Medical Examination Report
For Massachusetts Hoisting License Fitness Determination

1. APPLICANT INFORMATION
Applicant completes this section

Applicant's Name (Last, First, Middle)	Social Security No.	Birthdate M / D / Y	Age	Sex ☐ M ☐ F	☐ New Certification ☐ Recertification ☐ Follow Up	Date of Physical
Address	City, State, Zip Code	Work Tel: ( ) Home Tel: ( )			Driver License No.	State of Issue

2. HEALTH HISTORY
Applicant completes this section, but medical examiner is encouraged to discuss with applicant.

Yes No
- ☐ ☐ Any illness or injury in last 5 years?
- ☐ ☐ Head/brain injuries, disorders or illnesses
- ☐ ☐ Seizures, epilepsy
  - ☐ medication ___________________
- ☐ ☐ Eye disorders or impaired vision (except corrective lenses)
- ☐ ☐ Ear disorders, loss of hearing or balance.
- ☐ ☐ Heart disease or heart attack; other cardiovascular condition
  - ☐ medication ___________________
- ☐ ☐ Heart surgery (valve replacement/bypass, angioplasty, pacemaker)
- ☐ ☐ High blood pressure ☐ medication _____________________
- ☐ ☐ Muscular disease
- ☐ ☐ Shortness of breath

Yes No
- ☐ ☐ Lung disease, emphysema, asthma, chronic bronchitis
- ☐ ☐ Kidney disease, dialysis
- ☐ ☐ Liver disease
- ☐ ☐ Digestive problems
- ☐ ☐ Diabetes or elevated blood sugar controlled by:
  - ☐ diet
  - ☐ pills
  - ☐ insulin
- ☐ ☐ Nervous or psychiatric disorders, e.g., severe depression
  - ☐ medication ____________________
- ☐ ☐ Loss of or altered consciousness

Yes No
- ☐ ☐ Fainting, dizziness
- ☐ ☐ Sleep disorders, pauses in breathing while asleep, daytime sleepiness, loud snoring
- ☐ ☐ Stroke or paralysis
- ☐ ☐ Missing or impaired hand, arm, foot, leg, finger, toe
- ☐ ☐ Spinal injury or disease
- ☐ ☐ Chronic low back pain
- ☐ ☐ Regular, frequent alcohol use
- ☐ ☐ Narcotic or habit forming drug use

For any YES answer, indicate onset date, diagnosis, treating physician's name and address, and any current limitation. List all medications (including over-the-counter medications) used regularly or recently.

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I certify that the above information is complete and true. I understand that inaccurate, false or missing information may invalidate the examination and my Medical Examiner's Certificate.

_______________________________ Applicant's Signature

_______________ Date

Medical Examiner's Comments on Health History (The medical examiner must review and discuss with the applicant any "yes" answers and potential hazards of medications, including over-the-counter medications, while operating hoisting equipment.)

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TESTING (Medical Examiner completes Section 3 through 7)

3. VISION

Standard: At least 20/40 acuity (Snellen in each eye with or without correction. At least 70 peripheral in horizontal meridian measured in each eye. The use of corrective lenses should be noted on the Medical Examiner's Certificate.

INSTRUCTIONS: *When other than the Snellen chart is used, give test results in Snellen-comparable values. In recording distance vision, use 20 feet as normal. Report visual acuity as a ratio with 20 as numerator and the smallest type read at 20 feet as denominator. If the applicant wears corrective lenses, these should be worn while visual acuity is being tested. If the driver habitually wears contact lenses, or intends to do so while driving, sufficient evidence of good tolerance and adaptation to their use must be obvious. Monocular drivers are not qualified.*

Numerical readings must be provided.

ACUITY	UNCORRECTED	CORRECTED	HORIZONTAL FIELD OF VISION
Right Eye			
Left Eye			
Both Eyes			

Applicant can recognize and distinguish among traffic control signals and devices showing standard red, green and amber colors? ☐ Yes ☐ No

Applicant meets visual acuity requirement only when wearing: ☐ corrective Lenses

Monocular Vision: ☐ Yes ☐ No

Complete next line only if vision testing is done by an ophthalmologist or optometrist

Date of Examination	Name of Ophthalmologist or Optometrist (print)	Tel. No.	License No. / State of Issue	Signature

4. HEARING

Standard: a) Must first perceive forced whispered voice≥5 ft., with or without hearing aid, or b) average hearing loss in better ear ≤ 40 dB.

☐ Check if hearing aid used for tests. ☐ Check if hearing aid required to meet standard.

Numerical readings must be recorded

a) Record distance from individual at which forced whispered voice can first be heard	Right Ear	Left Ear
	Feet	Feet

b) If audiometer is used, record hearing loss in decibels.	Right Ear			Left Ear		
	500 Hz	1000 Hz	2000 Hz	500 Hz	1000 Hz	2000 Hz

5. BLOOD PRESSURE / PULSE RATE

Numerical readings must be recorded

Blood Pressure	Systolic	Diastolic

Applicant qualified if <= 160/90 on initial exam

Pulse Rate		
	Beats per minute	☐ Regular ☐ Irregular

6. LABORTORY AND OTHER TEST FINDINGS

Numerical readings must be recorded

Urinalysis is required. Protein, blood or sugar in the urine may be an indication for further testing to rule out any underlying medical problems.

Urine Specimen	Specific Gravity	Protein	Blood	Sugar

Other Testing: *(Describe and record)*

7. PHYSICAL EXAMINATION

Height:_________(in.) Weight:_________(lbs.)

Check YES if there are any abnormalities. Check NO if the body system is normal. Discuss any YES answers in detail in the space below and indicate whether it would affect the applicants ability to operate heavy equipment safely.

BODY SYSTEM	CHECK FOR:	YES	NO
General Appearance	Marked overweight, tremor, signs of alcoholism, problem drinking, or drug abuse		
Eyes	Pupillary equality, reaction to light, accommodation, ocular motility, ocular muscle imbalance, extraocular movement, nystagmus, exophthalmos, strabismus uncorrected by corrective lenses, retinopathy, cataracts, aphakia, glaucoma, macular degeneration		
Ears	Middle ear disease, occlusion of external canal, perforated eardrums		
Mouth and Throat	Irremediable deformities likely to interfere with breathing or swallowing.		
Heart	Murmurs, extra sounds, enlarged hear, pacemaker		
Lungs and chest, not including breast examination	Abnormal check wall expansion, abnormal respiratory rate, abnormal breath sounds including wheezes or alveolar rales, impaired respiratory function, dyspnea, cyanosis. Abnormal findings on physical exam may require further testing such as pulmonary tests and/or xray of chest.		

BODY SYSTEM	CHECK FOR:	YES	NO
Abdomen and Viscera	Enlarged liver, enlarged spleen, masses, bruits, hernia, significant abdominal wall muscle weakness.		
Vascular System	Abnormal pulse and amplitude, carotid or arterial bruits, varicose veins.		
Genito-urinary System	Hernias		
Extremities – limb impaired. Applicant may be subject to SPE certificate if otherwise qualified	Loss or impairment of leg, foot, toe, arm, hand, finger, perceptible limp, deformities, atrophy, weakness, paralysis, clubbing, edema, hypotonia, insufficient grasp and prehension in upper limb to maintain steering wheel grip. Insufficient mobility and strength in lower limb to operate pedals properly.		
Spine, other musculoskeletal	Previous surgery, deformities, limitation of motion, tenderness.		
Neurological	Impaired equilibrium, coordination or speech pattern; parethesia, asymmetric deep tendon reflexes, sensory or positional abnormalities, abnormal patellar and Babinski's reflexes, ataxia.		

COMMENTS
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Note certification status here.

- [ ] Meets standards in 49 CFR 391.41; qualifies for a 2 year certificate
- [ ] Does not meet standards
- [ ] Meets standards, but periodic evaluation is required, due in _______ months.
- [ ] Temporarily disqualified due to (condition or medication) ______________________________
- [ ] Wearing corrective lenses
- [ ] Wearing hearing aid
- [ ] Accompanied by a ______________________________waiver / exemption
- [ ] Skill Performance Evaluation (SPE) Certificate
- [ ] Qualified by operation of 49 CFR 391.64

Medical Examiner's Signature:______________________________

Medical Examiner's Name (print):______________________________

Address:______________________________

Telephone Number:______________________________

Date of Medical Examination:______________________________