

The University of Texas MD Anderson Cancer Center
CME Registration/Answer Sheet

ACE Lecture Series 2012 (Online)

MEMV 1110-3

Screening for Distress in Newly Diagnosed Cancer Patients
Luigi Grassi, MD

Participant Prerequisites: None to participate in the continuing medical education activity

INSTRUCTIONS for AMA PRA Category 1 Credit™:

- View the ACE Lecture Series 2012 video
- Print this document
- Record your responses to the Post-test and personal information below.
Record your evaluation responses.

POST TEST: Must earn 70% or higher to receive *AMA PRA Category 1 Credit™*.
Circle best answer:

1. A B C D 2. A B C D 3. A B C D 4. A B C D 5. A B C D

PERSONAL INFORMATION: Please print LEGIBLY

Name: _____ Highest Degree: (MD, PhD, etc.) _____

Specialty: _____

Institution: _____

Mailing Address: _____

City, State, Zip: _____

Phone: _____ Email: _____

PLEASE NOTE: You will receive your certificate via this email address

Are you a University of Texas MD Anderson employee? Yes or No

If so, include employee ID #: _____

I am claiming _____ *AMA PRA Category 1 Credits™* for this activity, all of which are ethics/professional responsibility credits (Maximum 1.25)

Signature: _____

Mail, Fax or Scan and Email these pages to:

Mail:
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**The University of Texas MD Anderson Cancer Center
Post-Test**

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1. Which statement is FALSE?

- A. Distress should be measured as the 6th Vital Sign after temperature, blood pressure, pulse, respiratory rate and pain.
- B. The physical, psychological and interpersonal dimensions of a cancer diagnosis all contribute to distress
- C. Distress is not evident among cancer survivors
- D. Distress extends along a continuum: from normal feelings of sadness and fear to more disabling conditions (e.g. depression, anxiety, existential crisis) that need intervention

2. Which statement is FALSE?

- A. The effectiveness of chemotherapy is the same for patients not experiencing distress as it is for those who are experiencing distress and depression.
- B. All patients should be screened for distress at their initial visit, at appropriate intervals, and as clinically indicated especially with changes in disease status (i.e., remission, recurrence, progression)
- C. The NCCN distress management guidelines indicate the need for education and training programs in order to ensure that all healthcare professionals have knowledge about screening and the psychological and psychosocial consequences and complications related to cancer
- D. Quality of distress management program/services should be included in institutional continuous quality improvement projects

3. Which statement in regard to the OncoTalk workshops is TRUE?

- A. The participants were challenged on how to tell the truth to their patients, how to break bad news, and how to create an interpersonal setting
- B. Specific behaviors in the participants improved in the phase of breaking bad news, dealing with denial, and addressing hope
- C. Specific behaviors in the participants improved on addressing end-of-life issues and fostering hope
- D. All of the above

4. Which statement describes the challenges found in using the distress thermometer?

- A. Poor application of the Distress Thermometer or screening tools and lack of mental health services
- B. Lack of time and knowledge of the NCCN guidelines
- C. Lack of experience in communication and interpersonal relationship skills
- D. All of the above

5. Which statement is FALSE?

- A. Distress is related to a higher subjective perception of pain or other symptoms
- B. There are no clinical guidelines at this time for managing distress
- C. Long rehabilitation has been shown to be a consequence of untreated distress
- D. The distress thermometer has become one of the most used instruments worldwide

**The University of Texas MD Anderson Cancer Center
Evaluation Form**

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1. I am a: ___ Physician ___ Non Physician - please specify: _____

2. The program content helped me achieve the following objectives categorized as knowledge (principles learned), competence (ability to apply knowledge), and/or performance (skills, abilities and strategies implemented in practice) and/or patient outcomes (changes/improvements in patient care/patient health status).

	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree
Objective A - Demonstrate appropriate communication skills to promote an increase in patient satisfaction with the overall care provided					
Objective B - Discuss options for treatment plans with patients that will be more congruent with what the patient wants and increase patient compliance to treatment plan					
Objective C - Interpret patient emotions and employ appropriate communication techniques to acknowledge these emotions and decrease dissatisfaction and antipathy from patients					
Objective D - Demonstrate appropriate communication skills with colleagues					

3.

	0-25%	26-50%	51-75%	76-100%
What percentage of the objectives were met?				
What percentage of this information was new to you?				

4.

	Knowledge	Competence	Performance	Patient Outcomes
Overall the information presented will enhance my practice in the following manner.				

5. As a result of your participation in this activity, what will you do differently than you did before in your practice/research activities?

6. What are the barriers or other factors that may prevent you from implementing a change in practice?

Time Constraints	Remembering Techniques	Room/Office Set Up	Non-Compliant Patients	Language/Cultural Barriers	No Barriers	Retired

Other: _____

7. How will the information presented impact patient health status in your practice?

Improve/ Enhance Communication	Increase Adherence/ Compliance	Improve Patient Satisfaction	Make Me a Better Listener/ Communicator	No Change	I Do Not See Patients/Retired

Other: _____

8. What questions and/or patient problems/challenges do you feel you are not able to address appropriately or to your satisfaction?

9.

	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree
In general, the overall organization and quality of the program met my expectations.					

Comments: _____

10. Was any bias toward a commercial interest* product or service noted in the information provided?

YES

NO

If 'YES', please identify product/service, faculty, and/or presentation(s):

11. What changes would you recommend to make this activity a more meaningful experience?

12. What topics would you suggest/recommend for future presentations?
