

# *Regular Season Volleyball*

DEADLINE: WEDNESDAY, OCTOBER 17, 2012  
AT 5:00 P.M.



## Manager's General Information and Instruction Sheet Rec Sports Volleyball

Managers are responsible for all the information contained in this packet. The necessary information must be discussed with all team members in an effort to increase the enjoyment and effectiveness of Rec Sports activities. ASK if you do not understand something, ignorance of the rules, policies or procedures is not a valid excuse.

What is included in this packet?

- A. Entry form\*
- B. Team Sport Rules
- C. Reminder of manager's meetings\*\*

\* Must be returned to the Rec Sports office (VHAC Room 124) by **Wednesday, October 17 by 5:00 p.m.**

\*\* Manager's Meeting will be held on **Monday, October 22 in VHAC Room 206B at 9:00 p.m.**

How can I sign up a team?

Each packet includes a team entry form. This form must be filled out completely and turned in to the Rec Sports office by Wednesday, October 17 by 5:00 p.m. The entry form will ask for specific information that **MUST BE COMPLETED IN FULL AND LEGIBLE**. The information that must be completed is as follows:

- A. Team Manager's Name
- B. Phone number(s) where team manager can be reached
- C. League and class in which the team would like to participate in.
- D. Time YOUR team **CAN PLAY**.
- E. Team Member Information
  - a. Member's name (as it appears on the Participation Consent Form).
  - b. A member's Student Buff ID number must be provided.
  - c. Indicate whether each member has filled out the Participation Consent Form\*\*\*
  - d. Indicate what category the team member applies to – student, faculty, or staff.

\*\*\* Must be on file in the Rec Sports office before your first ball game. Each individual must sign a waiver; you cannot sign it for them. You will not be allowed to play your first ball game until everyone has signed a waiver.

Please be aware, if information is illegible, missing or inaccurate, the form and all its information will become null and void; if for any reason, the team attempting to submit a form that has been altered will be considered deceptive and will result in immediate action by the Department of Recreational Sports in accordance with the Rec Sports Handbook and University Code of Student Conduct.



## Entry Form Regular Season Volleyball

**Team Manager** \_\_\_\_\_ **Phone Number(s)** \_\_\_\_\_

**Team Manager Email** \_\_\_\_\_

Please Select Times **YOU CAN** Play! You must select **EVERY POSSIBLE** time **YOU CAN** play!

**League:**

- ☐ Independent  
☐ Residence Hall  
☐ Greek  
☐ Organizational

**Class:**

- ☐ Men  
☐ Women  
☐ Co-Rec

**Team Number**

\_\_\_\_\_

**Activity:**

- ☐ Flag Football  
☐ Volleyball  
☐ Basketball  
☐ Softball  
☐ League Bowling

**Office Use Only**

**Proper:**

- ☐ Yes  
☐ No

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

DR

DE

Monday	Tuesday	Wednesday	Thursday
<input type="checkbox"/> 7:00 – 7:45 pm	<input type="checkbox"/> 7:00 – 7:45 pm	<input type="checkbox"/> 7:00 – 7:45 pm	<input type="checkbox"/> 7:00 – 7:45 pm
<input type="checkbox"/> 7:45 – 8:30 pm	<input type="checkbox"/> 7:45 – 8:30 pm	<input type="checkbox"/> 7:45 – 8:30 pm	<input type="checkbox"/> 7:45 – 8:30 pm
<input type="checkbox"/> 8:30 – 9:15 pm	<input type="checkbox"/> 8:30 – 9:15 pm	<input type="checkbox"/> 8:30 – 9:15 pm	<input type="checkbox"/> 8:30 – 9:15 pm
<input type="checkbox"/> 9:15 – 10:00 pm	<input type="checkbox"/> 9:15 – 10:00 pm	<input type="checkbox"/> 9:15 – 10:00 pm	<input type="checkbox"/> 9:15 – 10:00 pm
<input type="checkbox"/> 10:00 – 10:45 pm	<input type="checkbox"/> 10:00 – 10:45 pm	<input type="checkbox"/> 10:00 – 10:45 pm	<input type="checkbox"/> 10:00 – 10:45 pm
<input type="checkbox"/> All Night	<input type="checkbox"/> All Night	<input type="checkbox"/> All Night	<input type="checkbox"/> All Night

\*Please specify your organizational name (if applicable) \_\_\_\_\_

In order for all members to be represented on this entry form, please note the following:

1. Team member's name must be filled out and PRINTED NEATLY.
2. A team member's Student Buff ID number must be provided.
3. All members must have a Participation Consent Form in the Rec Sports office for the current academic year.

	Team Member (Last, First)	Student Buff ID #	Shirt Size	Consent Form (Circle One)	Student (s) Faculty Staff (f/s)
1				Y / N	
2				Y / N	
3				Y / N	
4				Y / N	
5				Y / N	
6				Y / N	
7				Y / N	
8				Y / N	
9				Y / N	
10				Y / N	
11				Y / N	
12				Y / N	
13				Y / N	
14				Y / N	
15				Y / N	

By signing below, I acknowledge that I have read and correctly filled out this form. It is my responsibility to obtain all information and make sure that it is correct. I assume full responsibility in the event the information on this form is incorrect and understand that penalties may apply for falsification of information on this form.

Signature

Printed Name

Date



# Participation Consent Form

## Office Use Only

Proper:

- ☐ Yes  
☐ No

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Register:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

DR

DE

State of Texas      X  
                             X  
County of Randall   X

I, the undersigned, who willing participates in Recreational Sports games, practices, and activates, recognized that such games, practices, and activities involved dangers that cannot be fully foreseen which could result in property damage, bodily injury or even death. Inconsideration for permission extended to me by West Texas A&M University, through its agents and employees to participate in Recreational Sports games, practices and activities, do hereby, for myself, my heirs, executors and administrators, release and forever discharge West Texas A&M University, and all its agents and employees, acting officially or otherwise, from any and all claims, demands, actions or causes of action on account of death or injury to me or for any damage to my property which may occur during my participation in a Recreational Sports game, practices, activity, or travel to and from, and agree to hold West Texas A&M University and its agents and employees harmless from any claims whatsoever arising from such games, practices, activities and travel.

\_\_\_\_\_  
**PRINT** Last Name

\_\_\_\_\_  
**PRINT** First Name

\_\_\_\_\_  
**PRINT** Middle Initial

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student Buff Gold ID Number

Classification of Participant: ☐ Freshman ☐ Sophomore ☐ Junior ☐ Senior  
☐ Graduate Student ☐ Faculty/Staff

Gender: ☐ Male ☐ Female

Revised 08/11

# VOLLEYBALL RULES

## League Play

1. Round Robin league play with a single elimination All-University playoff tournament will be scheduled for men, women and co-rec play.
2. The National Federation Rules Book will be used with West Texas A&M University Rec Sports exceptions.
3. The All-University Championship match will be two (2) out of three (3) games to 25 points with no time limit. A team must win by two (2).

## Number of Players

1. A team must have four (4) players and one (1) non-playing person to start a game.
2. Each team must furnish a non-playing person to assist in keeping the score and the back line, if needed as requested by the referee.
3. In the event a team does not satisfy the requirements listed previously above, the clock will start the team will receive a forfeit for the first game.
4. The following are exceptions for co-rec games:
  - (i) Teams consist of seven (7) people, three (3) men and three (3) women and one (1) non-playing person.
  - (ii) A team may play with five (5) people – two (2) men and two (2) women and one (1) non-playing person.
  - (iii) A team may play with six (6) people – two (2) men and three (3) women and one (1) non-playing person.
  - (iv) There must be an equal number or more women to start a match.

## Player Equipment

1. All players are required to wear any style of non-marking athletic shoe (except cleats, spikes, turf, hiking or sandals)

2. Players will not be permitted to participate in socks or bare feet.

### **Length of Game**

1. Match winners will be the first to win two (2) games in the best of three (3).
2. The first and second games will be twenty-five (25) points or fifteen (15) minutes whichever comes first.
3. If a third game is necessary, it will consist of twelve (12) points and no clock will be kept.
4. Teams, in the third game, will switch sides of the court at six (6) points in the third game.
5. A team does not have to be ahead by two (2) points to win any game.
6. Time between games shall be two (2) minutes.

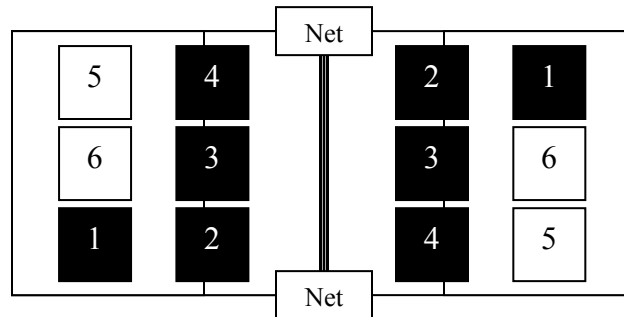
### **Start of Game**

1. The following procedure will apply for the coin toss:
  - (i) The visiting team (Team B on the score sheet) will call the coin toss.
  - (ii) The winner will have the following choices:
    - a. Take the ball.
    - b. Choose a side.
2. Team receiving at the start of Game 1, will begin serve in Game 2.
3. If a third game is necessary, the previous coin toss procedure will be used after Game 2.

### **General Rules**

1. Teams will be limited to two (2) time outs per game. Each time out will be thirty (30) seconds each.
2. Time outs will not be allowed in the last three (3) minutes of Game 1 and 2.

3. Time outs will not be allowed in Game 3.
4. The referee has the power to make decisions on any questions not specifically stated in the rules.
5. Substitutions can only enter the game in positions five (5) and six (6). (*See following illustration.*)



6. The ball must not visibly come to rest.
7. In playing the ball, a player may use any part of their body above and including the waist.
8. Carrying, lifting, throwing or shoving the ball shall be considered illegal.
9. If two (2) or more players of the same team contact the ball simultaneously, it is considered one (1) play and players involved may participate in the next hit.
10. There is a maximum of three (3) hits allowed per team.
11. Blocks do not count as one of the three (3) allowed hits.
12. A ball may be blocked over the net, providing the offensive team has completed its attack on the ball.
13. The attack is considered complete when the ball is spiked or intentionally directed across the net.
14. A ball may not be spiked until some portion of the ball has broken the plane of the net.
15. A player may make successive contacts of a hard driven spiked ball not already touched by a teammate, provided the successive

contacts constitutes an attempt to play the ball and provided the successive contacts are above and including the waist (arm and head).

16. Players on the back line cannot spike or block the ball while in front of the ten (10) foot line. They may only “set” the ball.
17. Players may touch the centerline, but may not step beyond the centerline. (Some part of the foot must stay in contact with the centerline.)
18. The net may not be touched. When spiking, a player may follow through over the net as long as the player does not touch the net.
19. A ball touching any part of the boundary line is good.
20. Any ball, other than the serve, that touches the net within the standards and goes over the net is still in play.
21. A ball other than the service may be recovered from the net provided the player does not touch the net.
22. If opposing players foul at the same time, a double foul shall be called and the point will be replayed.
23. The team receiving the ball after “side-out” shall rotate one (1) position clockwise before serving. The exception to this is the first serve of the game by each team and the person starting in the right back position for each team shall serve.
24. Players on both the serving team and the receiving team must not overlap left to right (or right to left) as well as front to back (or back to front) until after contact of the service.
25. After contact of the serve, players may play anywhere on the court.
26. The referee will give a visible signal for serve, as well as an audible whistle sound, indicating the server to serve the ball. Serving prior to this indication will result in a replay.
27. The serve must be contacted within five (5) seconds of the visible and audible signal to serve.
28. The served ball cannot be thrown over the net.



29. As long as a team has one (1) contact remaining, a team may play the ceiling on their side of the net.
30. In co-rec competition the following additions apply:
  - (i) If there is more than one (1) contact on a side, the ball must be handled by, both a man and a woman.
  - (ii) Players must alternate male/female position on the court.
31. The ball cannot come in contact with the net on the serve.
32. Players may set off of the serve.

# MANAGER'S MEETING FOR VOLLEYBALL

MONDAY,  
OCTOBER 22, 2012  
9:00 P.M.  
AC ROOM 206B

ALL MANAGERS OR A REPRESENTATIVE OF EACH TEAM  
MUST ATTEND  
NO EXCUSES!