

**WORLD O-SPORT FEDERATION**  
Is honored to proclaim herewith



# O-SPORT

**WOF World Seniors Championships 2009  
(Men & Women)**

**5<sup>th</sup> -9<sup>th</sup> February 2009 in Athens, Greece**

**Under the Auspices of :**

**International Council Science Sports and Physical Education (ICSSPE)**

Recognized By IOC and UNESCO

**The International Association of Sport Information (IASI)**

Recognized By IOC

**Hellenic Federation of Submission Grappling & Submission Fighting (HFSGSF)**

Court Des.Num. 3848/2003



# **WORLD O-SPORT FEDERATION**

## **WOF World Seniors Championship 2009**

5<sup>th</sup> -9<sup>th</sup> February 2009 in Athens-Greece,

### **Details of the O-Sport World Seniors Championships 2009**

- A. Invitation to all WOF Representatives and NOCs
- B. Referee & Judge Workshop and Examination Application
- C. Passport Details of group application & Entry Form by Number
- D. Arrival & Departure Application Form.
- E. Accommodation, Participation Fees, Referee & Judge Fee, Local Transport etc., expenditure.
- F. Individual Participation Application Form.
- G. Programs

### **Terms & Conditions**

- 1) The competition will be run according to the WOF Rules & Regulations.
- 2) The participants' expenditure towards accommodation, food, entry fee, transport etc., should be paid on arrival.
- 3) Participants will not be allowed without WOF Athletics Passport.
- 4) Protest:
  - a) Appeal against decision of Referee / Judge should be made immediately by the Team Manager to the Jury.
  - b) Event appeal to the Jury of appeal must be accompanied by a deposit of 100 EURO.
- 5) Medal & Diploma will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and joint 3<sup>rd</sup> places in each class.
- 6) Flag & Anthem: Please bring audio CD / Cassette tape of your National Anthem and 3 National Flags. (1) Table (2) 72 Cm x 120 Cm size 2 Nos.
- 7) Please inform about your flight schedule, arrival date, time and flight number and required hotel reservation by 10<sup>th</sup> December 2008.



## HELLENIC FEDERATION OF SUBMISSION GRAPPLING & SUBMISSION FIGHTING

Court Des.Num. 3848/2003  
AFFILIATED: World O-Sport Federation WOF  
ADDRESS: Surou 18-Kipseli T.K. 11361  
TEL: +30 210 8254795 MOBILE: +30 694 7889695  
WEBSITES: [www.mma-grappling.com](http://www.mma-grappling.com) , [www.orientalsport.org](http://www.orientalsport.org)  
EMAIL: [dimitriou\\_mma@yahoo.com](mailto:dimitriou_mma@yahoo.com) , [info@orientalsport.org](mailto:info@orientalsport.org) , [wof@worldoriental.org](mailto:wof@worldoriental.org)



Athens 12<sup>th</sup> November-2008

### Invitation

**To: The National Olympic Committees and Sport Authorities**  
**To: WOF National Associations /Federations**

Dear Sir/Madam

As official representative of WOF in Greece and President of Hellenic Federation of Submission Grappling & Submission fighting I am pleased and honored to invite you on behalf of the Executive Committee to the O-sport World Seniors Championships 2009 in Athens, the beautiful capital of Greece during the period 5<sup>th</sup> ~9<sup>th</sup> February 2009.

The O-sport World Seniors Championships 2009 will offer good opportunities to seniors to participate Free Fight (FFC), Shoot Fight (SFC), Part Fight (PFC) style will be organized in Seniors 18 to 35 years' old Men and Women Divisions:

May I invite you to come to Athens, and it gives me great pride that the O-sport World Seniors Championships 2009 is being hosted by a country, that is the birth place of the Olympic spirit.

Please find the practical details of the championships hereunder.

Yours sincerely  
Yours sincerely

**On behalf of H.F.S.G.S.F. Executive Committee**  
**Dimitriou Dimitriou**

**President,**  
**Hellenic Federation of Submission Grappling & Submission Fighting**  
**WOF National Representative of Greece**  
**WOF Vice-President**

# **WORLD O-SPORT FEDERATION**

## **WOF World Seniors Championship 2009**

5<sup>th</sup> -9<sup>th</sup> February 2009 in Athens-Greece,

### **Referee & Judges Workshop**

Dear Judges and Referees,

We are conducting WOF Referee and Judges World Team Workshop in Athens and also conduct examination. The successful candidates will be appointed by WOF as Judges and Referees for all future official events of WOF. You will be doing official job throughout the world on behalf of WOF. The successful candidates' names will be enlisted and updated.

As a Chairman of Referees & Judges Examination, I invite you to attend to the above course and examination. You are requested to attend 2 days training course from 5 to 6 February 2009 at Athens. Thereafter examination will be held.

In order to register for training for Referees and Judges course for different modes both theory and practical, you are requested to contact me.

Thanking you,

yours faithfully,  
**Mohammad Reza Abdi**

**Acting Chairman Referee & Judges Commission - WOF**

You are requested to fill in the following application form and send to us or to Athens.

| <b>Group Application Form</b> |     |     |         |                         |                            |
|-------------------------------|-----|-----|---------|-------------------------|----------------------------|
| Name of the Candidate         | Age | Sex | Address | Experience in WOF Style | Signature of the Candidate |
|                               |     |     |         |                         |                            |
|                               |     |     |         |                         |                            |
|                               |     |     |         |                         |                            |

Federation Name: .....

Representative Name: ..... Signature

.....

Note: Requested to send before 10<sup>th</sup> December 2008.

# **WORLD O-SPORT FEDERATION**

## **WOF World Seniors Championship 2009**

5<sup>th</sup> -9<sup>th</sup> February 2009 in Athens-Greece,

### **Passport Details of Group Application & Entry Form by Number** **Senior Men Division (18-35 years)**

#### **PART FIGHT (PFC) APPLICATION**

| Weight                                   | Full Name | Passport number | Nationality |
|--|-----------|-----------------|-------------|
| 1 <sup>st</sup> weight (53 until 56 kg ) |           |                 |             |
| 2 <sup>nd</sup> weight (56 until 60 kg)  |           |                 |             |
| 3 <sup>rd</sup> weight (60 until 64 kg ) |           |                 |             |
| 4 <sup>th</sup> weight (64 until 68 kg ) |           |                 |             |
| 5 <sup>th</sup> weight(68 until 72.5kg)  |           |                 |             |
| 6 <sup>th</sup> weight(72.5 until 79kg)  |           |                 |             |
| 7 <sup>th</sup> weight (79 until 86 kg)  |           |                 |             |
| 8 <sup>th</sup> weight (86 until 95kg)   |           |                 |             |
| 9 <sup>th</sup> weight (+ 95kg)          |           |                 |             |

#### **FREE FIGHT (FFC) APPLICATION**

| Weight                                   | Full Name | Passport number | Nationality |
|--|-----------|-----------------|-------------|
| 1 <sup>st</sup> weight (53 until 56 kg ) |           |                 |             |
| 2 <sup>nd</sup> weight (56 until 60 kg)  |           |                 |             |
| 3 <sup>rd</sup> weight (60 until 64 kg ) |           |                 |             |
| 4 <sup>th</sup> weight (64 until 68 kg ) |           |                 |             |
| 5 <sup>th</sup> weight(68 until 72.5kg)  |           |                 |             |
| 6 <sup>th</sup> weight(72.5 until 79kg)  |           |                 |             |
| 7 <sup>th</sup> weight (79 until 86 kg)  |           |                 |             |
| 8 <sup>th</sup> weight (86 until 95kg)   |           |                 |             |
| 9 <sup>th</sup> weight (+ 95kg)          |           |                 |             |

# **WORLD O-SPORT FEDERATION**

## **WOF World Seniors Championship 2009**

5<sup>th</sup> -9<sup>th</sup> February 2009 in Athens-Greece,

### **Passport Details of Group Application & Entry Form by Number** **Senior Men Division (18-35 years)**

#### **SHOOT FIGHT (SFC) APPLICATION**

| Weight                                   | Full Name | Passport number | Nationality |
|--|-----------|-----------------|-------------|
| 1 <sup>st</sup> weight (53 until 56 kg ) |           |                 |             |
| 2 <sup>nd</sup> weight (56 until 60 kg)  |           |                 |             |
| 3 <sup>rd</sup> weight (60 until 64 kg ) |           |                 |             |
| 4 <sup>th</sup> weight (64 until 68 kg ) |           |                 |             |
| 5 <sup>th</sup> weight(68 until 72.5kg)  |           |                 |             |
| 6 <sup>th</sup> weight(72.5 until 79kg)  |           |                 |             |
| 7 <sup>th</sup> weight (79 until 86 kg)  |           |                 |             |
| 8 <sup>th</sup> weight (86 until 95kg)   |           |                 |             |
| 9 <sup>th</sup> weight (+ 95kg)          |           |                 |             |

#### **Seniors Female Division (18-35 years)**

#### **PART FIGHT (PFC) APPLICATION**

| Weight                                   | Full Name | Passport number | Nationality |
|--|-----------|-----------------|-------------|
| 1 <sup>st</sup> weight (44 until 48 kg ) |           |                 |             |
| 2 <sup>nd</sup> weight (48 until 52 kg)  |           |                 |             |
| 3 <sup>rd</sup> weight (52 until 56 kg ) |           |                 |             |
| 4 <sup>th</sup> weight (56 until 60 kg ) |           |                 |             |
| 5 <sup>th</sup> weight(60 until 64 kg)   |           |                 |             |
| 6 <sup>th</sup> weight(64 until 68 kg)   |           |                 |             |
| 7 <sup>th</sup> weight(68 until 72.5kg)  |           |                 |             |
| 8 <sup>th</sup> weight(72.5 until 79kg)  |           |                 |             |

# **WORLD O-SPORT FEDERATION**

## **WOF World Seniors Championship 2009**

5<sup>th</sup> -9<sup>th</sup> February 2009 in Athens-Greece,

### **Entry Form by Number**

Must reach to Organizing Committee before **December 10<sup>th</sup>, 2008**

Federation Name:.....  
Country:..... Name of  
Representative:.....

Address:.....  
.....

E-mail:.....

Telephone / Fax:.....

| <b>Numbers of Delegation members</b> | <b>Male</b> | <b>Female</b> |
|--------------------------------------|-------------|---------------|
| Number of officials                  |             |               |
| Number of Referees                   |             |               |
| Number of Athletes                   |             |               |
| Other members included               |             |               |
| <b>Total</b>                         |             |               |

Signature/Stamp: \_\_\_\_\_

Date:

To get the visa Document from us please send your delegation Names, passport numbers, date of issue, date of expire, date of birth, your Fax Number and the Fax Number of the Greek Embassy or Consulate in your city.

For more Information or Visa Documents please contact the federation:

Please send entry by Number. Before December 10<sup>th</sup>, 2008 to WOF HQ:

**World Oriental Sport Federation Headquarters:**

**Website:** [www.worldoriental.org](http://www.worldoriental.org)

**E-mail:** [info@orientalsport.org](mailto:info@orientalsport.org)

**Tel /Fax: + 98 811 4252828, 4252182**

# **WORLD O-SPORT FEDERATION**

## **WOF World Seniors Championship 2009**

5<sup>th</sup> -9<sup>th</sup> February 2009 in Athens-Greece,

**D)**

### **Arrival & Departure Details**

Federation Name:.....

Country:..... Name of

Representative:.....

Address:.....

.....

E-mail:.....

Telephone / Fax:.....

### **Flight Schedule:**

Date of Arrival: ..... Time of Arrival:..... No.

of Persons:..... Flight No:..... Airline

Name:.....

Date of Departure: ..... Time of Departure:..... No. of

Persons:..... Flight No:..... Airline

Name:.....



# **WORLD O-SPORT FEDERATION**

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5<sup>th</sup> -9<sup>th</sup> February 2009 in Athens-Greece,

### **Accommodation, Participation Fees**

The following are the details of expenditure towards accommodation, food, local transport, WOF Athletics passport fee, entry fee for each category.

#### **I ACCOMMODATION and LOCAL TRANSPORT**

Accommodation will be in central of Athens Hotel witch including your transfers, Breakfast and Dinner per person 60 Euro Per day.

#### **II WOF ATHLETIC PASSPORT FEE & ENTRY FEE:**

WOF Athletic Passport Fee: All competitors must pay 75 Euro per person for their participations.

# **WORLD O-SPORT FEDERATION**

## **WOF World Seniors Championship 2009**

5<sup>th</sup> -9<sup>th</sup> February 2009 in Athens-Greece,

F)

### **Individual Participation Application Form**

Name:..... Sex : .....

State:..... Instructor : .....

Weight Category : ..... Event: .....

Weight ..... Kgs

Height: ..... Age: ..... Blood Group: .....

#### **MEDICAL DECLARATION:**

*To be completed by the entrants Doctor*

I hereby declare that ..... is in good health, without any serious illness or disease and is fit to take part in rigorous physical activity.

Signature : ..... Date : .....

Doctor's Office

Stamp : .....

I hereby declare that I have answered all questions honestly and I am fit enough to take part in competitions that I take full responsibility for myself.

Signature: ..... Date : .....

**Consent of Parents :** Consent of the Parents is required for a competitors below the age of 18 years.

I, the undersigned, the father / mother / guardian of the above named contestant hereby give my consent to him / her to participate and shall not hold the organizers or any other person or organization responsible for any accident or injury sustained by my ward at the championship.

Date: .....

Signature: .....

#### **CONDITIONS FOR PARTICIPATION:**

1. Oriental competition will be held on individual basis for both male and female competitors.
2. Each competitor is required to have his / her own boxing / Grappling gloves, mouth pieces and groin protectors, shin guard and shoes as a precaution against accidents.
3. Each competitor must have birth certificate and medical certificates approving his / her physical fitness to compete.
4. Competitors shall take part in the above championships at their own expenses and risk. The organizers, the WOF officials and any of the participants shall not be held responsible for any accident or injuries (serious or otherwise) which any of the competitors / participants may sustain in the above championships.
5. All competitors are required to possess the latest passport of WOF per style.

# **WORLD O-SPORT FEDERATION**

## **WOF World Seniors Championship 2009**

5<sup>th</sup> -9<sup>th</sup> February 2009 in Athens-Greece,

**G)**

### **Program**

| Date                          | Activity  |
|-------------------------------|---|
| 5 <sup>th</sup> February 2009 | Arrival of assignments  |
| 6 <sup>th</sup> February 2009 | Weigh in and Physical Medical Examination<br>Team Managers Meeting, Official Draw |
| 7 <sup>th</sup> February 2009 | Preliminary Fights – semi finals Fights   |
| 8 <sup>th</sup> February 2009 | Final Fights  |
| 9 <sup>th</sup> February 2009 | Departure of assignments  |