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**DIABETES MANAGEMENT AND  
TEACHING STRATEGIES 2010**

**BEYOND  
THE  
BASICS**

**May 5 – 6, 2010**

**Embassy Suites**

**Norman, Oklahoma**

Sponsored by:

**Chickasaw Nation**

**Oklahoma Health Care Authority**

**Oklahoma State Department of Health**

**University of Oklahoma OUTREACH**

**University of Oklahoma College of Medicine**

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## DIABETES MANAGEMENT AND TEACHING STRATEGIES 2010: BEYOND THE BASICS

Wednesday, May 5, 2010

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**8:00 – 8:30 a.m. Registration and Exhibits**

**8:30-9:45 a.m.**

### **GLP-1 and the Incretin Principle**

*Cheryl Meyer, R.N., C.D.E.*

*Medical Scientific Liaison*

*Novo Nordisk, Inc.*

*Norman, Oklahoma*

**9:45 – 10:45 a.m.**

### **Asian Americans and Diabetes**

*Teresa Nguyen, Pharm.D, B.C.P.S.*

*Assistant Professor, University of Oklahoma College of Pharmacy*

*Oklahoma City, Oklahoma*

**10:45 –11:15 a.m. Break and Exhibits**

**11:15 – 12:15 p.m.**

### **Diabetes and Vitamin D Deficiency**

*Madona Azar, M.D.*

*Assistant Professor, University of Oklahoma College of Medicine*

*Endocrinology and Diabetes Section*

*Oklahoma City, Oklahoma*

**12:15 – 1:15 p.m. Lunch and Exhibits**

**1:15 – 2:15 p.m.**

### **Treating a Depressed GFR**

*Michelle Dennison-Farris, M.S., R.D./L.D., B.C.-A.D.M., C.D.E.*

*Diabetes Clinician*

*Harold Hamm Oklahoma Diabetes Center*

*Oklahoma City, Oklahoma*

**2:15 – 3:45 p.m.**

### **Current Applications of Continuous Glucose Monitoring**

*Heather Lackey, M.S., R.D./L.D., C.D.E., B.C.-A.D.M.*

*Diabetes Specialist*

*Medtronic Diabetes*

*Edmond, Oklahoma*

**3:45 – 4:00 p.m. Closing and Evaluation**

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## DIABETES MANAGEMENT AND TEACHING STRATEGIES 2010: BEYOND THE BASICS

Thursday, May 6, 2010

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**8:00 – 8:30 a.m. Registration and Exhibits**

**8:30 – 9:30 a.m.**

### **Osteoporosis: An Underappreciated Complication of Diabetes**

*Mary Zoe Baker, M.D.*

*Professor, University of Oklahoma College of Medicine*

*Endocrinology and Diabetes Section*

*Oklahoma City, OK*

**9:30 – 10:30 a.m.**

### **The Meaning Behind “Meaningful Use” of HIT Provider Incentive Programs for the Diabetes Educator**

*Margaret Enright, M.P.H., C.D.E.*

*Diabetes Project Coordinator and Quality Improvement Specialist*

*Oklahoma Foundation for Medical Quality*

*Oklahoma City, Oklahoma*

**10:30 –11:00 a.m. Break and Exhibits**

**11:00 - 12:30 p.m.**

### **Mastering Blood Glucose Patterns in Insulin Pump Therapy**

*Sharon Stegman, R.N., M.S.N., C.D.E.*

*Clinical Manager*

*Animas Corporation*

*Edmond, Oklahoma*

**12:30 – 1:30 p.m. Lunch and Exhibits**

**1:30 – 2:45 p.m.**

### **Making the Best of What is Better: a Positive Approach to Identifying Self-Care Challenges and Solutions**

*Donna Tall Bear, M.S., C.H.E.S.*

*Instructor, Department of Health and Exercise Science*

*University of Oklahoma*

*Norman, Oklahoma*

**2:45 – 3:45 p.m.**

### **School Nutrition: What Can the Educator Do?**

*Cheryl Meyer, R.N., C.D.E.*

*Medical Scientific Liaison*

*Novo Nordisk, Inc.*

*Norman, Oklahoma*

**3:45 – 4:00 p.m. Closing and Evaluation**

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## PROGRAM GOAL

This program is intended for nurses, dietitians, pharmacists or other health professional who participates in the care, education or management of the individual with diabetes. The purpose is to promote excellence in care, and provide up-to-date information to enhance knowledge integral to the effective management of diabetes. The program also seeks to provide an opportunity for the participant to interact and network with other diabetes professionals.

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## DAY ONE LEARNING OBJECTIVES

Upon completion of this activity, the participant should be able to:

- Identify the purpose of GLP-1.
- Explain the relationship of GLP-1 within the treatment algorithm of Type 2 diabetes.
- Explain the importance of reaching out to Asians in their effort to halt and prevent diabetes.
- Identify two barriers to successful diabetes management in Asians with diabetes.
- Explain the association of vitamin D deficiency with diabetes and its complications.
- Describe treatment of vitamin D deficiency in patients with diabetes.
- Identify resources available for staging chronic kidney disease.
- Identify appropriate dietary restrictions for the patient with impaired kidney function.
- Explain the role of both professional and personal continuous glucose monitoring and basic strategies for its use in maximizing safe and physiological approaches to insulin therapy.
- Describe the steps involved when interpreting continuous glucose monitoring data.

## DAY TWO LEARNING OBJECTIVES

Upon completion of this activity, the participant should be able to:

- Describe prevention and treatment strategies for diabetes-associated osteoporosis.
  - Describe pertinent new HIT “Meaningful Use” of EMR system guidelines.
  - Discuss opportunities for diabetes educators to partner with physicians and providers in the attainment of the “Meaningful Use” designation markers.
  - State appropriate dosing adjustments to resolve identified abnormal blood glucose patterns.
  - Identify two resources that provide further education on insulin pump pattern management.
  - Explain the basic principles and generative process behind appreciative inquiry and solution-oriented therapy.
  - Explore the use of these models in a clinical encounter.
  - Identify practices in the school lunch program that do not promote a healthy child.
  - Describe cost effective, healthy changes to the school lunch program.
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## NURSING CONTINUING EDUCATION

Nursing contact hours have been applied for through the Texas Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

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## DIETITIAN CONTINUING EDUCATION

Continuing education for dietitians has been requested and approval is pending.

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## AWARDING CREDIT FOR PHARMACISTS

Continuing education has been requested from the Oklahoma State Board of Pharmacy and approval is pending.

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## PROGRAM PLANNING COMMITTEE

**Sharon Buckley, R.N., C.D.E.**

Program Coordinator, Harold Hamm Oklahoma Diabetes Center  
University of Oklahoma College of Medicine  
Oklahoma City, Oklahoma

**Michelle Dennison-Farris, M.S., R.D., L.D., B.C.-A.D.M., C.D.E.**

Diabetes Clinician, Harold Hamm Oklahoma Diabetes Center  
University of Oklahoma College of Medicine  
Oklahoma City, Oklahoma

**Gloria Matthews, M.S.N., R.N.-B.C., C.N.L.**

Diabetes Clinical Nurse Leader  
OU Medical Center  
Oklahoma City, Oklahoma

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## PROGRAM LOCATION

The conference is located at: Embassy Suites Hotel & Conference Center  
2501 Conference Drive  
Norman, OK 73069-6396

A block of rooms have been reserved at the Embassy Suites Hotel & Conference Center. The rate of \$119 is available for reservations made by April 10, 2010. Reservations requested after this date will be accepted based upon availability at the hotel’s prevailing rate. Reservations can be made using [embassysuites.com](http://embassysuites.com) or by calling (405) 364-8040 and identifying the meeting as **Diabetes Management and Teaching Strategies: Beyond the Basics**.

The Embassy Suites Hotel & Convention Center is located on I-35 in Norman at the Robinson Exit and 24th Street in the new University North Park development.

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The mission of the University of Oklahoma is to provide the best possible educational experience for our students through excellence in teaching, research and creative activity, and service to the state and society.

The mission of the Harold Hamm Oklahoma Diabetes Center is to promote clinical and basic sciences research related to diabetes and its complications, education of the public and professionals in all matters related to diabetes, including diabetes prevention, and optimal diabetes care for the people of Oklahoma.

This publication, printed by OU Printing Services, is issued by the University of Oklahoma. 8,000 copies have been prepared and distributed at no cost to the taxpayers of the State of Oklahoma.

*The University of Oklahoma is an equal opportunity institution.*

It is difficult to provide a classroom temperature that is comfortable for everyone; please bring a jacket or sweater.

#### **AMERICANS WITH DISABILITIES ACT**

The University of Oklahoma Health Sciences Center fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.

For accommodations on the basis of disability, call Sharon at (405) 271-2814.

#### **FOR ADDITIONAL INFORMATION CONTACT**

Sharon Buckley, R.N., C.D.E.  
Phone: (405) 271-2814  
Fax: (405) 271-7522  
E-mail: [sharon-buckley@ouhsc.edu](mailto:sharon-buckley@ouhsc.edu)

**VISIT OUR WEB SITE TO REGISTER ON LINE**

[www.oklahomadiabetescenter.com](http://www.oklahomadiabetescenter.com)

### **REGISTRATION FORM BEYOND THE BASICS 2010 8720053001**

#### **MAIL OR FAX REGISTRATION TO:**

University of Oklahoma OUTREACH  
1700 Asp Avenue, Room B1  
Norman, OK 73072-6400  
Phone: (405) 325-1022 Fax: (405) 325-7273

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

CREDENTIALS RN RD LPN AP/NP PharmD DPh Other \_\_\_\_\_

PLACE OF EMPLOYMENT \_\_\_\_\_

PARTICIPANT MAILING ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

DAYTIME PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

#### **REGISTRATION FEE:**

The registration fee for this program is \$100 for ONE day; \$150 for BOTH days. The registration fee includes refreshments, lunch(es) and a syllabus. Please make your selection:

BOTH days \$150  May 5 - \$100  May 6 - \$100

#### **METHOD OF PAYMENT – PLEASE CHECK ONE:**

Check or money order made payable to **The University of Oklahoma**

Purchase order attached. P.O. # \_\_\_\_\_

Please charge the fee to my credit card:

AMERICAN EXPRESS  VISA  MASTERCARD  DISCOVER

CARD # \_\_\_\_\_

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SIGNATURE OF CARDHOLDER \_\_\_\_\_

**CANCELLATION POLICY** – A refund will be made upon written request prior to MAY 1, 2010; however, \$25.00 will be retained for administrative costs. No refunds will be made after MAY 1, 2010.