

POST-SECONDARY Experiences for Jane A. Premed

(Modified on 6/3/13 to provide additional information now requested by health professions schools.)

To contact: (504) 111-0000, japremed@xula.edu

Date updated: July 31, 2013

ARTISTIC ENDEAVORS					
Experience Name	Musician	Dates	June 2011-Present		
Organization Name	Our Time Brass Band	Average Hours/Week	3	Total Hours	200
Experience Description*	I play the trumpet in a New Orleans brass band. The musical selections include both traditional and contemporary works. I perform, along with the band, at festivals, jazz funerals, and weddings both in and outside of the metro New Orleans area.				
Contact Person	Mr. Marco Polo	Contact Title	Band Manager		
Contact Email	mpolo@504management.com	Contact Phone	(504) 944-0000		
Contact City, State	New Orleans, LA				

COMMUNITY SERVICE/VOLUNTEER-Not Medical/Clinical					
Experience Name	Volunteer	Dates	October 2012-May 2013		
Organization Name	Mobilization At Xavier (MAX)	Average Hours/Week	2	Total Hours	45
Experience Description*	MAX is a community service organization at Xavier University of Louisiana. I participated in a variety of community services project in metropolitan New Orleans which included tutoring elementary school children in science and volunteering at homeless shelters.				
Contact Person	Ms. Student Services	Contact Title	Volunteer Coordinator		
Contact Email	LookItUp@xula.edu	Contact Phone	(504) LookItUp		
Contact City, State	New Orleans, LA				

COMMUNITY SERVICE/VOLUNTEER-Medical/Clinical					
Experience Name	Emergency Room Volunteer	Dates	August 2011-May 2012		
Organization Name	Children's Hospital of New Orleans	Average Hours/Week	1	Total Hours	50
Experience Description*	I coordinated recreation activities for patients admitted to the sickle-cell unit, assisted in transporting patients throughout the medical complex, and performed basic clerical duties as needed.				
Contact Person	Mrs. Bonnie Hall	Contact Title	Volunteer Coordinator		
Contact Email	bhall@childrens.org	Contact Phone	(504) 999-0000		
Contact City, State	New Orleans, LA				

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CONFERENCES ATTENDED					
Experience Name	Premedical Awareness Conference		Dates	November 2012	
Organization Name	Student National Medical Association (SNMA)		Average Hours/Week	0	Total Hours 8
Experience Description*	This purpose of this conference, sponsored by SNMA and held at Xavier University of Louisiana, was to give medical school application insight to prospective applicants. I attended workshops on personal statement writing, interview skills, and relevant post-secondary experience.				
Contact Person	Ms. Medic A. Student	Contact Title	President, LSU New Orleans Medical School SNMA Chapter		
Contact Email	mstudent@lsumed.edu	Contact Phone	(504) 504-9999		
Contact City, State	New Orleans, LA				

EXTRACURRICULAR ACTIVITIES					
Experience Name	Mentor		Dates	August 2013-Present	
Organization Name	Xavier University Leading Others Via Excellence (XU LOVE) Mentoring Program		Average Hours/Week	1	Total Hours 35
Experience Description*	After completing a one-week training course, I was assigned to mentor an incoming Xavier freshman student. I offered peer mentoring and support to my mentee in an effort to ease the transition into college life.				
Contact Person	Mrs. Service Learning	Contact Title	Director for Student Leadership and Service		
Contact Email	LookItUp@xula.edu	Contact Phone	(504) Look It Up		
Contact City, State	New Orleans, LA				

EXTRACURRICULAR ACTIVITIES					
Experience Name	Member		Dates	August 2011-April 2012	
Organization Name	Biomedical Honor Corps		Average Hours/Week	1	Total Hours 20
Experience Description*	The Biomedical Honor Corps is an enrichment organization for freshman premeds at Xavier University of Louisiana. I attended weekly advising workshops covering a variety of topics relevant to preparing competitive applications to medical, dental, and other types of health professions schools. In addition to attending the workshops, I completed corresponding activities as instructed by the Premedical Office.				
Contact Person	Ms. Quo Vadis M. Webster	Contact Title	Premedical Adviser		
Contact Email	LookItUp@xula.edu	Contact Phone	(504) Look It Up		
Contact City, State	New Orleans, LA				

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HOBBIES					
Experience Name	Zumba Instructor	Dates	June 2010-Present		
Organization Name	504 Fitness	Average Hours/Week	1	Total Hours	100
Experience Description*	I became a certified Zumba instructor during the summer of 2010 and have been teaching a class at 504 Fitness since that time. Zumba offers a great aerobic workout by incorporating Latin and Caribbean dance styles into choreographed routines.				
Contact Person	Mr. Guy Exercise	Contact Title	Owner		
Contact Email	gexer@504fitness.com	Contact Phone	(504) 777-9090		
Contact City, State	New Orleans, LA				

HOBBIES					
Experience Name	Freelance Makeup Artist	Dates	July 2008-Present		
Organization Name	NA	Average Hours/Week	0	Total Hours	75
Experience Description*	I have enjoyed doing makeup for special occasions for quite some time. As a result, I have cultivated my skills and am frequently called upon to do makeup for weddings, proms, plays, and other special events.				
Contact Person	Mrs. L. Conerly	Contact Title	Client		
Contact Email	lconer@gmail.com	Contact Phone	(504) 777-9090		
Contact City, State	New Orleans, LA				

HONORS/AWARDS/RECOGNITION					
Experience Name	Lifetime Member	Dates	March 2013-Present		
Organization Name	Alpha Epsilon Delta (AED) Honor Society Premedical	Average Hours/Week	0	Total Hours	4
Experience Description*	AED is the national Premedical Honor Society for high achieving premedical students who have demonstrated a desire to pursue a career in medicine, dentistry, or other health profession. As a member of the Louisiana Eta chapter at Xavier University of Louisiana, I participate in community service projects.				
Contact Person	Ms. Quo Vadis M. Webster	Contact Title	Premedical Adviser, AED Adviser		
Contact Email	LookItUp@xula.edu	Contact Phone	(504) LookItUp		
Contact City, State	New Orleans, LA				

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HONORS/AWARDS/RECOGNITION					
Experience Name	Dean's List	Dates	January 2012-Present		
Organization Name	Xavier University of Louisiana	Average Hours/Week	0	Total Hours	0
Experience Description*	Students are given this distinction for obtaining at least a 3.3 grade point average while taking twelve or more semester hours. I have been recognized for my academic performance by being on the Dean's List every semester since enrolling at Xavier.				
Contact Person	Ms. Avis Stuard	Contact Title	Registrar		
Contact Email	LookItUp@xula.edu	Contact Phone	(504) LookItUp		
Contact City, State	New Orleans, LA				

HONORS/AWARDS/RECOGNITION					
Experience Name	Academic Scholarship	Dates	August 2011-Present		
Organization Name	Xavier University of Louisiana	Average Hours/Week	0	Total Hours	0
Experience Description*	I was awarded a full-tuition scholarship to attend Xavier in recognition of my academic performance in high school. Having obtained a grade point average higher than 3.3, I have remained eligible for this scholarship since enrolling at the University.				
Contact Person	Ms. Pearl Algere-Lonian	Contact Title	Assistant Vice President for Academic Affairs		
Contact Email	LookItUp@xula.edu	Contact Phone	(504) LookItUp		
Contact City, State	New Orleans, LA				

INTERCOLLEGIATE ATHLETICS					
Experience Name	Tennis Team Member	Dates	August 2011-May 2012		
Organization Name	Xavier University of Louisiana	Average Hours/Week	10	Total Hours	100
Experience Description*	I played doubles tennis competitively for Xavier University of Louisiana. I competed against players from colleges in Louisiana and other states.				
Contact Person	Mr. Tennis Coach	Contact Title	Coach		
Contact Email	LookItUp@xula.edu	Contact Phone	(504) LookItUp		
Contact City, State	New Orleans, LA				

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LEADERSHIP-Not Listed Elsewhere					
Experience Name	Treasurer	Dates	May 2013-Present		
Organization Name	Alpha Epsilon Delta (AED) Premedical Honor Society	Average Hours/Week	0	Total Hours	2
Experience Description*	I was elected to serve as Treasurer for the Louisiana Eta Chapter of Alpha Epsilon Delta Premedical Honor Society at Xavier University of Louisiana. My duties include managing all monies acquired and remitted on behalf of the society.				
Contact Person	Ms. Quo Vadis M. Webster	Contact Title	Premedical Adviser, AED Adviser		
Contact Email	LookItUp@xula.edu	Contact Phone	(504) LookItUp		
Contact City, State	New Orleans, LA				

OTHER					
Experience Name	Summer Medical and Dental Education Program	Dates	May 2012-July 2012		
Organization Name	Columbia University College of Physicians and Surgeons	Average Hours/Week	40	Total Hours	320
Experience Description*	I completed an MCAT prep courses, shadowed physicians in several local hospitals, and participated in various premedical student workshops.				
Contact Person	Mr. Robert Kelly	Contact Title	Program Director		
Contact Email	rkelly@columbia.edu	Contact Phone	(212) 999-9999		
Contact City, State	New York, NY				

OTHER					
Experience Name	Biomedical Scholar Summer Program	Dates	June 2011-August 2011		
Organization Name	Xavier University of Louisiana	Average Hours/Week	40	Total Hours	200
Experience Description*	As a participant in this highly selective program for incoming freshman premeds, I completed the first semester of general chemistry 1010 lecture and drill during the second summer session at Xavier University. I received a full tuition scholarship to attend this program.				
Contact Person	Dr. Ann Privett	Contact Title	Director, Associate Professor of Chemistry		
Contact Email	LookItUp@xula.edu	Contact Phone	(504) Look It Up		
Contact City, State	New Orleans, LA				

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PAID EMPLOYMENT-Not Medical/Clinical					
Experience Name	Federal Student Work Study	Dates	August 2011-Present		
Organization Name	Xavier University of Louisiana	Average Hours/Week	10	Total Hours	500
Experience Description*	During the academic year, I work on-campus as a part of the Federal Student Work Study Program. Since accepting work study, I have been assigned to work in the Office of Admissions. My duties include greeting visitors, filing paperwork, and conducting campus tours.				
Contact Person	Mrs. Financial Counselor	Contact Title	Financial Aid Counselor		
Contact Email	LookItUp@xula.edu	Contact Phone	(504) LookItUp		
Contact City, State	New Orleans, LA				

PHYSICIAN SHADOWING/CLINICAL OBSERVATION					
Experience Name	Student Observer	Dates	May 2013-August 2013		
Organization Name	University Hospital Clinical Observer Program	Average Hours/Week	3	Total Hours	30
Experience Description*	I observed physicians in the Neurosurgery Department at University Hospital, a teaching hospital in New Orleans. My experience included attending grand rounds, patient consultations, and surgery observation.				
Contact Person	Dr. W. M. Jones	Contact Title	Chief of Neurosurgery, Mentor		
Contact Email	wmjones@uhosp.org	Contact Phone	(504) 000-2222		
Contact City, State	New Orleans, LA				

PHYSICIAN SHADOWING/CLINICAL OBSERVATION					
Experience Name	Shadowing	Dates	April 2013		
Organization Name	Clear Skin Dermatology Clinic	Average Hours/Week	3	Total Hours	12
Experience Description*	I shadowed my personal dermatologist in her private practice. I observed patient examinations, a variety of lancing procedures, and was also able to get better insight into the business aspect of a medical practice.				
Contact Person	Dr. Terry Retinol	Contact Title	Owner, Dermatologist		
Contact Email	tretinol@derm.com	Contact Phone	(504) 000-1111		
Contact City, State	Marrero, LA				

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PRESENTATIONS/POSTERS					
Experience Name	Festival of Scholars Presenter		Dates	April 2012	
Organization Name	Xavier University of Louisiana		Average Hours/Week	0	Total Hours 5
Experience Description*	Sponsored by the Center for Undergraduate Research at Xavier University of Louisiana, the Festival of Scholars is a one-day event that affords the Xavier faculty, staff, and students the opportunity to present their research projects. I presented information regarding my microbiology research.				
Contact Person	Dr. Danny Ki	Contact Title	Director, Center for Undergraduate Research		
Contact Email	LookItUp@xula.edu	Contact Phone	(504) LookItUp		
Contact City, State	New Orleans, LA				

RESEARCH/LAB					
Experience Name	Biology Research Assistant		Dates	August 2012-Present	
Organization Name	Xavier University of Louisiana		Average Hours/Week	10	Total Hours 300
Experience Description*	I am currently conducting microbiology research with a faculty mentor. The goal of our project is to identify the molecular mechanisms that allow staphylococcus aureus to tolerate osmotic stress, thus gaining a better understanding of this bacterium.				
Contact Person	Dr. Biology Faculty	Contact Title	Assistant Professor of Biology		
Contact Email	LookItUp@xula.edu	Contact Phone	(504) LookItUp		
Contact City, State	New Orleans, LA				

TEACHING/TUTORING/TEACHING ASSISTANT					
Experience Name	General Chemistry Drill Instructor		Dates	August 2008-December 2009	
Organization Name	Xavier University of Louisiana		Average Hours/Week	2	Total Hours 40
Experience Description*	I administered and graded weekly quizzes for students enrolled in the first semester of general chemistry.				
Contact Person	Dr. Ann Privett	Contact Title	Drill Coordinator, Associate Professor of Chemistry		
Contact Email	LookItUp@xula.edu	Contact Phone	(504) LookItUp		
Contact City, State	New Orleans, LA				

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