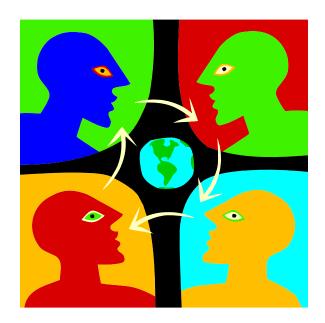
PLYMOUTH STATE UNIVERSITY

SOCIAL WORK PROGRAM

portfolio



NAME

ADVISOR

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Introduction to Social Work Portfolio

The Social Work Program prepares students for entry-level practice in the profession of social work. As an accredited professional degree program, it has an obligation to evaluate student preparation for practice. Therefore, the program is constantly engaged in assessment of its outcomes. Students, faculty, field supervisors, members of the program's Advisory Board, community practitioners, graduates of the program, and employers all play a role in this process.

A number of different quantitative and qualitative tools for assessing student performance and program outcomes are used. These include a survey of alumni/ae, a survey of employers, course evaluations, feedback from the Advisory Board, and a mid-semester Practicum evaluation conducted with the student and field supervisor. The student portfolio is another way of collecting information about the students. **For each required Social Work course,** the student will be asked to gather and choose samples of their work in order to document their learning.

The use of portfolios gives the student the opportunity to reflect on their learning and to share these insights with the faculty. In turn, the faculty gains insight into what students are learning and how they learn best. It also helps the faculty assess the degree to which the program is meeting its objectives and to identify areas of strength and weakness.

Submission of Individual Portfolios

I. What to Submit

Portfolios are used as another form of learning, and sharing information with faculty about your growth and development as a student. You are usually asked to demonstrate what you have learned through quantitative processes, for example, by taking tests and examinations. Term papers and projects are additional evaluative tools often used that have both quantitative and qualitative aspects, but the instructor evaluates your work.

Portfolios are student-centered. They allow the student to see what they are learning and what they feel they are missing. They give the student a greater role in their own learning. We will ask you to participate in this process **throughout** your education in the major. For each submission, you will be given

information about the curriculum goals and objectives that will serve as the basis of your submission. You will be asked to choose examples of your work that you feel have helped you most in learning.

II. When to Submit

You will be asked to submit a brief statement for *each* course, but in some cases, as shown below, the same Self-Evaluation Sheet will be used for more than one course. Your instructors will collect the completed sheets/ statements. They will be kept in a central file in the Social Work Dept. until you are enrolled in SW4550 SW Seminar and the SW Practicum (SW4430 – SW4470). At that time they will be returned to you to help you complete the final self-evaluation, which will be collected by the seminar instructor.

1) Introduction to Profession SW2200 Introduction to Social Work

- 2) <u>Social Welfare Policies and Services</u> SW2050 Introduction to Social Welfare Policy SW3450 Social Welfare Policies and Services
- 3) <u>Human Behavior & the Social Environment</u> SW3340 Human Behavior & Social Environment I SW3350 Human Behavior & Social Environment II SW3460 Human Diversity & Social Environment

4) Social Work Practice

SW3510 Theory & Practice of Social Work Intervention I SW3520 Theory & Practice of Social Work Intervention II SW3530 Theory & Practice of Social Work Intervention III

5) Research

SW4000 Social Work Research (portfolios returned to assist with final selfevaluation)

6) <u>Field Practicum</u> SW4430 – SW4470 Social Work Practicum SW4550 Social Work Seminar

SOCIAL WORK PORTFOLIO SW2200 INTRODUCTION TO SOCIAL WORK SELF-EVALUATION SHEET

Goals and Objectives

- I. Knowledge
 - A. To enable students to understand social work as a field of practice
 - B. To introduce students to generalist practice and the range of social work interventions used
 - C. To broaden student's awareness and understanding of variety of roles assumed by social workers in social welfare institutions
 - D. To enable students to understand functions and methods of social service agencies and the populations they serve
 - E. To provide students with a framework for conceptualizing social work and social welfare within the context of varying political belief systems
 - F. To introduce students to the history and origins of oppression of different populations and social work's response

II. Values

- A. To introduce students to the core values of professional social work
- B. To introduce students to the NASW Code of Ethics
- C. To increase students' responsibility in their expression of opinions, feelings, and ideas in relation to social work issues
- D. To appreciate diversity among and within different groups for which social workers may advocate and intervene

III. Skills

- A. To introduce students to the professional literature
- B. To introduce students to the skills needed for generalist social work practice
- C. To develop students' listening and communication abilities through expression of ideas and feelings and through active participation in class activities

SW2200 Introduction to Social Work Portfolio Statement – DIRECTIONS:

- 1. Read the goals and objectives for this introductory course in the curriculum.
- 2. Review the assignments you completed for this course, including in-class assignments.
- 3. Choose **ONE** assignment to add to your portfolio. Choose an assignment that you feel was most instrumental in your mastery of the course objectives.

Then, provide a *brief* answer for each of the following questions a 1 page typed double-spaced response. Be sure to link your comments to the goals and objectives for this component of the social work curriculum. **ATTACH THE ORIGINAL** <u>**OR**</u> **A COPY OF THE ASSIGNMENT TO THE PAPER.** (Your portfolio statements will not be returned to you until you are enrolled in SW4550 Social Work Seminar.)

- 1. How did this assignment help you to understand social work as a field of practice?
- 2. How did this assignment help you to understand the values of the profession?
- 3. How did this assignment help you to learn about or develop social work skills, if any?
- 4. Did you do your best with this assignment? If not, tell us why. If you did not do your best, how could you have improved your performance?
- 5. What areas do you think you should focus on for future learning and skill development?

SOCIAL WORK PORTFOLIO SOCIAL WELFARE POLICY & SERVICES SELF-EVALUATION SHEET

Goals and objectives

- I. Knowledge To gain an understanding of:
 - A. the history and current context of social welfare policies and services in the U.S.
 - B. poverty in the U.S. and government assistance to the poor
 - C. the role of social action and social movements in the development of social welfare policies and services
 - D. the influence of racism and sexism on social welfare policies and services
 - E. the process of implementing and evaluating social welfare policies
 - F. major social welfare programs and services
 - G. the role of values in policy development and analysis

II. Values

- A. To demonstrate positive regard for individual worth and dignity, human diversity, client self-determination, equitable access to needed resources, and humane and responsive institutional practices and service delivery
- B. To analyze personal values in relation to the values of the profession and social welfare policies supported by the profession

III. Skills

- A. To develop skills in analysis of social welfare policies and services.
- B. To develop and apply critical thinking skills in policy analysis.
- C. To apply skills of change that advance social and economic justice in policy analysis.
- D. To analyze the impact of social policies on clients, practitioners, and agencies.
- E. To use policy analysis to seek organizational change.

(SW2050) Introduction to Social Welfare Policy (SW3450) Social Welfare Policy & Services STATEMENT - DIRECTIONS:

- 1. Read the goals and objectives for the policy course in the curriculum.
- 2. Review the assignments you completed for this course, including in-class assignments.
- 3. Choose **ONE** assignment to add to your portfolio. Choose an assignment that you feel was most instrumental in your mastery of the course objectives.

Then, answer each of the following questions **separately** in a 1 page typed double-spaced response. Be sure to link your comments to the goals and objectives for this component of the social work curriculum. **ATTACH THE ORIGINAL** <u>**OR**</u> **A COPY OF THE ASSIGNMENT TO THE PAPER.** (Your portfolio statements will not be returned to you until you are enrolled in SW4550 Social Work Seminar.)

- 1. How did this assignment help you to understand the role of social welfare policies in the provision of social services?
- 2. How did this assignment help you to understand the role of values in the development, implementation, and/or analysis of social policies ?
- 3. How did this assignment help you to analyze the impact of social policies on clients, practitioners, and/or agencies?
- 4. Did you do your best with this assignment? If not, tell us why. If you did not do your best, how could you have improved your performance?
- 5. What areas of social welfare policy do you think you should focus on for future learning and skill development?

SOCIAL WORK PORTFOLIO HUMAN BEHAVIOR & THE SOCIAL ENVIRONMENT SELF-EVALUATION SHEET

Goals and objectives

- I. Knowledge To gain an understanding of:
 - A. the biopsychosocial character of human behavior, including human biology, human growth and development, and the impact of the social environment
 - B. the interactions between and among human biological, psychological, cultural, spiritual and social systems and experiences
 - C. cultural diversity and the differential impact of social and economic systems on different groups including, women, racial and ethnic groups, lesbians and gay men, and others
- II. Values
 - A. To demonstrate positive regard for individual worth and dignity, human diversity, client self-determination, equitable access to needed resources, and humane and responsive institutional practices and service delivery
 - B. To analyze personal values in relation to the values of the profession and its biopsychosocial approach to human behavior
- III. Skills To develop an ability to:
 - A. apply critical thinking skills in understanding human behavior
 - B. assess theories of human behavior in relation to the profession's values
 - C. assess the dynamic interactions among biological, psychological, cultural, spiritual and social systems and experiences and their impact on individual human behavior and well-being
 - D. assess the role of social systems in promoting or deterring the maintenance or attainment of resources needed for optimal health and well-being
 - E. assess the consequences of discrimination and oppression for individuals, families, and communities
 - F. assess the role of discrimination and oppression in the socioeconomic status and social problems of diverse groups

(SW3340) Human Behavior & the Social Environment I (SW3350) Human Behavior & the Social Environment II (SW3460) Human Diversity & the Social Environment

Statement – DIRECTIONS:

- 1. Read the goals and objectives for the human behavior/diversity courses in the curriculum.
- 2. Review the assignments you completed for this course, including inclass assignments.
- 3. Choose **ONE** assignment to add to your portfolio. Choose an assignment that you feel was most instrumental in your mastery of the objectives.

Then, answer each of the following questions **separately** in a 1 page typed double-spaced response. Be sure to link your comments to the goals and objectives for this component of the social work curriculum. **ATTACH THE ORIGINAL** <u>**OR**</u> **A COPY OF THE ASSIGNMENT TO THE PAPER.** (Your portfolio statements will not be returned to you until you are enrolled in SW4550 Social Work Seminar.)

- 1. How did this assignment help you to understand the bio-psycho-socialcultural-spiritual **dimensions** of human behavior?
- 2. How did this assignment help you to value diversity and gain an appreciation for diverse social needs?
- 3. How did this assignment help you to **understand the impact of cultural**, **spiritual**, **social**, **and political systems on human development and human behavior**?
- 4. Did you do your best with this assignment? If not, tell us why. If you did not do your best, how could you have improved your performance?
- 5. What areas of human behavior and the social environment do you think you should focus on for future learning and skill development?

SOCIAL WORK PORTFOLIO THEORY & PRACTICE OF SOCIAL WORK INTERVENTION SELF-EVALUATION SHEET

Goals and objectives

- I. Knowledge
 - A. To understand social work practice with individuals, families, groups, organizations, and communities from a generalist perspective
 - B. To understand how to develop professional working relationships with clients and colleagues based on mutuality, collaboration, and respect
 - C. To understand the role of the strengths perspective in social work practice
 - D. To understand the importance of cultural sensitivity in problemsolving and intervention with racial and ethnic groups, women, lesbians and gay men
 - E. To understand the profession's *Code of Ethics* (National Association of Social Workers)
- II. Values
 - A. To demonstrate positive regard for individual worth and dignity, human diversity, client self-determination, equitable access to needed resources, and humane and responsive institutional practices and service delivery.
 - B. To analyze personal values in relation to the profession's *Code of Ethics*
- IV. Skills To demonstrate the following entry-level generalist practice skills:
 - A. Problem/Issue Identification
 - B. Client/problem data collection and assessment
 - C. Goal development, intervention/ treatment plans, and contracts
 - D. Intervention
 - E. Termination
 - F. Evaluation
 - G. Professional and ethical use of self

H. Application of research to guide and evaluate interventions

(SW3510) Theory & Practice of Social Work Intervention I (SW3520) Theory & Practice of Social Work Intervention II (SW3530) Theory & Practice of Social Work Intervention III

Statement – DIRECTIONS:

- 1. Read the goals and objectives for the theory and practice of social work intervention sequence.
- 2. Review the assignments you completed for this course, including in-class assignments.
- 3. Choose **ONE** assignment to add to your portfolio. Choose an assignment that you feel was most instrumental in your mastery of the sequence objectives.

Then, answer each of the following questions **separately** in a 1 page typed double-spaced response. Be sure to link your comments to the goals and objectives for this component of the social work curriculum. **ATTACH THE ORIGINAL** <u>**OR**</u> **A COPY OF THE ASSIGNMENT TO THE PAPER.** (Your portfolio statements will not be returned to you until you are enrolled in SW4550 Social Work Seminar.)

- 1. How did this assignment help you to understand the principles of generalist practice and the strengths perspective?
- 2. How did this assignment help you to develop generalist problem solving skills, including assessment, goal development and planning, intervention, termination, and/or evaluation?
- 3. How did this assignment help you to understand the values of the social work profession and develop professional ethics for social work practice?
- 4. Did you do your best with this assignment? If not, tell us why. If you did not do your best, how could you have improved your performance?
- 5. What areas of generalist practice do you think you should focus on for future learning and skill development?

SOCIAL WORK PORTFOLIO SOCIAL WORK RESEARCH SELF-EVALUATION SHEET

Goals and objectives

- I. Knowledge
 - A. To understand and appreciate social research as the basis for social work practice
 - B. To understand the scientific, objective basis of qualitative and quantitative social research including, deductive and inductive reasoning, causality, validity, and reliability
 - C. To develop an understanding of research design including, hypotheses, testing, sampling, and control groups
 - D. To develop an understanding of qualitative and quantitative data analysis
 - E. To understand research ethics and potential biases that influence research
 - F. To understand the role of research in evaluation of practice, including single-subject designs

II. Values

- A. To demonstrate positive regard for individual worth and dignity, human diversity, and client self-determination in the design of studies and the dissemination of findings
- B. To analyze personal values and beliefs in relation to research ethics and social work values

III. Skills

- A. To be able to conceptualize a research project that would inform some aspect of social work practice
- B. To be able to construct a basic research design that includes a literature review, theoretical statement, and hypothesis
- C. To be able to conduct basic data manipulation using SPSS
- D. To be able to conduct a basic critical assessment of published research

(SW4000) Social Work Research Statement – DIRECTIONS:

- 1. Read the goals and objectives for the social work research course.
- 2. Review the assignments you completed for this course, including in-class assignments.
- 3. Choose **ONE** assignment to add to your portfolio. Choose an assignment that you feel was most instrumental in your mastery of the sequence objectives.

Then, answer each of the following questions **separately** in a 1-2 page typed double-spaced response. Be sure to link your comments to the goals and objectives for this component of the social work curriculum. **ATTACH THE ORIGINAL** <u>**OR**</u> **A COPY OF THE ASSIGNMENT TO THE PAPER.** (Your portfolio statements will not be returned to you until you are enrolled in SW4550 Social Work Seminar.)

- 1. How did this assignment help you to understand social research design and methodologies?
- 2. How did this assignment help you to understand the relationship between social research and social work practice?
- 3. How did this assignment help you to understand the importance of research ethics and social work values in the research process?
- 4. Did you do your best with this assignment? If not, tell us why. If you did not do your best, how could you have improved your performance?
- 5. What areas of research methodology do you think you should focus on for future learning and skill development?

FINAL SELF-EVALUATION SHEET CAPSTONE QUESTIONS

SW4550Social Work SeminarSW4430 – 4470Social Work PracticaSTATEMENT – DIRECTIONS:

Please answer the following questions in a typed, double-spaced response (not to exceed two pages).

- Which learning experience(s) (reading, project, in-class exercise, guest speaker, class field trip, video/film, term paper, presentation, exam, or other learning experience) was most instructive to you in understanding the KNOWLEDGE base of social work? (Please review the *Knowledge* goals and objectives for the Social Work curriculum on pages 5, 7, 9, 11, and 13.) Why? What made this experience particularly instructive? Be specific.
- Which learning experience(s) (reading, project, in-class exercise, guest speaker, class field trip, video/film, term paper, presentation, exam, or other learning experience) was most instructive to you in understanding the VALUES of the profession of social work? (Please review the *Values* goals and objectives for the Social Work curriculum on pages 5, 7, 9, 11, and 13.) Why? What made this experience particularly instructive? Be specific.
- 3. Which learning experience(s) (reading, project, in-class exercise, guest speaker, class field trip, video/film, term paper, presentation, exam, or other learning experience) was most instructive to you in understanding the SKILLS of social work intervention? (Please review the *Skills* goals and objectives for the Social Work curriculum on pages 5, 7, 9, 11, and 13.) Why? What made this experience particularly instructive? Be specific.