

4-H Resumes

A. **General Rules for Submitting 4-H Resumes**

1. 4-H members submitting resumes must have actively been enrolled in 4-H during the current 4-H year.
2. All 4-H resumes are due in the State 4-H Office at the same time as the Senior 4-H Records.
3. Resumes will be judged at the State level. Each county will be sent a list of those 4-H members who will be interviewed for the final selection process.
4. There is no set format for the resume. We encourage 4-H members to be creative in developing their own format.
5. There is no limit on the number of resumes from each county.
6. A senior 4-H member may submit both a 4-H Record and a 4-H Resume in the same project area or in a different project area.
7. If a 4-H'er is selected for the interview process, he or she must participate in order to be eligible for a trip.

B. **Guidelines for Submitting 4-H Resumes**

1. It is encouraged that resumes be typed or developed using a word processor.
2. The resume should include 4-H experiences for the current two years enrolled in 4-H. [Exceptions: 4-H members who have only been enrolled one year may report on current year experiences.]
3. A 4-H member can submit a record book in one project and a resume in another project area in the same year.
4. After a 4-H member attends a regional or national congress event based on their resume or record book, that 4-H member can apply for national scholarships, provided they meet the scholarship criteria.
5. 4-H members are encouraged to use their own creativity when putting their resume together. [Note: Responses limited to four pages. For an example of how resumes are outlined, please refer to Exploring Communication, Publication 1928.]
6. If a 4-H'er has attended an out-of-state 4-H Congress, he or she will not be eligible for that trip again. [Note: If a 4-H'er has received a trip based on his or her record book or resume, that 4-H'er will not be eligible to receive the trip again, regardless of location.]
7. Please include information as requested in the resume form.
8. Resumes can be submitted in the project areas just as the record book. [Please refer to Project List for name of project areas.]

Resume For 4-H Recognition

Name _____ County _____ Year _____

Name of project you are submitting resume: _____

Are you currently participating in 4-H? _____ Years in 4-H _____

Name (First, Middle & Last) _____ Sex _____

Home Address _____

City / State / Zip _____

Home Phone () _____ Social Security Number _____

Birth Date _____ Age as of Jan. 1 this year _____

Name of your 4-H Club _____

Name and address of school you will be attending on October 1 of this year:

Have you previously won a national trip? _____

If so, which project and what year? _____

Place of residence (check one)

Farm (size in acres) _____

Suburb of city over 50,000

Town under 10,000 or open country

Central city of over 50,000

Town or city of 10,000 to 50,000

I have prepared this resume myself and certify that the information in it is accurate.

Date: _____ Signature of 4-H Member: _____

We have reviewed this resume and believe it to be correct.

Date: _____ Parent/ Guardian Signature: _____

Date: _____ Local 4-H Leader Signature: _____

Date: _____ Co. Extension Agent Signature: _____

Approved for National Competition

Date: _____ State Leader Signature: _____

Resume

Section A: Main Project / Activities Experiences

Please use this section to discuss the size and scope of your participation in your main project area. Be as informative as possible but limit your responses to one full page. Include any awards or recognition received for your achievements. (Main project only)

Section B: Leadership / Citizenship Information

Please list your 4-H leadership and citizenship/ community service experiences. Include activities you have led or participated in that contributed to the welfare of your club or group members, other individuals outside your family, or your community, as well as major 4-H offices you held (club, district, state, or collegiate). Provide as much information as you can in a full page.

Section C: Other 4-H Projects

Please give the size and scope of your participation in other 4-H projects. Use numbers when appropriate. This section is only for those 4-H projects other than the main project. Include awards and other recognition received in other projects. Include non-4-H experiences in this section.

Section D: Career Information

Please provide information pertaining to the career you plan to pursue when your education is completed. If your 4-H experiences have influenced your decision, please include in this section. Include other information such as: field of study, career goals, etc.