



## DORDT COLLEGE BASKETBALL

# Post Player Camp

## JUNE 22, 24, 29, JULY 1

**SESSIONS:** SESSION I, 10:00 AM - 11:00 AM, Grades 7 - 9  
SESSION II, 11:00 AM - Noon, Grades 10 - 12 *(The grades are those that the student will enter in September 2010)*

**LOCATION:** De Witt Gymnasium, Dordt College; Sioux Center, Iowa.

**COACHES:** ROSS DOUMA - Head Men's Basketball Coach, Dordt College

The 2009-2010 season was Coach Douma's first at Dordt College. Before coming to Dordt, Coach Douma directed camps for all ages in Iowa and Illinois for 14 seasons. He is excited to begin implementing and directing a more extensive selection of summer basketball camps at Dordt which will allow aspiring players to improve their overall skill set.

**DEREK KEIZER** - Assistant Men's Basketball Coach, Dordt College

This past season was Coach Keizer's first at Dordt College. Coach Keizer has extensive camp experience as he has conducted numerous basketball camps in both Iowa and Illinois. As the all-time Dordt College assist leader, Coach Keizer possesses the skills and knowledge to improve the skills and work ethic of young players he comes in contact with.

**EXPECT:** One hour per session of in-depth instruction pertaining to post player skills including a focus on:  
Proper footwork  
Post player mental approach  
Low post moves  
Proper shooting mechanics

**BRING:** Proper footwear, workout gear, and a willingness to compete and work hard!

**COST:** Total fee is \$55 for any session.

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### 2010 DORDT COLLEGE POST PLAYER BASKETBALL CAMP REGISTRATION FORM

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ GRADE (SEPT. 2010): \_\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_

PARENT'S CONSENT: \_\_\_\_\_ T-SHIRT (MEN'S): S M L XL

SEND REGISTRATION FORM TO: ROSS DOUMA, DORDT COLLEGE, 498 4TH AVE. NE, SIOUX CENTER, IOWA 51250-1606  
**PLEASE MAKE CHECKS PAYABLE TO ROSS DOUMA.**