# Nursing Assessment and NHS Continuing Healthcare Needs Checklist to be used in the area covered by Blackpool, Central Lancashire, and North Lancashire Primary Care Trusts



| Patient Name   |                   | D.O.B.              | Patient ID: NHS Number                                    |  |  |
|--|-------------------|---------------------|---|--|--|
| (or patient label)   |                   |                     | Social Service User Number                                |  |  |
|  |                   |                     |   |  |  |
| Address  |                   | G.P.                |   |  |  |
| Tel:   |                   | Address             |   |  |  |
|  |                   |                     |   |  |  |
| Current leastion   |                   |                     |   |  |  |
| Current location<br>e.g Ward,  |                   |                     |   |  |  |
| Care Home  |                   |                     |   |  |  |
| Diagnosis  | Past Medical I    | History             |   |  |  |
|  |                   | ,                   |   |  |  |
|  |                   |                     |   |  |  |
|  |                   |                     |   |  |  |
|  |                   |                     |   |  |  |
| Name & relationship of Next of Kin   | Social Worker     | / Case Manager &    | & Authority   |  |  |
|  |                   | / ouse manager c    |   |  |  |
|  |                   |                     |   |  |  |
|  |                   |                     |   |  |  |
| Tel:   | Tel:              |                     |   |  |  |
| Patient's understanding of the problem and their preferred solution:       | Carers' unders    | standing of the pro | blem and their preferred solution (if appropriate):       |  |  |
|  |                   |                     |   |  |  |
|  |                   |                     |   |  |  |
| Name & Signature of Nurse Assessor & Work Address / Contact Number         | Name & addre      | ess of Care Home    | Placement (if relevant)                                   |  |  |
|  |                   |                     |   |  |  |
|  |                   |                     |   |  |  |
|  |                   |                     |   |  |  |
| Date assessment completed  |                   |                     |   |  |  |
|  |                   |                     |   |  |  |
| Name of nurse assisting with the assessment                                |                   |                     |   |  |  |
|  |                   |                     |   |  |  |
|  |                   |                     |   |  |  |
|  |                   |                     |   |  |  |
| The information contained in this document is confidential. It may need to | be shared with p  | rospective Care     | Home owners and other statutory agencies to determine the |  |  |
| appropriate continuing care placement for the patient/client. This has bee | en discussed with |                     |   |  |  |
| can be shared with prospective Care Home owners and other statutory ac     | gencies.          |                     |   |  |  |



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# **NHS Continuing Healthcare Checklist**

Included in this form is the Checklist is to help practitioners identify people who need a full consideration of whether they have a primary health need and qualify for NHS Continuing Healthcare. Please note that referral for consideration for NHS Continuing Healthcare is not an indication of the outcome of the eligibility decision: this should also be communicated to the individual and their representative as appropriate.

The Checklist is based on the Decision Support Tool. The notes on the Decision Support Tool, and the National Framework guidance, will help you understand this tool, any practitioner who wants to use any of the tools should attend national training, or regional training using national training materials, and ensure that their Continuing Care Lead within their organisation is aware that they are using it, before starting.

Because of the intention to use the tool in a variety of settings, slight adjustments might be necessary to align the tool with local procedures. Your local Primary care trusts have combined to adapt the National Checklist to include a nursing assessment, to simplify the process for our practitioners. However, the body of the tool remains the same. Other, none nursing practitioners can use the National Checklist to refer for a Continuing Healthcare assessment if an appropriate referral would otherwise be missed.

Please compare the descriptions of need to the needs of the individual and tick the boxes as appropriate. Consider all the descriptions. If the individual's need meets or exceeds the description given, tick the box in the first column (column A). If there is need in some or all of these areas, but the level of need falls just below that described in the main statement, please tick the box in the second column (column B). If the individual clearly does not meet the described need, please tick the box in column C.

A full consideration of eligibility is required if there are:

- two or more ticks in column A
- five or more ticks in column B; or one tick in A and four in B
- one tick in column A in one of the boxes marked with an asterisk (ie, the domains which carry a priority level in the Decision Support Tool), with any number of ticks in the other two columns.

There may also be circumstances where you consider that a full consideration for NHS Continuing Healthcare is necessary even though the individual does not apparently meet the indicated threshold.

Whatever the outcome, you should record written reasons for the decision along with your signature and the date the Checklist was completed. You should inform the individual and/or carer of the decision with a clear explanation of the basis for the decision (written if appropriate). You should explain that if they feel a decision of ineligibility was incorrectly reached, they may request a full assessment, and that this request will be given due consideration, taking into account all the information available

Please ensure all eleven care domains have a tick in one of the three boxes, A, B or C before completing the recommendation on pages 8 &10. If you require extra space for your assessment use page 9. Version 1 Oct 2007



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| Domain Assessment of Need |   |     | NHS Continuing Healthcare Needs Checklist                         |  |  |  |  |
|---------------------------|---|-----|---|--|--|--|--|
|                           | Nurse requi<br>meet the   |     | s a Registered<br>urse required to<br>meet these<br>ssessed needs |  | A  | В  | С  |
| Domain                    | Assessment of Need<br>What are the individuals needs in relation to<br>this domain, and how much if any of these<br>needs require a Registered Nurse input? | Yes | No  | Description  | Meets /<br>Exceeds<br>the<br>described<br>need | Borderline<br>– nearly<br>meets the<br>described<br>need | Clearly<br>does not<br>meet the<br>described<br>need |
| Behaviour*                |   |     |   | "Challenging" behaviour that poses a<br>predictable risk to self or others. The risk<br>assessment indicates that planned<br>interventions are effective in minimising<br>but not always eliminating risks.<br>Compliance is variable but usually<br>responsive to planned interventions.  |  |  |  |
| Cognition                 |   |     |   | High level of cognitive impairment which is<br>likely to include marked short-term<br>memory issues and maybe disorientation<br>in time and place. The individual has a<br>limited ability to assess basic risks with<br>assistance but finds it extremely difficult to<br>make their own decisions/choices, even<br>with prompting and supervision. |  |  |  |



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| Domain                      | Assessment of Need  | Assessment of Need                           |                   |   | NHS Continuing Healthcare Needs Checklist      |  |  |  |  |
|-----------------------------|---|--|-------------------|---|--|--|--|--|--|
|                             |   | Is a Regi<br>Nurse req<br>meet t<br>assessed | luired to<br>hese |   | A  | В  | С  |  |  |
| Domain                      | Assessment of Need<br>What are the individuals needs in relation to<br>this domain, and how much if any of these<br>needs require a Registered Nurse input? | Yes  | No                | Description   | Meets /<br>Exceeds<br>the<br>described<br>need | Borderline<br>– nearly<br>meets the<br>described<br>need | Clearly<br>does not<br>meet the<br>described<br>need |  |  |
| Psychological/<br>Emotional |   |  |                   | Mood disturbance or anxiety symptoms or<br>periods of distress that has/have a severe<br>impact on the individual's health and/or<br>wellbeing<br><b>OR</b><br>Withdrawn from any attempts to engage<br>them in support, care planning and daily<br>activities. |  |  |  |  |  |
| Communication               |   |  |                   | Unable to reliably communicate their<br>needs at any time and in any way, even<br>when all practicable steps to do so have<br>been taken.   |  |  |  |  |  |

Please ensure all eleven care domains have a tick in one of the three boxes, A, B or C before completing the recommendation on 4 pages 8 &10. If you require extra space for your assessment use page 9. Version 1 Oct 2007



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| Domain    | Assessment of Need  |  |                  | NHS Continuing Healthcare Needs Checklist   |  |  |  |
|-----------|---|--|------------------|---|--|--|--|
|           |   | Is a Regi<br>Nurse req<br>meet t<br>assessed | uired to<br>hese |   | Α  | В  | С  |
| Domain    | Assessment of Need<br>What are the individuals needs in relation to<br>this domain, and how much if any of these<br>needs require a Registered Nurse input? | Yes  | No               | Description   | Meets /<br>Exceeds<br>the<br>described<br>need | Borderline<br>– nearly<br>meets the<br>described<br>need | Clearly<br>does not<br>meet the<br>described<br>need |
| Mobility  |   |  |                  | In one position (bed or chair) but due to<br>risk of physical harm or loss of muscle<br>tone or pain on movement needs careful<br>positioning and is unable to cooperate.<br><b>OR</b><br>At a high risk of falls.<br><b>OR</b><br>Involuntary spasms or contractures<br>placing themselves and carers or care<br>workers at risk.  |  |  |  |
| Nutrition |   |  |                  | Dysphagia requiring skilled intervention to<br>ensure adequate nutrition/hydration and<br>minimise the risk of choking and aspiration<br>to maintain airway.<br>OR<br>Subcutaneous fluids, managed by<br>individual or specifically trained<br>carers/care workers.<br>OR<br>Nutritional status "at risk" - may be<br>associated with unintended, significant<br>weight loss.<br>OR<br>Problems relating to a feeding device (for<br>example P.E.G.) that require skilled<br>assessment and review. |  |  |  |

Please ensure all eleven care domains have a tick in one of the three boxes, A, B or C before completing the recommendation on 5 pages 8 &10. If you require extra space for your assessment use page 9. Version 1 Oct 2007



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| Domain         | Assessment of Need  |   |                   | NHS Continuing Hea   | Ithcare N                                      | eeds Che   | cklist   |
|----------------|---|---|-------------------|--|--|--|--|
|                |   | Is a Reg<br>Nurse rec<br>meet t<br>assessed | quired to<br>hese |  | Α  | В  | С  |
| Domain         | Assessment of Need<br>What are the individuals needs in relation to<br>this domain, and how much if any of these<br>needs require a Registered Nurse input? | Yes   | No                | Description  | Meets /<br>Exceeds<br>the<br>described<br>need | Borderline<br>– nearly<br>meets the<br>described<br>need | Clearly<br>does not<br>meet the<br>described<br>need |
| Continence     |   |   |                   | Continence care is problematic and requires timely and skilled intervention.   |  |  |  |
| Skin integrity |   |   |                   | Open wound(s), pressure ulcer(s) with "full<br>thickness skin loss involving damage or<br>necrosis to subcutaneous tissue, but not<br>extending to underlying bone, tendon or<br>joint capsule" which are not responding to<br>treatment and require a minimum of daily<br>monitoring/reassessment.<br><b>OR</b><br>A skin condition which requires a minimum<br>of daily monitoring or reassessment.<br><b>OR</b><br>Specialist dressing regime in place which<br>is responding to treatment. |  |  |  |



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| Domain   | Assessment of Need  |   |                   | NHS Continuing Healthcare Needs Checklist   |  |  |  |
|--|---|---|-------------------|---|--|--|--|
|  |   | Is a Reg<br>Nurse req<br>meet t<br>assessed | luired to<br>hese |   | Α  | В  | С  |
| Domain   | Assessment of Need<br>What are the individuals needs in relation to<br>this domain, and how much if any of these<br>needs require a Registered Nurse input? | Yes   | No                | Description   | Meets /<br>Exceeds<br>the<br>described<br>need | Borderline<br>– nearly<br>meets the<br>described<br>need | Clearly<br>does not<br>meet the<br>described<br>need |
| Breathing*   |   |   |                   | Is able to breathe independently through a<br>tracheotomy, that they can manage<br>themselves, or with the support of carers<br>or care workers.<br><b>OR</b><br>CPAP (Continuous Positive Airways<br>Pressure).<br><b>OR</b><br>Breathlessness due to symptoms of chest<br>infections which are not responding to<br>therapeutic treatment and limit all activities<br>of daily living activities.                       |  |  |  |
| Drug Therapies<br>& Medication:<br>Symptom<br>control* |   |   |                   | Requires administration of medication<br>regime by a registered nurse or care<br>worker specifically trained for this task,<br>and monitoring because of potential<br>fluctuation of the medical condition or<br>mental state, that is usually non-<br>problematic to manage.<br><b>OR</b><br>Moderate pain or other symptoms which<br>is/are having a significant effect on other<br>domains or on the provision of care |  |  |  |

Please ensure all eleven care domains have a tick in one of the three boxes, A, B or C before completing the recommendation on 7 pages 8 &10. If you require extra space for your assessment use page 9. Version 1 Oct 2007



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| Domain                              | Assessment of Need  |   |                  | NHS Continuing Healthcare Needs Chec                              |  |  | cklist   |
|-------------------------------------|---|---|------------------|---|--|--|--|
|                                     |   | Is a Reg<br>Nurse rec<br>meet t<br>assessed | uired to<br>hese |   | Α  | В  | С  |
| Domain                              | Assessment of Need<br>What are the individuals needs in relation to<br>this domain, and how much if any of these<br>needs require a Registered Nurse input? | Yes   | No               | Description   | Meets /<br>Exceeds<br>the<br>described<br>need | Borderline<br>– nearly<br>meets the<br>described<br>need | Clearly<br>does not<br>meet the<br>described<br>need |
| Altered States of<br>Consciousness* |   |   |                  | ASC that require skilled intervention to reduce the risk of harm. |  |  |  |
| Total from both pages               |   |   |                  |   |  |  |  |



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#### Continuation Sheet if you require more space to complete Assessment of Need

| Domain | Assessment of Need (continued) |
|--------|--------------------------------|
|        |                                |
|        |                                |
|        |                                |
|        |                                |
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A full consideration of eligibility is required if there are:

- two or more ticks in column A
- five or more ticks in column B; or one tick in A and four in B
- one tick in column A in one of the boxes marked with an asterisk (i.e. the domains which carry a priority level in the Decision Support Tool), with any number of ticks in the other two columns.

There may also be circumstances where you consider that a full consideration for NHS Continuing Healthcare is necessary even though the individual does not apparently meet the indicated threshold.

#### Please circle the outcome indicated by the checklist:

1. Referral for full consideration for NHS Continuing Healthcare is necessary

or

2. No referral for full consideration for NHS Continuing Healthcare is necessary

#### **Rationale for decision on NHS Continuing Healthcare Needs Checklist**

If a referral for full consideration for NHS Continuing Healthcare is necessary go to the final page of the form to complete this page including the attendees and signatures details, fax the completed form to the relevant PCT office and arrange a multidisciplinary team to complete the Decision Support Tool in the normal way for your area. If no referral for full consideration for NHS Continuing Healthcare is necessary continue to complete this form – this will help

to indicate how the assessed healthcare needs can be met.

# Nursing Assessment and NHS Continuing Healthcare Needs Checklist to be used in the area covered by Blackpool, Central Lancashire and North Lancashire Primary Care Trusts



**NHS Number** 

| Is a Registered Nurse required to plan, delegate and supervise the care provided by unqualified carers over a 24 hour period or are there |                           |                       |  |  |  |  |
|---|---------------------------|-----------------------|--|--|--|--|
| healthcare needs not covered in the Care Domains outlined above?  |                           |                       |  |  |  |  |
| Rationale   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
| Description of all Registered Nursing Intervention required to meet assessed needs  | Frequency of Input        | Duration of           |  |  |  |  |
|   |                           | Intervention          |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
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|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
| In your opinion could the patient/ service user be managed appropriately at home with a pa  | ckage of care, or in a ca | re home not providing |  |  |  |  |
| nursing, with the help of the district nursing service? (include rationale for answer)  | 0                         |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
| Other useful information (including rehab potential etc)  |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |
|   |                           |                       |  |  |  |  |



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| 3 651234              | 01253 651230                       |
|-----------------------|------------------------------------|
| 2 227007              | 01772 644527                       |
| 2 651989              | 01772 401827                       |
| 5 598489              | 01695 598271                       |
| 3 303291              | 01253 303208                       |
| Sent to (state PCT)   | Sent to Social Worker (Name)       |
|                       |                                    |
|                       |                                    |
| Date sent             | Date sent                          |
| Name of Social Worker |                                    |
| Name & relationship   |                                    |
|                       | Date sent<br>Name of Social Worker |

#### All involved in assessment and NHS Continuing Healthcare Needs Checklist to sign below

| Name        |  |  |
|-------------|--|--|
| Signature   |  |  |
| Designation |  |  |