

# State College of Florida

## Manatee-Sarasota

# Keeping in Touch

## Advising eNewsletter

February, 2011

An Educational and Student Services Publication

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## Need help choosing a major? Visit the SCF Career Resource Center

Are you uncertain about your major? Statistics have shown that students with specific academic and career goals are more likely to stay focused and complete their degree. The Career Resource Center offers a four part system to help students stay focused on completing their degree.

### Step 1: Career Assessments

*Typefocus*—Find careers that suit your personality.

*Discover*—Find careers that suit your values, interests, and abilities.

### Step 2: Explore

Research the careers to enable you to make informed and educated choices about your major.

### Step 3: Plan

Meet with a career advisor to discuss choosing the right major for intended career.

### Step 4: Execute

Gain assistance finding transfer colleges or preparing for the job search.

If you do not have a career in mind or if you have not selected a major, visit the Career Resource Center and take an assessment(s).

Your first step to success.

Venice: Building 100 Room 170

Bradenton: Building 1 Room 207

[scf.edu/CareerResourceCenter](http://scf.edu/CareerResourceCenter)

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## BayCare Student Assistance Program Workshops

Time Management vs. Procrastination – February 9, 2011

Depression – Discovering and Strengthening Your Resiliency to Cope – February 16, 2011

SCF-Bradenton: 12:00PM – 1:00PM (5-123)

SCF-Venice: 1:00PM – 2:00PM (Feb. 9 in 843, Feb. 16 in Selby)

Students receive 50 wellness points for attending

## Important Dates & Deadlines

February 9, Wednesday	First day student loan funds for first time freshmen will be electronically applied to student accounts if funds have been received from the lender. All charges will be deducted and any remaining balance will be available on student SCF OneCard accounts.
February 11, Friday	<b>Faculty/Staff Development Day. No day classes or academic support labs.</b> Classes scheduled 4 p.m. and later will meet as usual. An "I" grade not previously completed will be changed to an "F" on the student's permanent record.
March 2, Wednesday	If funds are received from the lending institution, second disbursement of student loan funds for spring only loans will be applied to student accounts.

For a complete academic calendar visit <http://www.scf.edu/Academics/AcademicCalendar.asp>

## Outstanding Graduate Award

The Outstanding Graduate Award was developed to recognize a graduating SCF student who has shown superior leadership, academic achievement and community service while attending SCF. Eligible students must meet the following requirements:

- Eligible to graduate from SCF in May 2011 upon completion of the Spring term
- Applied for graduation by the posted deadline: January 28, 2011
- Have a cumulative 3.0 GPA at time of application
- Nomination by an SCF faculty member or employee (signature on application)
- Submit a completed Outstanding Graduate Award application & all accompanying materials by the deadline: **Friday, March 4<sup>th</sup> 2011.**

The Outstanding graduate award recipient will be announced and finalists will be recognized at Spring Commencement on May 7, 2011. The Outstanding Graduate will be awarded a **monetary award of \$1,500** provided by The State College of Florida Foundation, Inc. The Outstanding Graduate Award is made possible by loyal and committed benefactors through The SCF Foundation, Inc. Applications will be available February 7<sup>th</sup> through March 4<sup>th</sup>.

Visit the web site for additional information on the application process:

[www.scf.edu/graduation](http://www.scf.edu/graduation)

## Trivia

In honor of African-American history month, here's a bit of history trivia to stimulate your mind:

Can you name this famous African-American?

- ✓ Born on February 4, 1913
- ✓ Refused to give up her seat on a bus to a white passenger on December 1, 1955
- ✓ Known as the "mother of the civil rights movement"

*For answer to trivia question, see page 5*

## Academic Resource Center

The Academic Resource Center, also known as the “ARC”, is a place where students can receive help for classes they are taking at SCF. The ARC has high quality academic support programs. It offers Math Lab, Writing Lab and Reading Lab classes and also includes study skills and math workshops. There is an anatomy and physiology study room with equipment for studying purposes and study rooms that students can reserve for group projects. An integral support that the ARC offers is **FREE** tutoring for SCF students!

ARC hours:

Monday – Thursday 8:30 a.m. – 7 p.m.

Friday 8:30 a.m. – 2 p.m.

Sunday 12 p.m. – 6 p.m.

For additional information, visit the ARC web site <http://www.scf.edu/ARC>

## Advising Center Workshops

The Advising Center has designed a series of workshops to assist and advise students:

WORKSHOP	DATES	LOCATION	TIME
Transfer 101	Tues 2/08/11	SCF-B 1-247 & SCF-V 174	1:00pm
Capp to Cap	Fri 2/18/11	SCF-B 1-247	11:00am
Tips for Success at SCF	Fri 2/25/11	SCF-B 1-247	11:00am
Creating an Educational Plan	Tues 3/01/11	SCF-B 1-247 & SCF-V 174	1:00pm

**Students receive 50 wellness points for attending**

### Tips for Success at SCF

The Tips for Success workshop will expand upon seven strategies for success discussed in new student orientation. The student will come away with building blocks and resources for successful transition into college. The strategies will be covered in greater detail with specific tips on implementing the strategies. The workshop will also cover pitfalls to these strategies that can occur during the collegiate experience. The overall outcome will be to present the enrichment of the collegiate experience when proper strategies are implemented and resources are used and managed.

### Transfer 101

Do you see a Bachelor’s Degree in your future? Your best strategy is to plan ahead. Come to this workshop and learn about transfer to a college or university. We will give you a timeline to follow including choosing a major, determining prerequisites, applying to the university and so much more. You do not want to miss this opportunity!

### Capp-to-Cap

During the Capp to Cap workshop, SCF advisors will teach students how to plan and track toward degree completion by using online resources. Advisors will introduce the Capp degree audit and demonstrate access through SCFconnect as well as provide step by step instructions on how to interpret the audit’s information for individual student use.

### Creating an Educational Plan

Have you ever asked an advisor the following questions? What classes do I need for next semester? How many classes do I have left to finish my degree? Come to this workshop and we will teach you how to map out a plan of every class you need to finish your associate’s degree. Do not miss this opportunity, since taking extra classes can cost you time and money!



## Question of the Month...



### How do I begin preparing for my Bachelor's Degree?

*Start planning early:*

- 1) Select a major for your Bachelor's degree within your first two semesters at SCF.
- 2) Set up an appointment with an SCF advisor to discuss your academic goals and develop a tentative plan.
- 3) Research specifics that might be required to enter your major at the University.
  - a) Visit [www.facts.org](http://www.facts.org) to view common major pre-requisites
  - b) Visit your "prospective" university's web site and look under "academics." You should be able to find specifics related to your major. Pay special attention to required pre-requisites, GPA requirements, test scores, and foreign language requirements.
- 4) Within one year of your planned SCF graduation, start the transferring process using the checklist below as a guide:
  - a) Apply to the university – this can usually be done on the university's web site if you click on admissions
  - b) Pay any application fees
  - c) Order official transcripts from SCF – this can be done online at <http://www.scf.edu/StudentServices/EducationalRecords/default.asp>
  - d) Look into immunization requirements
  - e) Research and complete any additional transfer steps that the university may require
- 5) In your second to last semester at SCF, run a CAPP degree audit through SCFConnect.
- 6) Apply for graduation at the Educational Records office by the posted deadline.

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## My Reboot Camp

A resource for Veterans

The State College of Florida Foundation, Inc. through a generous grant from the Florida BRAIVE Fund and the Gulf Coast Community Foundation of Venice has developed a national Web site for returning Iraq and Afghanistan veterans. Please read the information below and view the Web site to obtain a better understanding about the experiences that veterans are having when attending college.

[MyRebootCamp.com](http://MyRebootCamp.com) was created to serve Iraq and Afghanistan veterans and address the real issues and challenges associated with transitioning from active duty to civilian life. The change is a process and the web site's purpose is to help those service men and women and their families successfully make that shift.

***My Reboot Camp (Continued from page 4)***

The web site features webisodes with Iraq and Afghanistan veterans discussing their challenges and the resources they drew upon as they returned to civilian life. It also includes a series of learning modules with links to a wealth of resources for military and their families to access.

Specific learning module topics include:

- Personal values and career exploration
- Exploration of learning styles
- Goal setting and effective decision making
- Managing change and stress
- Understanding the impact of substance abuse and living a healthy lifestyle
- Empowering attitudes
- Money, budgeting and time management
- Accessing VA educational benefits and financial aid

To learn more about My Reboot Camp, and the resources and services available to Iraq and Afghanistan veterans, visit [MyRebootCamp.com](http://MyRebootCamp.com).

**Answer to Trivia Question on page 2: Rosa Parks**

**Thank you for reading *Keeping in Touch*, SCF's Advising eNewsletter.**

**Please continue to send your requests, recommendations & feedback  
to any member of the Advising eNewsletter team**

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