

# Become a Mentor!

### Overview

The LINKS Mentoring Program is seeking adult volunteer mentors to become positive role models for students at Elinor Hickey Jr/Sr High School and Calvine Continuation High School.

This mentoring program is unique because it offers ongoing support to mentor/protégé matches by providing staff-facilitated, structured mentoring sessions each week. The mentor/protégé matches benefit from group interaction and one-to-one time and can always rely on staff to bring ideas for fun and meaningful interaction.

Mentors meet with their protégés for one hour each week. The mentoring sessions consist of group activities combined with one-to-one time for mentors and protégés. The meetings and activities focus on specific themes, including Career Exploration/Job-Seeking Skills, Interpersonal/Life Skills, Financial Savvy and Money Management, Community Service/Service Learning projects, Health and Wellness, and Planning for the Future. A program staff member is assigned to each school and facilitates each group mentoring session, providing organized activities, materials and support.

We are seeking adult mentors to participate during the 2014-15 school year. You may commit to one semester or a full school year. Mentoring sessions occur during the school day, usually mid-morning or early afternoon. Participating students have expressed a desire to work with a mentor to help them prepare for life after high school and have completed an application and orientation process.

## 2014-15 School Year – Available Schools and Tentative Mentoring Sessions

- ✓ Calvine High School Mentoring Sessions Thursdays, 10:30 to 11:30 a.m. or 2:30 to 3:30 p.m. 8333 Vintage Park Drive, Sacramento 95828
- ✓ Elinor Hickey Jr/Sr High School Mentoring Sessions Tuesdays, 1:00 to 2:00 p.m. 2040 Ethan Way, Sacramento 95825

#### **How to Become a Mentor**

- ✓ Request an application packet by contacting Lindsay Cathcart at (916) 228-2565/desk, (916) 204-2654/cell or lcathcart@scoe.net
- ✓ Schedule and attend an interview/orientation meeting
- ✓ Complete background check and TB test and receive clearance
- ✓ Attend a brief mentor training
- ✓ Be matched with a student at the school site convenient to you
- ✓ Attend mentor sessions once per week as scheduled

For businesses, service groups and other organizations, please call Cheryl Raney at 228-2201 for more information or to schedule a presentation.





NOTE: Information is for office use only and will be maintained as confidential.

# **MENTOR APPLICATION**

Thank you for your interest in becoming a mentor. The LINKS Mentoring Program is designed to provide mentors to young people in grades 9-12. The program is designed to help students improve academic performance, attendance and social skills by matching students with an adult friend and providing structured, facilitated activities for each mentoring session.

The information requested in this application will be used to match adults and students. Please complete the application and return it to our office. Potential mentors will be called to schedule interviews. If you are unable to begin mentoring now, but are interested in mentoring in the future, please submit the application to our office now and complete the orientation and background clearance process.

Send the completed application by U.S. mail to Lindsay Cathcart at Sacramento County Office of Education, Prevention & Student Services, P.O. Box 269003, Sacramento, CA 95826-9003 by fax to (916) 228-2216 or by email to lcathcart@scoe.net.

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En	nployer		Date	S		Position	
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College or Trade School			Degree/Certificate			Date	
EXPERIEN	ICE - List any experie	ence you have had w	orking with or men	toring youth (where, whe	n, and your rol	le or respons	ibility)
						/continuo	d on the hack)

HORRIES OK INTERESTS	i 		
PERSONAL STATEMENT become a mentor.	' - Write a brief statement telling u	s why you believe mentoring is import	ant and why you would like to
	S - List three (3) personal references you have known for at least two (2)   RELATIONSHIP	s that we may contact. Please do not years. ADDRESS/CITY/ZIP	list immediate family members.  PHONE
	our per week. Please check which 333 Vintage Park Drive, Sacrame	n school site works best for you. Ava	ailable mentoring locations:
☐ E.L. Hickey Jr./Sr. High	n School, 2040 Ethan Way, Sacra	mento	
	STATEMENT	OF COMMITMENT	
-	gative TB test are required, and v	n indicated above. I understand that vill be arranged by the Sacramento (	
Applicant's Signature			Date
	FMPI NYFR/SIIP	ERVISOR APPROVAL	
I agree to the time commitr		ployee to participate in this mentor p	rogram.
Employer/Supervisor Signatur			 Date