



CVS CAREMARK | Cranston Senior Games

Allan W. Fung
Mayor

Opening Ceremonies—Cranston High School West
Saturday, September 25, 2010—9:00 a.m.

Nancie Paola &
Raymond Sinapi
Interim
Co-Executive Directors

Official Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip _____

Day Phone: _____ Evening Phone: _____

Age: _____ Male: _____ Female: _____

Shirt Size: Small _____ Medium _____ Large _____ X-Large _____ XX-Large _____

E-mail Address _____

How many years have you participated in the games? _____

Would you be interested in being interviewed about your experiences? _____

Waiver of Liability: I hereby agree to hold harmless the organizers and sponsors of the CVS Caremark/Cranston Senior Games 2010 from any and all claims of whatever kind and nature which I or my representative may have or at any time in the future have from any injury arising out of my participation in the CVS Caremark/Cranston Senior Games. I am in good physical condition and have no medical restriction which would prohibit my participation in the CVS Caremark/Cranston Senior Games. I also understand that photos will be taken during events and these photos might be used to publicize the games.

Signature: _____ Date: _____

In case of emergency, notify: _____ Phone: _____

Registration fee: \$15.00 includes *shirt, goodie bag, continental breakfast and lunch on September 25th and banquet on October 4th.* Registration fee must be received by September 10, 2010.

A follow-up letter will be sent to applicants prior to the games.

Make checks payable to: CVS/Caremark Cranston Senior Games 2010

(Must be 55 years or older to participate except for Basketball must be 50 or older —Your check will be your receipt.)

Mail or return this form to: Cranston Senior Services
1070 Cranston Street
Cranston, RI 02920

Questions call: 401-780-6000
Or Email: npaola@cranstonri.org

Please use the back side of this form for your registration information.

Name: _____ Age on September 25, 2010: _____

I would like to participate in the following events
(Please note: Sports marked by an asterisk(*) are all day events.
If you register for one of these events, please don't register for any others.)

Bowling—1:00 p.m.

- 10 pin—Lang's Bowlarama (Average _____)
- Duckpin—Legion Bowl (Average _____)
Friday ____
Saturday ____

*Teams will be formed as players arrive the day of event.
No teams will be prearranged.

Billiards—Saturday 9/25—1:00 p.m.

- Legion Bowl

***Tennis - Friday 9/24 & Saturday 9/25**

(Partner must register) Todd Morsilli Clay Courts
Roger Williams Park

- Men's Doubles
- Women's Doubles
- Mixed Doubles

Partner's Name _____

Golf \$50.00 per person - Cranston Country Club

- September 28, 29 & 30**—8:30 a.m. Shot-Gun
Please use bottom of this form to register.

Track & Field—10:00 a.m.—1:00 p.m.

Cranston West Field

- | | |
|---|--|
| <input type="checkbox"/> 100 Meter Run | <input type="checkbox"/> 400 Meter Racewalk |
| <input type="checkbox"/> 200 Meter Run | <input type="checkbox"/> 1500 Meter Racewalk |
| <input type="checkbox"/> 400 Meter Run | <input type="checkbox"/> Shot Put |
| <input type="checkbox"/> 1500 Meter Run | <input type="checkbox"/> Javelin |
| <input type="checkbox"/> 3000 Meter Run | <input type="checkbox"/> Long Jump |
| | <input type="checkbox"/> Hammer Throw |

- Games of Coordination**—10:30 a.m. (i.e. bean bag & ring toss, etc.)
Cranston West

Swimming—Thursday, 9/23—12:00-3:00 p.m.

Cranston YMCA

- | | |
|--|--|
| <input type="checkbox"/> 50m Backstroke | <input type="checkbox"/> 100m Breaststroke |
| <input type="checkbox"/> 50m Freestyle | <input type="checkbox"/> 100m Freestyle |
| <input type="checkbox"/> 100m Backstroke | <input type="checkbox"/> 200m Freestyle |

- Softball Throw**—10:00 a.m.-12:00 p.m.
Cranston High School West

Cycling—Wednesday, 9/29—11:00 a.m.

Cranston Bike Path

- 3K 5K

Bocce - Santa Maria diPrata Society

- Friday, 5:00 p.m.—Men's Tournament
- *Saturday, 10:00 a.m.—Women's Tournament

Please register early—limit on number of players!
Partners are encouraged to register together or one will be assigned.

Partner's Name: _____

- Horseshoes**—10:00 a.m.
Cranston West

- Basketball Free Throw**—10:00 a.m.
Cranston West Gym

3 on 3 Basketball—1:00 p.m. (50 years of age or older)

YMCA & Cranston Youth Center

- age 50-60 age 60-70 (and older)

- Scrabble**—10:30 a.m. Gymnastics for Your Mind
Cranston West

Golf Tournament Registration ONLY

Please indicate date you are registering for:

Tuesday, September 28th _____ Wednesday, September 29th _____ Thursday, September 30th _____
 Name Address City, State, Zip Phone

1. _____
2. _____
3. _____
4. _____

Golf Tournament Mail-in registrations are being accepted beginning July 12, 2010. Please enclose check(s) (\$50.00 per person) made payable to Cranston Senior Games and return to:

Cranston Senior Services, 1070 Cranston Street, Cranston, RI 02920, Attn: Jean Denny

You may also register in person at Cranston Senior Services at the above address. Any questions regarding Golf Tournament contact Jean at 780-6129.