

**St Ursula's Church** Jubiläumsplatz, 3005 Berne Switzerland

**Chaplain**

Revd Peter Potter

☎031 351 03 43

**Honorary Assistant Chaplain** Revd Linda Bisig

☎031 932 41 69

Church Office: ☎031 352 85 67

Marriages, Baptisms and counselling by arrangement with the Chaplain

**Normal pattern of Sunday services:**

8.30 Holy Communion said (2nd and 4th Sundays)

10.00 Junior Church begins in Church

10.00 Eucharist (1st + 3rd + 5th Sundays)

Service of the Word (2nd Sunday)

Morning Prayer (4th Sunday)

**See Calendar of Services inside for any changes.**

---

**Services in Neuchâtel:** at Chapelle des Charmettes

**17.00 Family Eucharist** - *2nd and last Sundays in the month*

Information: Mrs Pat Smith, ☎032 724 23 84 or

Mrs Jennifer Veenendaal, ☎032 841 64 32

---

**ST URSULA'S BERNE**

The church is one of the nine Swiss chaplaincies that have a resident chaplain (minister) and together form the Archdeaconry of Switzerland. This is part of the Anglican Diocese of Europe which stretches from the Canary Islands to Ankara, from Moscow to Morocco.

The church was built in 1906 on a site that had been given to the community by the British-Berne Land Co. An American lady, Mrs Castleman from St Louis, provided the bulk of the money for the building as a thank offering for the near miraculous recovery of her adopted daughter, who was treated at the clinic of the famous Professor Kocher.

The hall and the house were added in 1959. An English Missionary Society, the USPG, helped to support the church from its earliest days. Since 1977, however, the chaplaincy has been fully self-supporting, relying solely on its members and well-wishers for its financial support.

St Ursula's has a long tradition of ministry to all English-speaking people in the Canton of Berne and beyond. It also provides a home for Christians from many different denominations and cultural backgrounds. Regular worshippers are encouraged to add their names to the Electoral Roll and so play a full part in the life of the church. Details from the Churchwardens or any member of the Church Council.

**See Calendar inside for details of the month's services**

**St Ursula's Church website: <http://www.anglican.ch/berne>**

**E-mail: [berne@anglican.ch](mailto:berne@anglican.ch)**

# NEWSLETTER

VOL 27/7

SEPTEMBER 2008

Published & printed in Berne by St Ursula's Church/Hergestellt in Bern durch St Ursula's Church  
Appears 10 x a year/wird 10 x jährlich herausgegeben

---

**Annual Subscription Rates:**

Fr 25.- plus postage

Post Office Account 30-4416-8

UBS Bern: IBAN CH41 0023 5235 9258 1510 0

---

**Editor: Wendy Astor, Freudenreichstr. 62, 3047 Bremgarten/BE – 031 302 02 14**

---

<b><u>Contents</u></b>	<b><u>Page</u></b>		<b><u>Page</u></b>
<i>From our New Chaplain</i>	2	<i>Beauty of Holiness Course</i>	15
<i>Calendar of Services</i>	3	<i>Photos</i>	15
<i>Rotas</i>	4	<i>E-Magazines</i>	16
<i>Housegroups</i>	5	<i>Christmas Bazaar</i>	16
<i>How Old was Judas?</i>	6-7	<i>Letter from Rev Edi Wildbolz</i>	16-17
<i>Junior Church</i>	8-10	<i>Archdeaconry Retreat</i>	17
<i>Nativity Notice</i>	8	<i>Other Happenings</i>	18
<i>Birthdays</i>	9	<i>A Pilgrimage to the Holy Land</i>	18
<i>For Your Diary</i>	11	<i>Christmas Bazaar Info</i>	19
<i>Odds &amp; Ends</i>	12-18	<i>Charity &amp; Mission</i>	20-21
<i>Future Dates</i>	12	<i>A Word of the Month</i>	22-23
<i>Copy &amp; Collating Date</i>	12	<i>Laughlines</i>	24
<i>Bazaar Cake Workshop</i>	12	<i>Ministry Team</i>	32
<i>News from Neuchâtel</i>	13-14		

## *Message from our Chaplain*

“How are you settling in?” is a question we have been asked quite a bit recently. Thank you all for asking. The answer is: we are doing pretty well, finding our way around and getting to know the ropes.

As it happens, arriving in the holiday season has had its advantages and disadvantages. It has been (relatively) quiet, which has given us some valuable breathing space after the move. On the other hand, all the comings and goings have meant that it's taking rather longer to put names to faces and work out what is what.

Some of you have asked about my vision for the St Ursula's or the direction I would like us to move in. It's still early days but I would suggest two headings:

1. **Enrich:** I am impressed by the commitment and the depth of knowledge that I have encountered. But I sense not everyone has had the chance to broaden their experience. There are, for instance, other ways of doing Bible study, of prayer and of worship that are not familiar to many. There are also other styles of modern music and worship songs that we could add to our repertoire.

To make a start, I am going to be running a series of study sessions in the autumn called “The Beauty of Holiness”. The aim is to deepen our understanding of worship: what it is, why we do and say certain things in our liturgy and how it all links with the wider life of the Church and our day-to-day discipleship. A wider knowledge of these aspects should help enrich both what we offer and what we receive. (More details elsewhere in this magazine.)

2. **Refresh:** This is a bit more of a challenge. Having been offered the chance to try something different, are you willing to accept it and to move on? If so, then we become the people of whom Psalm 23 speaks. A flock who hears the voice of the shepherd and who receives his words with confidence, so that they can go forward together to find fresh pasture.

My prayer for us is that we will all be led to this rich pasture and there find refreshment for our souls.

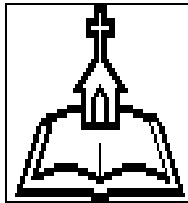
*Peter*



## ROTAS FOR SEPTEMBER 2008

### READERS

- 7 I Jordan
- 14 J Wong+ Y Chittazhathu
- 21 A Masciadri+P Jayaraj
- 28 D Hoag+S Higson



### INTERCESSIONS

- 7 D Low+T Carrick
- 14 E Hutchison
- 21 Z Balogh
- 28 B Morgan

### SIDESPERSIONS

- 7 S Faillettaz +Helper
- 14 H Davie+Helper
- 21 S Klein+Helper
- 28 W Astor+Helper

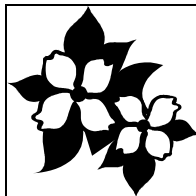


### COFFEE & TEA

- 7 Köniz Housegroup
- 14 Family Wildhaber
- 21 VRomberg+JPFluckiger
- 28 Ittigen Housegroup

### FLOWERS

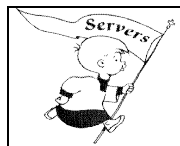
- 7 C Hodler
- 14 M Wittwer
- 21 R Schelker
- 28 E Pfyffer



If you would like to donate flowers for a special reason during the coming month, please contact Yojena Chittazhathu at 031 859 64 12 or the church office.

### SERVER

- 7 L Robb
- 21 D Goepfert
- 28 t.b.a.



### CHALICE ASSISTANTS

- 7 D Hoag+B Morgan
- 21 S Zysset+P Perrett
- 28 t.b.a.



### DUTY COUNCIL MEMBER

- 7 B Morgan
- 14 J Eze
- 21 P Perrett
- 28 G Güntert

### AUDIO

- 7 H Wenger
- 14 D Sovilla
- 21 Hj Gusset
- 28 P Perrett

# ST URSULA'S CHURCH HOUSEGROUPS

**Bethlehem:** Young People's Housegroup meets weekly on Tuesday evenings. Contact John and Sara Hutchison ☎031 382 78 32

**Fraubrunnen:** Meets every second Friday evening at Jackie Messer's, Contact Jackie Messer ☎031 767 74 49

**Ittigen:** Meets weekly on Tuesdays 20.00 – 22.00.  
Contact Zoltan and Zsuzsanna Balogh ☎031 921 16 45

**Köniz:** Meets most Thursdays at 1900.  
Contact Ruth Freiburghaus ☎031 992 56 15

**Neuchâtel:** Meets twice a month at 20.00 on Tuesdays (see Neuchâtel Church page for details). Contact: Roy Farrar ☎032 730 51 83

**Thun:** Meets 2nd and 4th Thursday in the month at 19.30, usually in the Pavilion, Bubenbergstrasse, Thun. On a 5th Thursday there is a social get-to-know evening. Contact Sharon Bachmann ☎033 336 93 78

**Wohlen:** Meets mostly fortnightly on Wednesdays from 19.30-22.00 at rotating venues around Berne. Now about to start studying Colossians and Philemon. Contact Shelagh Brawand ☎031 829 15 57 or e-mail: [mbrawand@bluewin.ch](mailto:mbrawand@bluewin.ch).

If you would like to join one of our housegroups, please contact the person mentioned above.



## *Quotes*

The kingdom of God is not for the well meaning, but for the desperate.  
*J Denney*

A wise man will desire no more than he may get justly, use soberly,  
distribute cheerfully and leave contentedly. *Anon*

How many Christians live their lives packed up and ready to go? *J I Packer*

Confessing your sins is no substitute for forsaking them. *Anon*

## *How Old was Judas?*

What a funny question, you may say. But the idea came as I was reading one of those chatty, popular articles you find in Christian magazines and on websites describing John as "one of the youngest of the disciples."

Now we know very little about the disciples. We know there was an inner group of twelve of them, and we know the names of at least ten of them (Was Levi another name for James the son of Alphaeus? Was Thaddaeus, or Lebbaeus, or Judas ('son of James'): one man with three names, or a lapse of memory, or a slip of the pen?) We know that Thomas was a twin, that Matthew was a tax collector, that James and John were brothers, that Thomas and Philip had a talent for asking difficult questions. We can build up a picture of Peter's bluff loyalty. But we do not know how old they were, or what they looked like, or how they dressed.

When we read a story, our mind rushes to build images of the events and the people described. With the Bible, we have the help of artists through the ages, who have illustrated some of the best-known passages: David facing up to Goliath, the animals entering the ark, the wise men bearing gifts, the Last Supper. These images can be both a hindrance and a help.

They are a hindrance because they give us a different picture from "what really happened." The twelve-year-old and the ogre, the tidy London boat-queue with giraffes, the three Turkish kings on camels, the thirteen men one one side of a long table stem from the imagination of their artist, not from the words of scripture. But this is at the same time a help, for the artists have shared with us their own interpretation of the inner meaning of the event - Goliath's pride, the wise men's humility, the awfulness of betrayal. There are even little details entirely from the artist's imagination which can provoke us to thought, like Titian's little dog lifting its leg against the open stable as the magi bring their gifts - incarnation brought down to earth!

And when we read a story, our mind tends to fill in the gaps with details of our own invention. The Bethlehem stories in Matthew and Luke must have been handed down to the writers: so they must have come from Mary (or, since they differ in detail, partly from Mary and partly from Joseph). Or must they? Peter had a mother-in-law, and so was older than the other disciples. Really?

John's gospel mentions Jesus going up to the Passover three times during his ministry, so his ministry must have lasted three years. How can we know?

Over the years, traditions have built up which we tend to take for granted. Are we sure that the third Gospel was written by a physician called Luke? That Mark was the young boy who fled naked in Mk 14:52? That "the disciple whom

Jesus loved" was called John and died on Patmos at a ripe old age? That the "sinful woman" who washed Jesus' feet with her tears was called Mary Magdalene?

The Bible is not a newsreel. Its writers selected their details carefully, intending us to receive the message they wanted to proclaim, and not what we want to hear. We need to study what it tells us, not what we think it ought to tell us. There is a danger, for example, in putting narratives in different accounts together, as if they are one story seen through different eyes. But the evangelists are not "telling a story" - they are giving us a message: that God has worked through events in history, and is working even now. The message is not about whether the fish that fed the five thousand were carp or perch, it is not about which part of Egypt Mary fled to to avoid Herod's anger, it is not about Pilate's motives in releasing Barabbas rather than Jesus or how long it takes to walk from Jerusalem to Emmaus.

The message is that God cares for us, provides for us, suffered and still suffers for us, and walks with us. Compared with this overwhelming news, who cares whether Judas was in his twenties or in his eighties?

-Hector Davie -

## Laughlines

Young son to father: "Dad, what is the middle class?"

Dad: "The middle class consists of people who are not poor enough to accept charity and not rich enough to donate anything."

Teacher: We borrowed our numerals from the Arabs, our calendar from the Romans, and our banking from the Italians. Can any one think of other examples?

Student: Well, we borrowed our lawnmower from the Smiths, our ladder from the Brownes, and our hose from the Jones....





# Congratulations to our Junior Church Children with Birthdays in September

Shelley Wildhaber

9

3 September

Salome Aeberli

7

11 September

Eric Sovilla

14

7 September

Michelle Kucera

9

12 September

Matthew Wenger

16

15 September

Isaac Agyekum

13

17 September

Analisa Romberg

5

18 September

Liam Frauchiger

6

20 September

Florie Masciadri

8

23 September

**Mouse Makes**

1. To make your **HARVEST MOUSE** carefully colour him in then cut around the outside along the thick black line.

2. Curl the sides around to the back and glue the edges together to make a cone shape.

May all the peoples praise you, O God,  
may all the peoples praise you!  
The land has produced its harvest,  
God, our God has blessed us.  
God has blessed us,  
may all people everywhere  
honour him.  
Psalm 67:6

**HARVEST** is a time to **REMEMBER** that **GOD** made the world; our land, our air, our water, our food.

**HARVEST** is a time to say **THANK YOU** to **GOD** for giving us all that we need.

**HARVEST** is a time to **SHARE** with others all that **GOD** has given us.

Thank you Lord for the harvest

glue

glue

glue

# For Your Diary

## September 2008

Mon.	1	MORNING PRAYER 9.30 – 10.00
Tues.	2	COUNCIL MEETING 19.30
Wed.	3	PARENTS & TOTS 9.15 – 11.15
Fri.	5	PATCHWORK 9.30 SPIRITUAL CLASSICS 12.00 – 13.00 BIBLE STUDY 18.00 – 20.15 <b>BOOK SALE PREPARATION 12.00</b>
Sat.	6	BOOK & FOOD SALE 10.00-14.00 with Bric à Brac
Sun.	7	OPEN FORUM 12.00
Mon.	8	MORNING PRAYER 9.30 – 10.00
Wed.	10	PARENTS & TOTS 9.15 – 11.15
Fri.	12	PATCHWORK 9.30 SPIRITUAL CLASSICS 12.00 – 13.00 BIBLE STUDY 18.00 – 20.15 ARCHDEACONRY RETREAT ( until Sun. 14)
Sun.	14	COPY DATE
Mon.	15	MORNING PRAYER 9.30 – 10.00
Wed.	17	PARENTS & TOTS 9.15 – 11.15
Fri.	19	PATCHWORK 9.30 SPIRITUAL CLASSICS 12.00 – 13.00
Mon.	22	MORNING PRAYER 9.30 – 10.00
Wed.	24	PARENTS AND TOTS 9.15 – 11.15
Thurs.	25	COLLATING MAGAZINE 9.00
Fri.	26	PATCHWORK 9.30 SPIRITUAL CLASSICS 12.00 – 13.00
Mon.	29	MORNING PRAYER 9.30 – 10.00

## October 2008

Wed.	1	PARENTS AND TOTS 9.15 – 11.15
Fri.	3	PATCHWORK 9.30 SPIRITUAL CLASSICS 12.00 – 13.00 BIBLE STUDY 18.00 – 20.15

# ***Odds & Ends***

## **Future Dates**

28/29 November

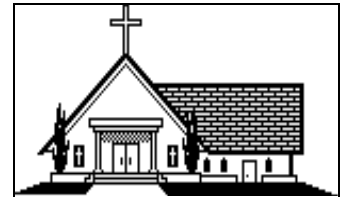
Christmas Bazaar

(Dates in September can be found on the 'For Your Diary' pages.)

**COPY DATE !!!**  
 for the October issue  
**14 September 2008**  
**COLLATING DATE**  
**25 September 2008**

## **English Church Services and Housegroup in Thun**

Services in Thun are held at the "Pavilion" of the Reformierte Kirchgemeindehaus in Bubenbergstrasse, Thun on the 1st and 3rd Thursdays at **19.30** and are followed by coffee. The Housegroup is held on the 2nd and 4th Thursdays at 19.30 (normally also at the Pavilion).



For more information please contact Sharon Bachmann ☎033 336 93 78.



## **Christmas Bazaar Cake Workshop**



We are having a **Christmas Cake Workshop on Wednesday 8 or Wednesday 29 October beginning at 9.00.** We hope to be making mince pies also.

We hope as many of you as possible can come along. We shall be making Christmas cakes of all sizes and we need people to help make the cakes, line the cake tins and perhaps to take some cakes with them to bake at home. All ingredients for this workshop are donated but **please** bring a cake tin or two, only small ones.



We are also looking for people to ice the cakes at a later date.

For more information please contact Wendy Astor ☎031 302 02 14



## NEWS FROM NEUCHÂTEL CHURCH

**Regular Services:** 2nd and last Sunday of each month at 5 pm  
 Chapelle des Charmettes, Rue Varnoz 1, Neuchâtel  
**2nd Sunday :** Family Communion Service  
**Last Sunday :** Communion service (During the sermon and liturgy, children leave to follow their own programme in Junior Church.)  
**N.B. No service at the Charmettes on 14 Sept. - see below**

**Minister :** The Rev. Roy Farrar Tel : 032 730 51 83  
 Chemin du Chasselas 11  
 2012 AUVERNIER [www.neuchatel-church.ch](http://www.neuchatel-church.ch)

From Roy and Mieke --- **Walls, Waterfalls and Wonders.**

It doesn't seem that it was a year ago we came to join you in Neuchâtel Church and looking back we want to thank you for all your love and support. We are so grateful to the Lord for ALL he has done amongst us and in particular for the **wonderful** ways he has touched so many individual lives in new and liberating ways. For us, that is the heart of ministry and long may it continue. We believe that the role of leadership is to liberate and use all the gifts that the Lord has provided to his people, just as Nehemiah did when re-building the **walls** of the city.



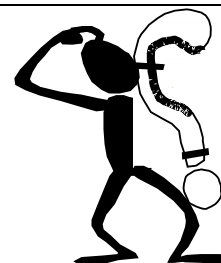
When we were on holiday this year in Scandinavia, we saw many spectacular **waterfalls** and it made us stop and think about this image for the Christian life. Surely we are called to give ourselves totally to the will of God and allow him to blend us and use us to his greater glory, just as each droplet of water is part of the whole. In the same way as each droplet abandons itself to the glory of the total waterfall, so we are called to abandon ourselves to the infilling power of the Holy Spirit so that all our lives and gifts can be used to the work of the Kingdom.

We continue to pray that in this next year we shall see major growth in the church, as the news about what the Lord is doing in Neuchâtel spreads out through the region. One way to encourage people to come and see what is happening is to invite them to the Picnic Service on 14

September at Karen and Bill Packer's home in Yverdon. We shall meet at midday; have a short informal service of Praise before enjoying "le grill de Bill".

(See the details in the other part of this page).

As part of the growth and development of the church, your committee has been thinking about a request from several people for us to run an ALPHA course in Neuchâtel, so that we all can think through the basic truths of the Christian faith.



We have also been exploring the possibility of changing the service time to the morning, hopefully meeting at the Chapel when it is free and also arranging the occasional joint services with the Eglise Réformée congregation who also meet at Chapel des Charmettes.

We would value your reactions and comments on these suggestions, tell us over a 'hot dog'

#### **PICNIC AND FUN SUNDAY – 14 SEPTEMBER 2008 from 12 noon**

at Karen and Bill Packer's home: 5, Route de Bellevue, Yverdon tel: 024 534 3116

**BRING:** Your picnic and utensils (grill provided)  
Chairs, if you have the room.  
Tea and coffee provided by Bill and Karen

#### **HOW TO REACH THEM.....**

A5 motorway Neuchâtel-Yverdon. Exit at *Yverdon Ouest & Sainte-Croix*. At roundabout at bottom of run-off turn left (2nd exit). Continue straight on over next three roundabouts. At traffic lights, turn right and stay in right-hand lane - follow traffic through town centre towards *Payerne*.

Leaving Yverdon town centre you will pass under a railway bridge. Carry on to roundabout and go straight over (2nd exit). Drive up the incline past the College of Engineers on the left. The road bends to the left. On this bend, turn right into Route de Bellevue. No. 5 is about 150 metres up the road on the right. Room for 6-8 cars in the drive, or use the College of Engineers car park.

If you need a lift or can offer one, please contact Rosemarie Zimmermann, tel: 032 853 2986  
[rzim@netcourrier.com](mailto:rzim@netcourrier.com)

## ***An Autumn Study Course led by the Chaplain***

### **“THE BEAUTY OF HOLINESS”**

***Sundays 11.50 to 12.50***

*(with bring and share lunch afterwards)*

12 October: “In the beginning...” What is worship, the scriptural basis

19 October: “With angels and archangels” Worship and the Church

*26 October: Harvest Thanksgiving (no study session)*

2 November: “As Jesus taught us, so we pray” Teaching through liturgy

9 November: Workshop for all interested in leading intercessions in church

16 November: Workshop for all interested in prayer for healing in the liturgy

23 November: “Can these dry bones live?” Non-verbal aspects of worship

30 November: “To love and serve the Lord” Worship and everyday life

7 December: “Times and seasons” Worship through the year

### *Worth Repeating*

#### **Photos**

From time to time, we like to use pictures in worship (perhaps as a background to songs, prayers or sermons). It is always a challenge to find the right pictures which we can use (without copyright issues), so some of us thought that it would be an idea to create our own picture gallery. This would then be made available on CD to members of the congregation to use.

So if you have appropriate digital photos which you would be happy to have included on this CD please let me have them. The kind of photos we would like to include are pictures of nature, (trees, flowers, animals, sky etc), pictures of churches (especially St Ursula’s), pictures of people (but only with their permission).

Other ideas welcomed, of course.

- Tricia Carrick -





*Advance Notice*

**Nativity Service**

This year's Nativity Service will be held on Sunday 14 December at 10.00. As usual, it will include a Nativity Play led by the Junior Church. More information will be available at the end of October, but please note this date now so that you don't miss this special celebration of Christ's birth.

**E-magazines**

From September, our church magazine will be available electronically. If you would like to be notified when the magazine is published on the Web, and to help the environment by not receiving a paper copy through the post, please go to our website ([www.anglican.ch/berne](http://www.anglican.ch/berne)) and follow the link on the magazine page. Once you have registered, we will send you information how to find the magazine and an email reminder each time the magazine is published.

- Tricia Carrick -



**Christmas Bazaar (28/29 November)**

Good quality items, in good condition, are needed for the Bric-à-brac stall. They can be brought to the Church at anytime prior to the Bazaar. Please, no furniture, we simply do not have the space.

Many thanks, Maxine and Lynn. Co-ordinators



*The following letter was received several months ago.*

**Letter from Pfarrer Eduard Wildbolz to St Ursula's Church, the Churchwardens and Church Council, 17 June 2008**

Dear Friends,

Thank you for your kind invitation to attend the institution of your new Chaplain.

It is with regret that I must tell you that, due to certain personal circumstances, I am unable to respond positively to your invitation for the service of next Sunday. I beg you to understand and excuse my absence. I hope you will have a blessed service of institution and an encouraging meeting of welcome.

I join you in this welcome and extend it as a welcome from the ecumenical community of Churches in this city!

The new Chaplain, Rev. Potter, will meet a most faithful and joyful congregation.

I am sure that St Ursula's church will continue to be, in Berne, the unique meeting point of English-speaking Christians coming from all over the world.

If I am seeing correctly your church is an open door; inviting English-speaking Christians to join the worship and to become members of the local church community.

But I feel that it means more: the invitation is at the same time a message coming from the church through the open door into the city and into the life of Bernese society. What does this mean for your worship and for the celebration of the Eucharist here?

It means that your life with God, your commitment to the sake of peace and love and freedom make you witnesses for this new life. That is: it is calling you to pass through the open door: out into the streets and places of Berne and beyond, into homes and working places, but also into the sector of where St Ursula's is situated: the Kirchenfeld sector with its particular society: A society of people whose responsibilities have to do with international relations, mutual trust and mistrust, cooperation of nations and freedom. It is in this respect that lately much debate has taken place about religion and Human Rights. So St Ursula's calling to be a witness for peace and understanding has a proper place of action here.

To abandon this task of being witnesses usually is ending up by God being marginalised. This may happen at any time and suddenly. We had the experience of it in Berne at the end of last year. One day, the daily paper "Der Bund" announced that it would cease to publish the weekly list of Sunday worships. The editors stopped a very ancient tradition in order to get more space for more cinemas, sports-events and popular happenings in the region of Berne. God is evidently forgotten by these editors.

I was really surprised to read that "Der Bund" restarts to let the readers know about worships on Sundays in Berne. An arrangement with the churches has obviously taken place.

For me this experience is significant for our time. When the churches do not speak up, God gets forgotten. When Christians do not dare to give their witness, then the good news of Christ remains unknown by our fellow human beings. And so our self-understanding and our identity will change dramatically from Christianity into nihilism.

I am confident St Ursula's church will strengthen your faith in God and your courage to be His authentic witnesses. Your new chaplain will help you in this task in days and years to come. May God bless you and your community!

Yours

Eduard Wildbolz, Ph.D., retired minister of the Reformed Church of Berne in charge of a City-Ministry in Berne.



## Archdeaconry Retreat

Our Archdeaconry Retreat is taking place this year from 12 to 14 September at the Foyer Montbarry again and will be led by Revd Martin King, who was with us last year.

The usual brochures with application forms have been distributed. Please get your application in as soon as possible as space is limited. For more information please contact Wendy Astor ☎031 302 02 14 or email [wendysa@swissonline.ch](mailto:wendysa@swissonline.ch)



## Other Happenings

### A Pilgrimage to the Holy Land

Maybe you have always wanted to go to the Holy Land, maybe this idea is new and catches your imagination - read on, for this is a wonderful opportunity to go there with a group of people from St Andrew's and perhaps one or two of our sister Anglican churches in Switzerland.

Flights, hotels, coach and local guides will all be organised by Kultour Ferienreisen AG, who specialise in arranging this sort of trip for church groups. We have worked out our own itinerary which will be divided more or less equally between Galilee and Jerusalem, with visits to the main places connected to biblical sites.

The spiritual impulse will be given by Zurich chaplain, John Newsome.

**Dates:** Monday 27 April - Wednesday 6 May 2009

**Cost:** about Fr2,500 (based on sharing a twin room)

Please tell us as soon as possible if you are interested.

Contact me on my private number 044 984 5174 or email:

[vivian.nind@ggaweb.ch](mailto:vivian.nind@ggaweb.ch)

Looking forward to hearing from you, Vivian

## **BAZAAR 2008**

*Organization for the Bazaar is already in full swing and we want to raise even more money for our church than ever before.*

*This year we foresee having a really special stand for*

### **Bric-à-Brac**

*For this we will need your donations of smallish items of glass, gold, silver, china such as vases, plates, ornaments, cutlery and jewellery.....*

*So please search out your cellars, your attics and your cupboards for suitable pieces you can part with and bring them along to church, either Sundays or during the week.*

*Our Bric-a-Brac receiver and coordinator is Dorothy Beriger, 031 352 34 68*

*Thanks in advance  
Your Bazaar Team*

## **The Charity and Missions Team monthly focus for September is on St Luke's Hospital for the Clergy.**

St Luke's Hospital for the Clergy is a hospital in London providing free treatment to Anglican clergy, active and retired, widows and widowers, and their spouses and children, as well as Church Army officers, members of recognised monastic or convent orders, active and retired overseas missionaries, licensed theological students and their families and licensed lay workers. It also provides private treatment for non-clergy.



Both St Luke's Hospital and the College of St Barnabas owe their existence to the work and vision of Canon Henry Cooper. In 1892, Cooper together with his second wife began the great task which was to occupy them for the next eight years, the creation of St Luke's Hostel in London and the Home of St Barnabas (later the College of St Barnabas ) near Lingfield in Surrey.

The Hostel of St Luke's was set up in Beaumont Street with the house accommodating seven patients. Two years later the Hostel moved to larger premises at 16 Nottingham Place. In 1904 two houses were acquired in Fitzroy Square and rebuilt.

1994 saw the start of a major refurbishment and redevelopment. This was completed in 1995 and on 17 January the Archbishop of Canterbury rededicated the Hospital. Today St Luke's is one of the best equipped and most up-to-date acute hospitals in London.

### **St Luke's offers a fresh experience in Independent Healthcare. Why is it so different?**

**First it is small** – it has 22 beds. This means each patient gets very individual treatment and attention.

**Secondly, it is a haven of peace in a busy world.** Although St Luke's is situated in London it prides itself on its atmosphere of peace and tranquillity. It is really a place where you can relax.

**Thirdly, it is probably the least expensive way** to enjoy independent healthcare. Very often the lowest insurance cover is sufficient. It is recognised by all the private insurers.

The Hospital of St Luke's aim is simple - to heal and make whole again all those who are eligible for treatment at St Luke's, to do so as quickly as they can, and as far as possible at a time convenient to the patient, so that they may return to their families and ministries with the minimum of delay and disruption.

Through its 220 Honorary Consultants, all of whom give their services without charge, the Hospital is able to offer treatment over a wide range of conditions and at a number of associated hospitals throughout the UK.

St Luke's is a charity (#209236). Their main business is bringing help and healing to eligible carers of the Anglican communion worldwide. St Luke's is run independently of the Anglican Church. While some charities spend up to 50% of their funds on administration, St Luke's can guarantee that 98% of their income goes directly into the special services and treatments that they offer. Every donation received, large or small, directly benefits the patients.

As a charity, they must raise enough money to support themselves through fundraising and generous donations. Despite a generous annual contribution from the Church and income from private patients, St Luke's needs over £4000 per day to continue offering its services. To do this it has to raise £4500 per day from various sources.

For more information on St Luke's Hospital for the Clergy, look at the Charity and Missions notice board in the Church hall in September or refer to [www.stlukeshospital.org.uk](http://www.stlukeshospital.org.uk).

Please do help by supporting St Luke's Hospital in your prayers in September:

- *Pray that St Luke's Hospital for the Clergy will receive the funding and donations they need to maintain their services offered*
- *Pray for clergy receiving medical care at St Luke's that they will have a full and speedy recovery so that they can return to their ministries*
- *Give praise for the many Honorary Consultants who offer their services at St Luke's Hospital without charge*
- *Give thanks for the help and healing St Luke's Hospital brings to eligible carers of the Anglican communion worldwide*

## *Word for the Month – Name*

George, Mary, David, Elizabeth, Robert, Victoria, Adam, Condoleeza. Some children are named after relatives or friends, some after people their parents admire, or qualities parents wish they had, like Patience. In the Bible, names often have a meaning, and children are often named for a reason: Isaac ("laughter"), Reuben ("he has seen my misery"), John ("God is gracious"), Jesus ("God saves"), though, as with Mary (perhaps "bitterness") or Caleb ("dog"), not always pleasantly. And pity any child named Mahershalalhashbaz ("hasten the spoil, hurry the plunder", after Isaiah's second son).

A name not only helps to identify someone, it also gives a certain power over someone (remember Rumpelstiltskin!) People who seek to hide take pseudonyms. People misbehaving in a crowd try hard not to give their names.

This is why God reminds us "I have called you by your name. You are mine." (Is. 43:1). We are God's possession, God's children.

But God's name (Yahweh, interpreted as "I am who I am") is quite different. God reveals it to Moses beside the burning bush (Ex. 3:14), but commands the wanderers in the desert not to misuse it. People were so afraid of misusing the name that they replaced it with "the Lord" whenever they read the Bible aloud, and hence the modern version of the name Jehovah, which has the consonants of Yahweh, but the vowels of *adonai*, Lord. In Revelation 19:12, Jesus, the Word of God, has "a name that no one knows but himself." God's name, like God's nature, is something special, something holy.

So in the Psalms we find the refrain "How majestic is your name in all the earth" (8:9), "All that is within me bless God's holy name" (103:1), "I will bless your name for ever and ever" (145:1), "Let the peoples bless your great and awesome name" (99:3). And in the prayer Jesus gave us as a model, we ask "Hallowed be your name."

This not only echoes Ps.99:3, but reminds us that ultimately God's kingdom will extend to every part of the universe, and that all will come together in a sea of praise - not just for a name, but for God in person. The Lord's Prayer is first and foremost a prayer for the coming of that kingdom, and for our own share in it.

In a secondary sense, having a good name means having a good reputation - and a bad name just the reverse. The builders of the Tower of Babel wanted to "make a name" for themselves (Gen. 11:4) - what sort of a name was a question of interpretation! We read of Jerusalem "making a name among the heathen" (Ezek. 16:14). And we remember, in the words of the King James version, that "some there be, which have no memorial, who are perished as though they had never been.... Their bodies are buried in peace, but their name

liveth for evermore." (Ecclus. 44:9,14).

The Letter to the Philippians, however, goes even further. In the Lord's Prayer, we pray for the day when God's name will be honoured everywhere. But Jesus, having emptied himself and taken the form of a servant, has received "the name that is above every name, so that at the name of Jesus, every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father."

- Hector Davie -



© www.parishpump.co.uk

*...firstly, thank you whoever it was who put two buttons in the collection plate last week - they turned out to be early Victorian, and I've just sold them on 'ebay' for £800 each!*



## Newspaper Headlines + Comments - Laughlines

- Man Kills Self Before Shooting Wife and Daughter  
This one I caught in the SGV Tribune the other day and called the Editorial Room and asked who wrote this. It took two or three readings before the editor realized that what he was reading was impossible!!!. They put in a correction the next day.
- Something Went Wrong in Jet Crash, Expert Says  
(No, really?)
- Police Begin Campaign to Run Down Jaywalkers  
(Now that's taking things a bit far!)
- Panda Mating Fails; Veterinarian Takes Over  
(What a guy!)
- Miners Refuse to Work after Death  
(No-good- for-nothing' lazy so-and-so's!)
- Juvenile Court to Try Shooting Defendant  
(See if that works any better than a fair trial!)
- War Dims Hope for Peace  
(I can see where it might have that effect!)
- If Strike Isn't Settled Quickly, It May Last Awhile  
(Ya think?!)
- Cold Wave Linked to Temperatures  
(Who would have thought!)
- Enfield ( London ) Couple Slain; Police Suspect Homicide  
(They may be on to something!)
- Red Tape Holds Up New Bridges  
(You mean there's something stronger than duct?)
- Man Struck By Lightning: Faces Battery Charge  
(He probably IS the battery charge)
- New Study of Obesity Looks for Larger Test Group  
(Weren't they fat enough?!)
- Local High School Dropouts Cut in Half  
(Chainsaw Massacre all over again!)
- Hospitals are Sued by 7 Foot Doctors  
(Boy, are they tall!)
- And the winner is....  
Typhoon Rips Through Cemetery; Hundreds Dead  
(Did I read that right?)

# deutsch aktiv

PRIVATE GERMAN LANGUAGE SCHOOL

Barbara M. Winter-Huggler, German Language Teacher

---

## German Language Courses

Beginners + Level A, B, C + Goethe Language Certificate Courses  
+ Business German + Conversation + Grammar

\* Individual Courses

\* Mini groups

\* Individual and group lessons Firm

---

For further information please contact me at:

Ensingerstrasse 9, 3006 Bern

**Tel. 031 352 04 75**

**Mobile 079 79 459 55**

or visit the website:

[www.deutsch-aktiv.ch](http://www.deutsch-aktiv.ch)

or write an e-mail:

[info@deutsch-aktiv.ch](mailto:info@deutsch-aktiv.ch)



## Malergeschäft Prince

Maler-, Gips- und Tapezierarbeiten  
Painting, Plastering, Decorating

Gutenbergstrasse 48  
3011 Bern

Telefon

**031 381 33 28**

Mobile

**079 408 38 45**

E-Mail:

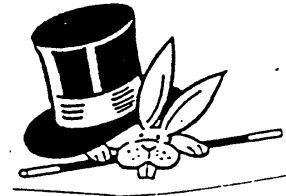
[m.prince@bluewin.ch](mailto:m.prince@bluewin.ch)



for young and old

**for all occasions:**

- Stage Performances
- Parlour Magic
- Children's Shows



**Peter Paul Merlin**  
**Creator of Miracles and Illusions**

To discuss any of your entertainment needs, please contact:

Peter P Morf  
 Schubertweg 5  
 CH-3073 Gümligen

☎ 031 951 45 48

**Member of:** Magic Circle of Switzerland  
 International Brotherhood of Magicians, USA  
 Magic Circle of Germany

## Ready...Steady...Bern!

**The Essential Course on Family Life in and around Bern**

- Have you recently moved to Bern with your family?
- Do you want to learn about family life quickly in a relaxed environment?
- Do you want to meet people in a similar position to you?
- Then the Ready...Steady...Bern! course is for you!

**Helping you settle successfully in and around Bern**

☎ 031 832 10 51 [www.readysteadyrelocate.com/bern](http://www.readysteadyrelocate.com/bern)

078 635 10 14 [bern@readysteadyrelocate.com](mailto:bern@readysteadyrelocate.com)



## **Zysset + Partner Ag. Gartenbau + Hauservice**

Gardening work and landscaping.

Schlossmattstrasse 1, 3600 Thun

Tel. 033 222 05 05, Fax 033 223 5025

Landscape gardening, lawn mowing,  
hedge cutting, seasonal work etc.etc.

### **Insurance & Financial Services**

**Toni Bachmann**

*AG für Werte*

Beatenbergstr. 9, Postfach 137, 3800 Unterseen

Phone: +41 033-336 9394, Mobile: +41 079-652 6619

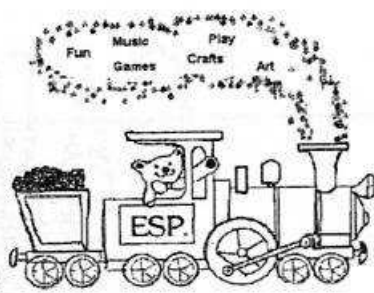
e-mail : [toni.bachmann@agfw.ch](mailto:toni.bachmann@agfw.ch)

Your local contact for International and Swiss:

- **Health- & Life-Insurance**
- **Car- & General-Insurance**
- **Pensions (private and employer)**
- **Savings, Investments**
- **Financial planning**
- **Retirement planning**
- **Tax advice, Tax-declarations**
- **Assistance in property purchasing**
- **Mortgage arrangements**

Many years experience advising international clients,  
firms & individuals

## English Speaking Playgroup



For children aged 3-15

The ESP's stimulating learning environment aims to further English language skills through play, stories, songs and crafts. For older children we have Reading and Writing classes to perfect their oral and written comprehension of English.

Classes are held in Breitenrain, Bern

For more information contact the ESP  
(031) 332 92 92  
[www.englishspeakingplaygroup.ch](http://www.englishspeakingplaygroup.ch)  
[info@englishspeakingplaygroup.ch](mailto:info@englishspeakingplaygroup.ch)

## Beauty 33 Teresa Robinson Cosmetic

- WILL TAKE CARE OF YOU
- IN A RELAXED AND FRIENDLY ATMOSPHERE.
  - LOCATED IN THE CENTRE OF TOWN
- WITH THE FINEST OF COSMETIC PRODUCTS

FOR FACIALS, MAKE UP, PEDICURE, WAXING, TINTING, BODY AND  
BACK MASSAGE AS WELL AS REFLEXOLOGY AT REASONABLE PRICES.

OPEN TUESDAY TILL SATURDAY  
APPOINTMENTS ALSO POSSIBLE OVER LUNCH TIME AND IN THE  
EVENINGS!

CALL 031/312 36 36

TERESA ROBINSON  
BEAUTICIAN  
SPITALGASSE 32  
3011 BERNE



## Why not join the International Club of Berne?

The club was formed in 1991 as a non-political, non-religious organization open to all men, women and their families, interested in meeting for social and cultural activities. Our aim is to facilitate a better understanding of - and integration into - Switzerland, through a variety of services, programmes and joint explorations of this country and its people. We welcome members from all over the world, and currently count some 160 members and their families from more than 30 nations. Our common language is English, but among our members many other languages can be heard. We are waiting to welcome you!

Write to: International Club of Berne, 3000 Berne

Or contact:

Werner Dettwiler, President:

Tel. 033 438 35 45;

E-mail: [wd@bluewin.ch](mailto:wd@bluewin.ch)

Annual membership fee: only CHF 35 for singles, CHF 45 for families

## Biological garden care

Soft garden Renovations

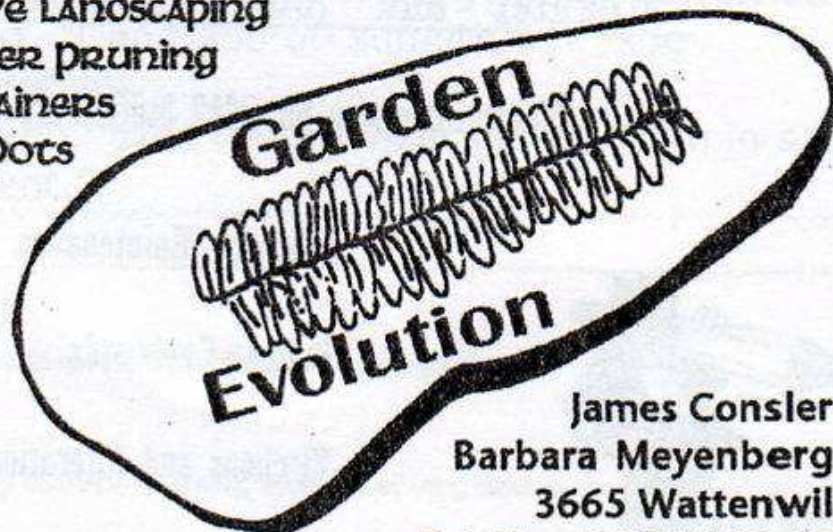
perennial planting design

native Landscaping

Winter pruning

Containers

and pots



James Consler  
Barbara Meyenberg  
3665 Wattenwil  
Tel./Fax 033 356 29 47

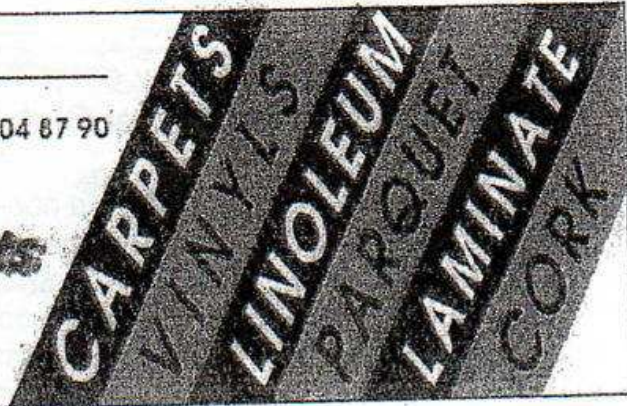


## Andy Prior

Hinterdorf 72, 3647 Reutigen  
Tel. 033/65714 93 Mobile: 079/204 87 90

**For All Your  
Flooring Requirements**

**Quality Products at  
Competitive Prices**



SWISS-BRITISH  
SOCIETY BERNE



The Swiss-British Society, Berne organizes and supports cultural and social events throughout the year, such as guided tours of museums, archives, collections, lectures, concerts and drama performances in and around Berne. All these have some strong British link. New members are always welcome. Our website hosted by the Federation of Anglo-Swiss Clubs is: [www.angloswissclubs.ch](http://www.angloswissclubs.ch)

Contact: Jenny Haller Pratt  
Balmweid 51, 4525 Balm  
☎ 032 637 34 84, [Jenny.Derek@freesurf.ch](mailto:Jenny.Derek@freesurf.ch)

## Carpenter and Joiner Ken Hawkes

Weiergrabenweg 50, 3612 Steffisburg



Property Maintenance

Built-in-Cupboards

Kitchens and Alterations

Tel + Fax 033 437 65 48

Mobile: 079 635 97 63

Email [hawkes.schreinerei@swissonline.ch](mailto:hawkes.schreinerei@swissonline.ch)

## The British School, Bern

[www.britishschool.ch](http://www.britishschool.ch)

Hintere Dorfasse 20, 3073 Gumligen, Switzerland  
Tel: +41 31 952 7555  
Fax: +41 31 952 7557  
E-mail: britishschool@bluewin.ch



- Established in 1988 for pupils aged three to eleven years
- 80 pupils of all nationalities
- Members of the Swiss Group of International Schools, affiliated with the European Community of International Schools and registered with the Bern Education Authority.
- Staff trained in Schools Attuned/All Kinds of Minds program

- Small class sizes with flexibility to meet the unique needs of individual students
- British and International curriculums taught in English, including classes in German as a second language, skiing, ice-skating and swimming
- Qualified teachers and learning support teachers
- English as a Second Language groups
- Friendly, family-like atmosphere

Early registration is recommended!

## *Laughline*

An airliner flew into a violent thunderstorm and was soon bumping round the sky. One very nervous lady happened to be sitting next to a clergyman and turned to him for comfort. "Can't you do something?" she demanded forcefully.

"I'm sorry ma'am," said the minister gently. "I'm in sales, not management."

### **WEIGHT ROOM**

step machine-stationary bicycles-special back strengthening program

### **AEROBICS**

beginners to advanced – step aerobics – morning, noon and evening classes

### **BABY SITTING**

monday-friday 9.00-11.45 – sfr 4.- per child – english and german spoken

### **SOLARIUM**

### **GYMLINE**

FITNESS FOR WOMEN  
SCHWARZTORSTR. 87  
3007 BERN  
TEL. 031 382 23 24



# Ministry Team

September 2008

## **BIBLE READING FELLOWSHIP**

Claire Morgenthaler 031 351 57 29

## **BOOK TABLE**

Rosalind Richards 026 401 14 21

Wendy Astor 031 302 02 14

## **CARETAKER**

Rolf Klingler 031 302 48 59

## **CATERING COORDINATOR**

Sharon Bachmann 033 336 93 78

## **CHILD PROTECTION OFFICER**

Shelagh Brawand 031 829 15 57

## **Church Council**

### *Lay Members:*

Tricia Carrick 031 535 53 28

John Eze 079 489 58 46

Giuseppina Güntert 031 351 67 11

Pieter Perrett 032 665 49 70

Kelly Sovilla 031 921 55 92

Hans Wenger 031 839 46 53

Maxine Wildhaber 031 301 75 62

### *Lay Representatives to Archdeaconry Synod:*

Hector Davie 031 971 27 71

Brian Morgan 031 971 13 36

Janet Wenger 031 839 46 53

### *Lay Representative to Diocesan Synod:*

Brian Morgan 031 971 13 36

### *Council Secretary (ad interim):*

Tricia Carrick 031 535 53 28

**CHURCH OFFICE** 031 352 85 67

*Administration:*  
Jana Kutesko  
Jennifer Hockley

## **Please call for an appointment**

Church Hall 031 351 05 76

Fax 031 351 05 48

## **CHURCHWARDENS**

Zoltan Balogh 031 921 16 45

Esther Hutchison 031 351 73 47

## **CRÈCHE**

Maxine Wildhaber 031 301 75 62

## **ELECTORAL ROLL OFFICER**

Patricia Carrick 031 535 53 28

## **ENVIRONMENT OFFICER**

Pieter Perrett 032 665 49 70

## **JUNIOR CHURCH LEADERS**

Kelly Sovilla 031 921 55 92

Donna Goepfert 031 931 27 42

## **LAY READER**

David Low 032 677 30 29

## **LIBRARY**

Heidi Gusset 031 849 20 74

## **LOST PROPERTY**

Church Office 031 352 85 67

## **MAGAZINE CIRCULATION**

Patricia Carrick 031 535 53 28

## **MAGAZINE COLLATION**

Annemarie Walthert 031 331 03 72

## **MAGAZINE EDITOR**

Wendy Astor 031 302 02 14

E-mail: [wendysa@swissonline.ch](mailto:wendysa@swissonline.ch)

## **NEUCHATEL CONTACTS**

Revd Roy Farrar 032 730 51 83

Jenny Veenendaal 032 841 64 32

## **ORGANIST / MUSIC COORDINATOR**

Hans-Karl Pfyffer 031 721 75 41

## **OUTREACH TEAM LEADER**

Sharon Bachmann 033 336 93 78

## **PARENTS AND TOTS**

Jackie Wilkinson 031 869 63 18

## **PATCHWORK**

Elisabeth Pfyffer 031 721 75 41

## **PRAYER AND CARE**

Church Office 031 352 85 67

## **ROTA COORDINATOR**

Martin Täuber 031 372 60 26

## **ROTAS**

**Chalice Bearers:** R Freiburghaus 031 992 56 15

**Flowers:** Y Chittazhathu 031 859 64 12

**Intercessions:** E Hutchison 031 351 73 47

**Servers:** R Freiburghaus 031 992 56 15

**Sidespersons:** W Astor 031 302 02 14

**Tea and Coffee:** E Stewardson 031 901 30 66

## **TREASURER**

Hector Davie 031 971 27 71

## **VESTRY**

Sue Faillettaz 031 832 42 45

St Ursula's website: [www.anglican.ch/berne](http://www.anglican.ch/berne)

E-mail: [berne@anglican.ch](mailto:berne@anglican.ch)

## **CHAPLAIN**

Revd Peter Potter 031 351 03 43

**Chaplain's Day off: Normally Wednesday**

## **HONORARY ASSISTANT CHAPLAIN**

Revd Linda Bisig 031 932 41 69



## **Excellence in International Education**

ISB has been providing an international education in English to families in the Canton of Berne and surrounding cantons since 1961

### **The International Baccalaureate Programme from ELC to Grade 12**

- ←• Small classes leading to an individualised approach to learning
- ←• A rich educational experience in the Heart of Switzerland
- ←• An educational programme with a focus on regional resources
- ←• Students from 40 nations provide an enriched cultural experience

### **Early Learning Centre**

Our ELC for children aged 3 to 5 has a choice of half day and full day programmes.

A warm and nurturing environment encouraging

- ←• socialization and language development
- ←• building independence

### **Elementary Kindergarten to Grade 5**

Introducing the IB Primary Years Programme

- ←• A transdisciplinary programme with inquiry as a pedagogical approach
- ←• A concept driven programme with a set of core concepts
- ←• Has an emphasis on meaning and understanding
- ←• Is based on learner's existing knowledge and their learning style

### **Secondary Grades 6 to 10**

Introducing the IB Middle Years Programme

- ←• A thorough study of all disciplines accentuating their interrelatedness
- ←• Fostering intercultural awareness and the importance of languages
- ←• A focus on student's intellectual development
- ←• Eight academic areas surrounding areas of interaction

### **Grades 11 – 12 IB Diploma**

An Intensive Programme preparing students for the IB Diploma Comprehensive pre university course

- ←• Recognised around the world as a premiere university entrance qualification
- ←• A symbol of academic excellence

### **For further information or a visit please contact us at:**

Mattenstrasse 3, 3073 Gümligen/Bern, Switzerland Tel. +41 (0)31 951 23 58, Fax. +41(0)31 951 17 10

e-mail: [office@isberne.ch](mailto:office@isberne.ch), [www.isberne.ch](http://www.isberne.ch)

## Sing my Tongue, the Glorious Battle

Sing, my tongue, the glorious battle,  
Sing the ending of the fray;  
Now above the cross, the trophy,  
Sound the loud triumphant lay:  
Tell how Christ the world's  
Redeemer,  
As a victim won the day.

He, our Maker, deeply grieving  
That the first made Adam fell,  
When he ate the fruit forbidden  
Whose reward was death and hell,  
Marked e'en then this Tree the ruin  
Of the first tree to dispel.

Tell how, when at length the fullness,  
Of th'appointed time was come,  
Christ, the Word, was born of  
woman,  
Left for us His heavenly home;  
Showed us human life made perfect,  
Shone as light amid the gloom.

Lo! He lies an Infant weeping,  
Where the narrow manger stands,  
While the Mother-Maid His members  
Wraps in mean and lowly bands,  
And the swaddling clothes is winding  
Round His helpless feet and hands.

Thus, with thirty years accomplished,  
Went He forth from Nazareth,  
Destined, dedicated, willing,  
Wrought His work, and met His  
death.  
Like a lamb He humbly yielded  
On the cross His dying breath.

There the nails and spears He  
suffers,  
Vinegar, and gall, and reed;  
From His sacred body piercèd  
Blood and water both proceed;  
Precious flood, which all creation  
From the stain of sin hath freed.

Faithful cross, thou sign of triumph,  
Now for us the noblest tree,  
None in foliage, none in blossom,  
None in fruit thy peer may be;  
Symbol of the world's redemption,  
For the weight that hung on thee!

Bend thy boughs, O tree of glory!  
Thy relaxing sinews bend;  
For awhile the ancient rigor  
That thy birth bestowed, suspend;  
And the King of heavenly beauty  
On thy bosom gently tend!

Thou alone wast counted worthy  
This world's ransom to sustain,  
That a shipwrecked race forever  
Might a port of refuge gain,  
With the sacred blood anointed  
Of the Lamb of sinners slain.

To the Trinity be glory  
Everlasting, as is meet:  
Equal to the Father, equal  
To the Son, and Paraclete:  
God the Three in One, whose praises  
All created things repeat.