

Exercise & Gym benefits authorisation & claim form

Complete and send to: HCF GPO Box 4242, Sydney, NSW 2001

If your extras cover includes benefits for HCF approved health management programs, you can claim towards the costs of an exercise program or gym membership. To accord with private health insurance legislation, exercise and gym fees are only claimable when the exercise program is designed to address or improve a specific health or medical condition. Please ask your GP or medical specialist to complete section 2 and submit the completed form to HCF along with your receipts/invoices.

1. Claimant's details (PLEASE USE CAPITAL LETTERS)
Membership No. Date of birth
Title First Name Surname
Is this claim the result of an accident or trauma: Yes If 'yes', please give the date of the event
Is the claimant entitled to any form of compensation, damages or payment as a result of the accident or event? Yes
If 'yes', please provide brief details
2. To be completed by your Medical Practitioner
Medical Practitioner's Name Medicare provider number
Frederical Frederical Street, and the street,
Telephone number including area code Postcode
Please indicate the patient's medical condition that this exercise regime is addressing:
Please indicate the exercise regime you are recommending to improve the patient's medical condition:
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Please indicate the length of time recommended for this course of treatment:
Declaration (to be completed by the Medical Practitioner) I declare that the information I have provided is true and accurate.
Medical Practitioner signature and practice stamp or contact details
X Date
3. Declaration (to be completed by the Policy holder or Partner listed on Policy)
I declare all information provided in support of this claim to be true and correct and that all persons covered by this policy whose privacy right may be affected have been made aware of the HCF Privacy Policy. I understand that extras benefits cannot be claimed from HCF that have been will be, claimed from Medicare (unless permitted by law). I declare that the patient was not aware of any symptom related to the condition for which benefits are claimed, before joining HCF or transferring to the current level of cover. I acknowledge that HCF deals with personal information of all members in accordance with its privacy policy. I authorise, and have the consent of the patient, where necessary, to authoris HCF to contact the provider and to access any information needed to verify this claim.
Signature must be of the Policy holder or Partner listed on Policy
X Date / / /
PRIVACY How HCF collects, uses, keeps and secures personal information is described in the HCF Privacy Policy. For a copy of this policy,

Call HCF Member Information 13 13 34

visit a branch, call 13 13 34 or log onto www.hcf.com.au

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