

Coaching staff

Head coaches include current and former college and high school head coaches. Counselors and assistant coaches are top collegiate players.

Facilities

The SU Field Hockey Camp will be conducted on the beautiful Shippensburg University campus, which includes a turf field with lights and goalkeeping site equipped with cages. Due to our outstanding facilities, we have served in the past as the host of the Pennsylvania Interscholastic Athletic Association (PIAA) State High School Field Hockey Championships.

Camp schedule

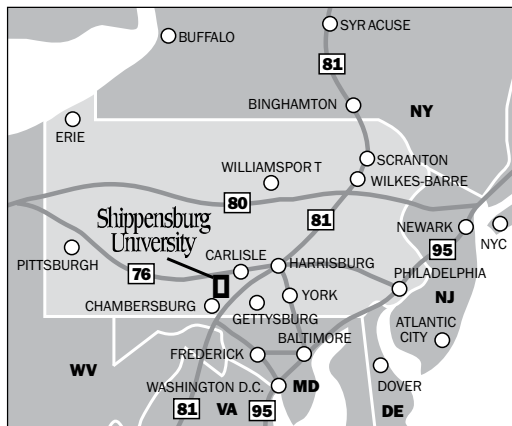
Check-in

Sunday, July 27 from 1:30 to 2:30 PM, Robb Field

Check-out

Residence Hall Lobby

Thursday, July 31, approximately 12:00 NOON after tournament concludes



<http://www.ship.edu/Visit/Directions/>

Shippensburg University is an equal opportunity educational institution. Direct requests for disability accommodations and other inquiries to the Office of Disability Services, Horton Hall 120, Shippensburg University, 1871 Old Main Drive, Shippensburg, PA 17257-2299, (717) 477-1329, ods@ship.edu.

REGISTER NOW!

Shippensburg University

2014 Summer Camps

Swimming Camp	Boys & Girls Ages 9 - 17	June 8 - 11
Tennis Day Camp	Boys & Girls Grades 3 - 8	June 23 - 26
Tennis Camp	Boys & Girls Grades 9 - 12	June 23 - 26
Boys Basketball Camp	Boys Ages 9 - 16	June 22 - 25
Girls Softball Camp I	Girls Ages 10 - 17	June 22 - 26
STEM: <i>Exploring Forensic Science</i>	Boys & Girls Ages 13 - 16	June 23 - 27
Girls Basketball Camp	Girls Ages 9 - 15	June 29 - July 2
Chemistry Camp I & II	Boys & Girls Ages 8 - 10	July 7 - 11
Girls Volleyball Camp I	Girls Ages 12 - 18	July 13 - 16
Girls Softball Camp II	Girls Ages 10 - 17	July 13 - 17
Sprints & Hurdles Camp	Boys & Girls Grades 9 - 12	July 20 - 23
Cross Country Camp	Boys & Girls Grades 9 - 12	July 20 - 24
Lacrosse Camp	Girls Grades 6 - 12	July 21 - 24
Jumps Camp	Boys & Girls Grades 9 - 12	July 27 - 30
Throws Camp	Boys & Girls Grades 9 - 12	July 27 - 30
Girls Volleyball Camp II	Girls Ages 12 - 18	July 27 - 30
Field Hockey Camp	Girls Grades 9 - 12	July 27 - 31

Register NOW by calling (717) 477-1256

or visit our website at

www.ship.edu/camps

or e-mail your request to

sucamps@ship.edu.



HOME OF THE 2013 NCAA DIVISION II
NATIONAL CHAMPIONS

Field Hockey Camp



HIGH SCHOOL TEAM & INDIVIDUAL

July 27 to 31, 2014

Director: Bertie Landes, SU Head Field Hockey Coach, Former US National Field Hockey Squad, 2013 4U Field Hockey/NFHCA Division II National Coach of the Year, 2013 CaptainU Division II Field Hockey Coach of the Year, 2011 NFHCA Hall of Fame inductee, PSAC Coach of the Year award five times

Competed in 10 of last 11 NCAA DII Tournaments

Competed in 13 consecutive PSAC Tournaments

2005 PSAC Champions

Grades 9 to 12
Graduated seniors
will be accepted.

Stay in new
air-conditioned
suites!

WWW.SHIP.EDU/CAMPS

Registration Application 2014 SU Field Hockey Camp

For your convenience, the Conference Office offers on-line registration, payment, and printable brochures. Check out our website at www.ship.edu/camps.

Name _____

Address _____

City _____

State _____ Zip Code _____

Phone number (_____) _____

E-mail _____

Age _____ Grade in fall of 2014 _____

Parent's name _____

Daytime phone number (_____) _____

School attending _____

Coach's name _____

Roommate preference _____

(Only 2 campers per room)

T-shirt size: (Youth) Large
(Men's) Small Medium Large Extra Large

Position _____ Years Varsity Experience _____

You must check here if you plan to attend as a goalie. Goalies must provide their own equipment.

Level of play (check one):

Beginner Intermediate Advanced

Camp Fees:

Resident plan (all meals included) \$400
 Commuter plan (3 lunches, 4 dinners) \$320

Payment Plan:

Check or money order enclosed (Please make check payable to "Shippensburg University")

Credit card payments and e-checks will be accepted on-line at www.ship.edu/camps as part of the registration process. If paying by credit card or e-check, full payment is required at the time of registration.

NCAA Regulations

Girls entering their freshman year of college (2014) will also be accepted. Please complete the registration application and mail it as soon as possible. Applications are accepted on a first-come, first-served basis.

Application information

Applications will be accepted up to one week prior to the start of camp. Applications submitted after that day **will not be accepted**. If paying with a credit card, full payment is required. If paying by check or money order, you have the option of paying the entire amount or submitting at least a \$75 deposit with the balance due one week prior to start of camp. An administrative fee of \$75 will be deducted from **all** refunds. No refunds will be given after on-campus check-in. The Conference Office reserves the right to cancel any camp which has insufficient enrollment up to two weeks before the opening of camp. A full refund will be given if the camp is cancelled.

Send your application and payment to:

Conference Services
Shippensburg University
1871 Old Main Drive
Shippensburg, PA 17257-2299
Phone: (717) 477-1256

General camp information

Register early: Space is limited to facilitate individual attention.

Housing: Campers will be housed in new suite-style residence halls. Amenities include air conditioning and a bathroom for every two campers. Two sheets, one pillowcase, and a pillow will be provided. No towels, washcloths, or blankets are provided. Please bring these items with you. Coin-operated washers and dryers are available on each floor in the residence hall.

A **certificate of health** must be presented by each participant at the camp's registration. A standard form will be sent upon acceptance. **This form does not require a physician's examination or signature.**

Health Services: The Etter Health Center is staffed and equipped to take care of minor illnesses and injuries that may arise during your stay on campus. For some emergencies, the staff may send you directly to a local hospital.

Disability Services: Requests for accommodations, auxiliary aids, or services must be made in writing to the Office of Disability Services at least fifteen (15) days before the camp begins. The Office of Disability Services is located in Horton Hall 120, Shippensburg University, 1871 Old Main Drive, Shippensburg, PA 17257-2299, (717) 477-1329, ods@ship.edu.

Recreational facilities include: indoor swimming, indoor and outdoor basketball courts (if available), outdoor volleyball courts, tennis courts, and handball courts.

What to bring:

Personal Equipment: Shorts, shirts, sweat shirt, sweat pants, socks, sneakers, swimsuit, rain gear, sunscreen, and alarm clock are a few items we suggest that you bring. Water and ice will be available on the field. A water bottle will be given to each player.

Required Sports Equipment: Field hockey stick, mouth guard and shin guards are mandatory for participation in all field hockey activities. Turf shoes may be cleats, multi-cleat, or sneakers. Goalkeepers must provide their own equipment, i.e. helmet, leg guards, kickers, pelvic protector, chest protector, gloves, throat protector, and stick.

Objectives

The objectives include instructing all campers regardless of ability level in the techniques and tactics currently used by the top high school and collegiate programs. Fundamental skills are emphasized combined with offensive and defensive drills and practices. Individual and team tactics are given each session. Game competition in the evening concludes each day. Our goal is to provide a positive field hockey experience for EACH camper and EACH team. CAMPERS are invited to attend as INDIVIDUALS or as part of a TEAM.

Camper & team evaluation

- Evaluations will help campers/teams identify hockey specific strengths and weaknesses.
- Evaluations can be used to send to college coaches.

Corners

Specialized sessions on offensive and defensive corners.

Goalkeeping session

The goalkeepers will participate in specialized training sessions where they will work on footwork, conditioning, mental concentration, confidence building skills as well as specific defensive corner and penalty stroke sessions.

Camp highlights

- College recruiting session
- Weight training instruction
- Speed, conditioning, and foot work training
- Swimming workouts in case of inclement weather
- Camp championship tournament
- Fun "team bonding" activities
- 11 v 11 and/or 7 v 7 games each day
- Evening games on field turf under the lights
- TV lounges and supervised off-field activities
- Laundry facilities in residence hall
- 24-hour security

