

TRIP RELEASE FORM

HEALTH INFORMATION

International travelers should see the Center for Disease Control website at <http://www.cdc.gov> to obtain current health information on countries they plan to visit. They may also call the Center for Disease Control automated traveler's hotline a touch-tone phone 24 hours-a-day, 7 days a week at 1(800)311-3435. This system provides information on requirements and recommendations for international travelers and is updated as needed. If you have a medical condition which is not easily recognized, the internationally recognized Medic Alert Identification Tag may be a good idea for you. This tag provides medical personnel with the telephone number of Medic Alert's 24 hour Hotline, through which they can obtain the bearer's medical history. Medic Alert Foundation International, 2323 Colorado Ave, or P.O. Box 1009, Turlock, CA 95381-1009, Telephone: (888)633-4298, (209)668-3333 from outside the U.S., Fax: (209)669-2450. Make sure prescription drugs are clearly labeled to avoid problems at customs.

SAFETY GUIDELINES

Travel registration <http://www.travel.state.gov> is a free service provided by the U.S. Government to U.S. citizens who are traveling to, or living in, a foreign country. Registration allows you to record information about your upcoming trip abroad that the Department of State can use to assist you in case of an emergency. Americans residing abroad can also get routine information from the nearest U.S. embassy or consulate.

Students are urged to use precaution at all times while traveling and living abroad. Unfortunately, crime, and violence are part of life-all over the world. While this list is not inclusive, we suggest the following safety tips:

1. On the street: Be alert, look around you. Walk with confidence-don't look like a tourist. Stay in populated areas. Be aware of your surroundings when you are tired and therefore vulnerable.
2. Do not overload yourself with boxes, suitcases, bags, and backpacks.
3. Do not walk alone after dark-take a taxi. Walk in well-lighted areas. Do not go jogging alone.
4. Do not leave purses, backpacks, or suitcases unattended EVER.
5. Meet a first-time date in a public place. Don't give your address to strangers.
6. Store valuable goods in a locked case/suitcase. (ie.cameras)
7. Keep doors and windows locked. Do not lend your keys to anyone.
8. Know where public phones are, and know how to use them. (Pay phones work differently overseas)
9. Vary your route whenever possible.
10. Know where you can go for help.
11. If you want to find out if there has been any recent political or social unrest, which may affect your travel plans, call the Citizens Emergency Center at the U.S. State Department (202) 647-5225,
12. <http://www.travel.state.gov/travel>.

TRIP RELEASE

I, _____, have read and understood the above Medical and Safety guidelines. I hereby agree that in consideration for being permitted by California State Polytechnic University, Pomona to participate in the Cal Poly Pomona Study Abroad Program. I will indemnify, hold harmless and release the State of California, the Trustees of the California State University and Colleges, Cal Poly Pomona, the Cal Poly Pomona Foundation, the International Center, the Associated Students Incorporated and their officers, employees and agents from all claims, demands or causes of action, and all costs and expenses incurred in connection therewith which I may have by reason of any accident, illness by air, boat train or bus, injury, or death or other consequence arising or resulting directly or indirectly from my negligence of the part of Cal Poly Pomona, or its faculty and staff. I hereby affirm that this release is freely given. This release shall also be binding on my heirs, assignees, successors, and all other persons who may claim me through me.

Program/Country_____

Printed Name of Participant:_____Bronco Number #_____

Signature of Participant:_____Date:_____