

Making it easier for you to access your disability information at one convenient location

Our online, self-service tool – located on myCIGNA.com – enables you to track your disability claim status and benefit payment information. You have access to information that allows you to manage your disability income. You can also access important forms, tools and answers to commonly asked disability questions.

Easy access to disability claim information

You now have a front row seat for viewing and tracking information regarding your disability claim. For each disability claim, you can easily access:

- individual claim status
- claim manager's name and contact information
- date of disability
- benefit start date

In addition, you can also see two years' worth of disability claim payment information that shows expanded, detailed information for each claim such as:

- check number and date issued
- check payee
- deposited check address or direct deposit account
- offsets and deductions

Information to help educate and empower

Information is knowledge and knowledge is power. We understand having access to the right information at the right time helps you become a well-informed consumer. If you are also a member of CIGNA HealthCare, you are able to view and access your personal health information such as medical benefits, claim information and account balances, provider directory, pharmacy benefits, and preventive health and wellness services.

With this amount of online information at your fingertips, you are better able to manage your personal and health related finances.

Our goal is to provide you with easy access to consistent, accurate and timely information and tools – at time that's convenient for you.



To get started, go to myCIGNA.com from any computer with internet access. Follow the simple instructions to register and access your secure personal benefits page.

it's time for a change



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