



Please check all applicable services:

- | | | | |
|--------------------------|------------------------------------------------|-------|-----------|
| <input type="checkbox"/> | Acupuncture Services | _____ | license # |
| <input type="checkbox"/> | Massage Therapy | _____ | license # |
| <input type="checkbox"/> | Prolotherapy | _____ | license # |
| <input type="checkbox"/> | Healthy Food Focus | | |
| <input type="checkbox"/> | Weight Management Programs | | |
| <input type="checkbox"/> | Health & First Aid | | |
| <input type="checkbox"/> | Fitness | | |
| <input type="checkbox"/> | Dean's Comprehensive Weight Management Program | | |

description of services	
date of service	total amount – equal to proof of purchase

name of member receiving service											
member number (11 digit number located on your ID card)											
1	2	3	4	5	6	7	8	9	-	0	1
group number									date of birth		
									/ /		
street address											
city						state			ZIP		
Any family reimbursement (over \$100) will be split and mailed to two members in the household. Please add second member ID number here.											
1	2	3	4	5	6	7	8	9	-	0	1

- ▶ *Please provide second member ID if requesting a family reimbursement.*
- ▶ *A license number for services that specify.*
- ▶ ***Attach your proof of payment.***
- ▶ *Services are reimbursed for the year in which they were purchased.*

Complete this form and mail
it in with proof of payment to:

Dean Health Plan
Attn: WIN
P.O. Box 56099
Madison, WI
53705-9399



All reimbursement forms for services received this year must be postmarked by December 31st. Please include the required documentation for each eligible service. Reimbursement for services can take up to 60 days from the date your form is received by Dean Health Plan. WIN is a complimentary program offered by Dean Health Plan and is not part of your benefits package. The program is subject to change at any time. Call the Customer Care Center at (800) 279-1301 if you have any questions.

WIN Covered Services



The following items are **INCLUDED** in the WIN Program and **ARE ELIGIBLE** for reimbursement. Services are subject to change at anytime.

Fitness

- Health club or fitness facility membership
- Water aerobics/lap training/pool memberships
- Exercise / fitness classes such as: pilates, yoga, zumba, aerobic, step, spinning, kick boxing, cardio
- Martial arts classes
- Personal trainer sessions

Please note: All health club memberships will only be reimbursed in the year they were purchased. Two year memberships will only be reimbursed once in the year it was purchased.

Healthy Food / Weight Management

Weight Management

- Weight Watchers, Jenny Craig, Healthy Inspirations and LA Weight Loss membership dues / enrollment fees
- Weight Watchers & Jenny Craig online memberships

Healthy Food Focus

Community supported agriculture produce memberships and shares

Acceptable proof of membership:

- Cancelled check
- Farm receipt
- Credit card statement showing farm charge
- Email correspondence with farm confirming your payment

Dean's Comprehensive Weight Management Program

The following classes and services through Dean's Comprehensive Weight Management Program:

- LEARN (Lifestyle, Exercise, Attitudes, Relationships, Nutrition)
- SMA (Shared Medical Appointment)
- My New Weigh of Life
- VLCD (Very Low Calorie Diet)
- Health Habits for Life

You can receive \$100 bonus reimbursement by participating in Dean's Comprehensive Weight Management Program. Go to deancare.com/weightmanagement for more information.

Alternative Therapy

Acupuncture

Procedures involving stimulation of points on the body a variety of techniques performed by a licensed acupuncturist.

Massage

Massage therapy performed by a licensed therapist.

Prolotherapy

- Defined as, "Nonsurgical ligament reconstruction."
- Must be performed by a licensed provider

Health & First Aid

- Wellness, mindfulness, health lifestyle classes, education
- Stress management classes
- CPR classes
- First Aid classes
- Birthing classes
- Lifeguard classes



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WIN Non-Covered Services



The following items are **EXCLUDED** from the WIN Program and are **NOT ELIGIBLE** for reimbursement. Services are subject to change at anytime.

Fitness

- All home exercise equipment
- Exercise clothing and shoes
- All gaming system video fitness
- Swimming lessons
- Youth recreation programs (*sports camps, school sports programs*)
- Leagues and lessons (*bowling, golf, curling, tennis, etc.*)
- Registration fees for walks, runs, bike events or community recreation programs
- Dance classes / pole dancing / belly dancing
- "Lighten Up Wisconsin"
- State park passes

Healthy Food / Weight Management

Weight Management

- Food, supplements or medications
- "Lighten Up Wisconsin"
- Any web-based programs besides Weight Watchers and Jenny Craig

Healthy Food Focus

- Additional food
- Additional supplies
- CSA Shares of meat and dairy only
- Membership fees for co-ops

Dean's Comprehensive Weight Management Program

- Weight loss medication
- Supplements and food
- Office visit copays

Alternative Therapy

Acupuncture

- Any procedures performed by a non-licensed therapist
- Aroma Therapy
- Reflexology

Massage

- Any procedures performed by a non-licensed therapist
- Aesthetics (*skin treatments, facials, mud baths, pedicures, manicures, etc.*)
- Chiropractic Services
- Aroma Therapy

Prolotherapy

- Any procedures performed by a non-licensed provider

Health & First Aid

- Safety Equipment (*bike helmets, reflective clothing, etc.*)
- Babysitting classes
- Safety classes (*fire, crime, biking, etc.*)
- Swimming lessons



Please note: Tips or gift certificates are not eligible for reimbursement.

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