PLAN OF CARE KARDEX

Month/Year

HEARING	TRANSFER		DAY	INITIALS								
☐ Adequate☐ Hard of hearing	☐ Independent☐ Assist of 1		1	Days	Evenings	Nights						
☐ Wears hearing aids ☐ R ☐ L	Assist of 2											
☐ Face resident when speaking SPEAKS	☐ Mechanical lift PERSONAL HYGIE	-NIE	2									
☐ English	Brush teeth	INE	3									
Other (specify)	Comb hair		4									
☐ Writing messages☐ Utilizes sign language	Perineum care		5									
☐ Braille	☐ Shaving☐ Make-up applicatio	n										
Signs/gestures/sounds	Independent		6									
☐ Communication board☐ No communication skills	Assist of 1 Assist of 2		7									
ALERTS	DRESSING		8									
Code status	☐ Independent											
☐ Allergies VISION	Assist of 1 Assist of 2		9									
☐ Adequate	Day clothes		10									
☐ Impaired	Pajamas/sleepwea	r	11									
☐ Wears glasses☐ Wears contacts	☐ Adaptive equipmer EATING		(12		^							
Blind	☐ Independent		13									
AMBULATION	Supervision (cuein	g)	\ \\ \	\ \ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\								
Independent Assist of 1	Set up Restorative feeding		14	/)								
Assist of 2	Dependent on staff		15									
☐ Wheeled walker ☐ Walker	☐ Feed tube Location of dining:		16									
Wheelchair	Breakfast		17									
Adaptive equipment Other (specify)	☐ Lunch ☐ Dinner	150	18									
BATHING	TOILET USE											
A.M. Days:	Continent of Bladd	er	19									
P.M. Mon. Tues.	☐ Continent of Bowel☐ Uses bathroom		20									
☐ Bathtub ☐ ☐ Wed.	Uses bedside toilet		21									
☐ Bed Bath ☐ Fri.	☐ Uses bedpan/urina☐ Independent		22									
☐ Independent ☐ Sat.	☐ Supervision	V	23									
Supervision Sun Sun	Assist of 1 Assist of 2											
Assist of 2	☐ Wears incontinent		24									
BED MOBILITY	☐ Scheduled toilet pla	an (specify)	25									
☐ Independent☐ Assist of 1			26									
Assist of 2 Turn q	Incontinent check a	and change	27									
Trapeze bar	Q Ostomy care											
Adaptive equipmnent	Adaptive equipmen	nt	28									
RESTRAINTS Specify:	RESTORATIVE		29									
Specify			30									
			31									
			Transcribed	by:								
			-									
NAME Lost	N A1 -U -	Attanding Dk		Pagerd N-	D/5	lad						
NAME-Last First	Middle	Attending Physician		Record No.	Room/E	eu						

PLAN OF CARE KARDEX Month/Year___

		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
DIET: % Consumed	Break																															
4 = 100% 3 = 75%	Snack																															
2 = 50% 1 = 25%	Lunch																															
	Snack																															
	Dinner																															
	Snack																															
BLADDER	D	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
ACTION: C = Continent	Day																													\dashv	\dashv	
I = Incontinent	After																													\dashv	\dashv	
	Night	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
BOWEL	Day	•	_		_			'							4) 5											\				0.
ACTION: C = Continent I = Incontinent	S/M/L/D													1		> \	7		-						/				/)	+		
S = Small	After								0	0	Q	5									/									+	+	
M = MediumL = Large	S/M/L/D							5	5	76	56			7								/)	<i>\\\\\</i>				+	1	
D = Diarrhea	Night			3	7	N	0										/					2										
	S/M/L/D	<		A	1				<											2				6						+		
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
BATH: S = Shower	Nights																			(<i>L</i>										
B = Bed T = Tub	Days	~									\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		>					1														
	Evenings		2								7								}	>												
INTAKE	Nights	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
(mL)	Days				<u> </u>	U								9	U															\dashv	\dashv	
	Evenings									/	5																			\dashv	\dashv	
OUTPUT	Nights																						_							\dashv	\dashv	
(mL)	Days																													\dashv	\dashv	
	Evenings																													\dashv	\dashv	_
Initials	Lveriings			S	ign	atı	ıre							lı	nitia	als							S	ign	atı	ıre						
																																_
NAME-Last			F	irst					ı	Midd	le		Att	endi	ng Pl	hysic	ian					Rec	ord N	No.			F	loom	/Bed		_	_