and Physiology II	4				Springs
EN 1200 Composition	3				
IS 1111 The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
MA Math Foundations (MA 2000 level)	3	<b>not</b> MA 2110			
CTDI Creative Thought Direction	3				
CTDI Creative Thought Direction	3				
PPDI Past and Present Direction	3				
PPDI Past and Present Direction	3				
SSDI Self and Society Direction	3				
SSDI Self and Society Direction	3				
DICO Diversity Connection	3				
GACO Global Awareness Connection	3				
INCO Integration Connection	3				
WECO Wellness Connection	3				
Electives	21				

Students must have completed a minimum of 90 credits in order to select this option.