

Panther
Central



Dining Services



Made-to-Order Restaurants

Market Central

Lower Level • Litchfield Towers

Market Central, home to six restaurant-quality concepts, offers unlimited options as you watch your meals prepared right in front of your eyes!

360 Degrees—A four-foot community grill serves as the canvas for our chef's creative impulses. It features pan-Asian flavors that you can use to create your own specialty order.

Basic Kneads—Fresh pastries, muffins, and bagels, as well as grilled paninis, made-to-order subs and wraps, soups, and specialty coffees.

Bella Trattoria—Enjoy pasta your way every day, plus bistro-style options that carry a distinct Mediterranean flavor.

Flying S-T-A-R Diner—Traditional all-American home cooking served up in a friendly diner atmosphere.

Magellan's—Distinctive tastes from around the world. Our variety of unique rotating menus will vary from Southwest to Asian to Latin to New Orleans and more!

Tutto Fresco—Healthy eating was never so tempting! Great options every day for vegans, vegetarians, and salad lovers.

Accepts: *Ultimate Access, Dining Passes, Dining Dollars, Panther Funds, credit cards, and cash*

If you don't have time for a dine-in meal, enjoy our take-out area, Market To-Go, or our retail areas, Taco Bell and Quick Zone.



The Perch at Sutherland

Upper Level • Sutherland Hall

Featuring three dining concepts!

Mato's—Offers premium deli-style sandwiches and wraps made with hand-sliced cheese, meats, and vegetables on a wide variety of breads and wraps. Enjoy a savory soup or take advantage of our delicious salad bar, featuring the freshest ingredients with a variety of toppings and dressings.

The Red Hot Chef—Featuring a new, creative, and delicious dinner menu daily, we focus on intriguing preparations. From traditional to gourmet, the Red Hot Chef takes pride in always having just the right dish to satisfy your taste buds.

Hilltop Grille—When you're in the mood to fire up the flavor, our delicious open-flame grilled burgers and classic grill fare hit the spot. We offer no-nonsense, quality meals in a friendly, laid-back atmosphere.

Accepts: *Ultimate Access, Dining Passes, Dining Dollars, Panther Funds, credit cards, and cash*

Food Courts

Cathedral Café

Ground Floor • Cathedral of Learning

Chick-Fil-A—"The people that invented the chicken sandwich." From chicken tenders and waffle fries to grilled chicken sandwiches and salads, this is the best way to "Eat Mor Chikin."

Tsunami Sushi—Made fresh daily, our sushi is a healthy alternative because it's low in fat, calories, and cholesterol. Packaged in ready-to-go containers, it's especially convenient for those on the run. Special requests are taken and made before your eyes.

Bistro Salads—Serving gourmet salads made to order, such as Greek, Caesar, tomato and mozzarella, or Pittsburgh salads. Or, create your own from a variety of fresh greens and toppings.

Old World Deli—Enjoy delicious classic sandwiches such as our Tuscany BLT with pesto chicken breast or Sicilian mozzarella and tomato focaccia. Sandwiches are served hot or cold.

Hometown Favorites—Offering delicious home-style comfort selections—featuring items like Philly-style cheesesteak and grilled cheese with tomato soup.

Accepts: *Dining Dollars, Panther Funds, credit cards, and cash*

Schenley Café

Lower Level • William Pitt Union

Pizza Hut Express—Featuring the pizza you have grown to love, we offer a wide variety of personal pan pizzas and tasty breadsticks.

Nicola's Garden—A salad bar with an array of offerings, including organic and local grown produce. Choose from specialty salads or have it wrapped up. Different salads featured weekly.

Freshens Smoothie Company—A variety of custom all-natural blended smoothies, frozen yogurt treats, and freshly baked gourmet pretzels awaits you.

The Sub Connection—Our generously portioned, enticing subs are made to order with high-quality meats, garden-fresh produce, and freshly baked breads. Choose from hot or cold subs.

Strutters—We serve up all your favorites—traditional and boneless wings, breast fillet sandwiches, and tenderloins with a variety of dipping sauces. In addition to chicken choices, we offer a variety of items from the PittsBurger Grill, such as hamburgers, french fries, steamed broccoli, and baked potatoes.

Culinary Classics—Wholesome, traditional comfort foods, including macaroni and cheese, fried chicken, steamed vegetables, and mashed potatoes. For a little international flair we offer our famous General Tso's chicken. Pasta with marinara sauce is featured at lunch and dinner daily.

Simply To Go—Convenient selections packed to pick up and go, featuring salads, sandwiches, yogurt, fresh fruit cups, and vegetarian options.

Campbell's Soup—The brand you know and trust to deliver great-tasting soup.

Accepts: *Dining Dollars, Panther Funds, credit cards, and cash*

Petersen Events Center

Food Court

Lawn Level • Petersen Events Center

Salad Sensations—An extensive selection of fresh ingredients to build your own salad with crisp vegetables and special additions including shrimp, chicken, and steak.

The Sub Connection—Enjoy a wide variety of low-fat, hot and cold subs loaded with high-quality ingredients and market-fresh produce.

Jazzman's Café—An upscale coffeehouse featuring Seattle's Best Coffee and high-quality teas, freshly baked pastries, muffins, mammoth cookies, brownies, grab-and-go sandwiches, and salads.

Pasta Plus—A selection of hot pastas cooked to order as well as specialty salads.

Burger King—Savor the king of burgers with a mouth-watering Whopper, the original burger, or go the healthy route with a grilled chicken Whopper or fresh salad. Plus, we're open early, so you can enjoy a hot breakfast such as a Croissan'wich, hash browns, or french toast sticks.

Accepts: *Dining Dollars, Panther Funds, credit cards, and cash*

Einstein Bros. Bagels— Two On-campus Locations

Einstein Bros. Bagels

Second Floor • Wesley W. Posvar Hall

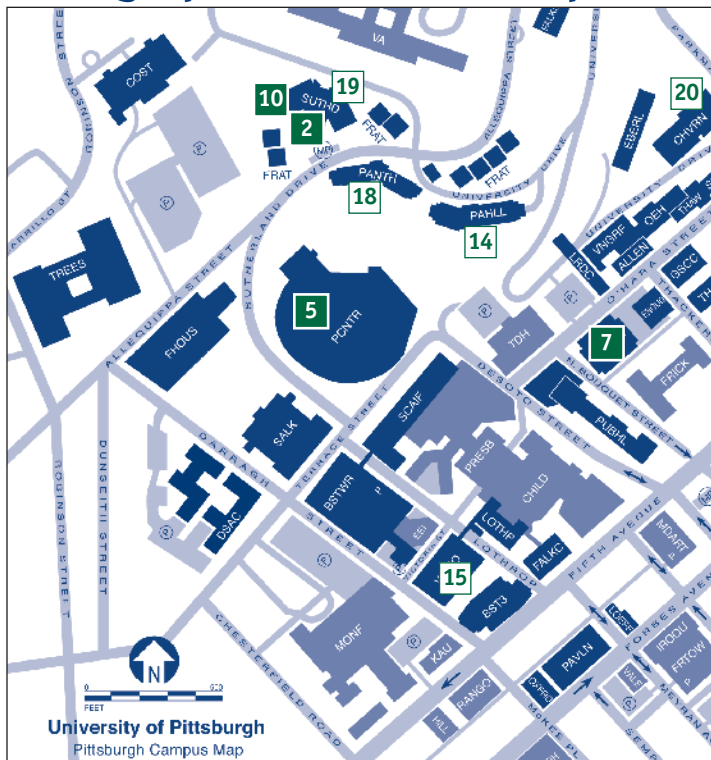
Lower Level Plaza • Benedum Hall

Enjoy a variety of more than 10 freshly baked bagels daily topped with whipped cream cheese and a piping hot cup of Melvyn's Darn Good Coffee. Stop by for lunch for signature deli sandwiches on your choice of bagel or challah roll, and top it off with our famous shmears. Sweeten the deal with cookies and pastries, or go healthy with a Bros. Bistro salad and fresh soup.

Accepts: *Dining Dollars, Panther Funds, credit cards, and cash*



Dining Options Around Campus



University of Pittsburgh
Pittsburgh Campus Map

Made-to-Order Restaurants

- 1 Market Central** ☼ II ♦ PF ⊗ \$\$
Lower Level • Litchfield Towers
- 2 The Perch at Sutherland** ☼ II ♦ PF ⊗ \$\$
Upper Level • Sutherland Hall

Food Courts

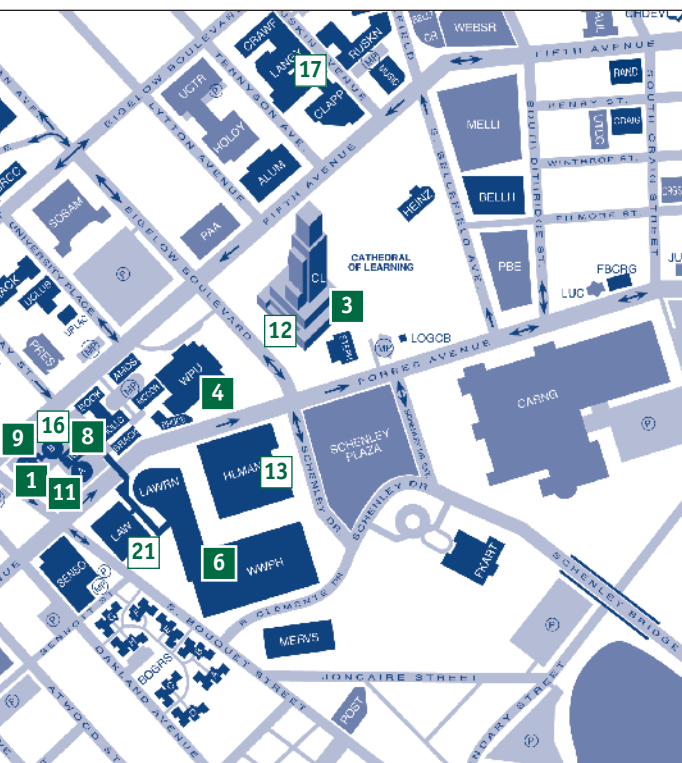
- 3 Cathedral Café** ♦ PF ⊗ \$\$
Ground Floor • Cathedral of Learning
- 4 Schenley Café** ♦ PF ⊗ \$\$
Lower Level • William Pitt Union
- 5 Petersen Events Center Food Court** ♦ PF ⊗ \$\$
Lawn Level • Petersen Events Center

Einstein Bros. Bagels

- 6 Einstein Bros. Bagels** ♦ PF ⊗ \$\$
Second Floor • Wesley W. Posvar Hall
- 7 Einstein Bros. Bagels** ♦ PF ⊗ \$\$
Lower Level Plaza • Benedum Hall

Retail

- 8 Taco Bell** ♦ PF ⊗ \$\$
Lower Level • Litchfield Towers
- 9 Quick Zone at Towers** ♦ PF ⊗ \$\$
Lower Level • Litchfield Towers
- 10 Quick Zone at Sutherland** ♦ PF ⊗ \$\$
Lobby Level • Sutherland Hall



Take-out Facility

- 11 Market To-Go II** ♦ PF ⊗ \$\$
Lower Level • Litchfield Towers

Coffee Carts

- 12 Cathedral Coffee** ♦ PF ⊗ \$\$
Ground Floor • Cathedral of Learning
- 13 Cup & Chaucer** ♦ PF ⊗ \$\$
Ground Floor • Hillman Library
- 14 The Pennsylvania Perk** ♦ PF ⊗ \$\$
Lower Level • Pennsylvania Hall
- 15 Café Victoria** ♦ PF ⊗ \$\$
First Floor • Victoria Building
- 16 Common Grounds** ♦ PF ⊗ \$\$
Lobby Level • Litchfield Towers
- 17 Café a la Cart** ♦ PF ⊗ \$\$
Lobby Level • Langley Hall
- 18 Thirst & 10** ♦ PF ⊗ \$\$
Lower Level • Panther Hall
- 19 Hill O' Beans** ♦ PF ⊗ \$\$
Lobby Level • Sutherland Hall
- 20 Bunsen Brewer** ♦ PF ⊗ \$\$
Ground Floor • Chevron
Science Center
- 21 The Side Bar** ♦ PF ⊗ \$\$
Ground Floor • Barco Law Building

KEY

- ⚙ Ultimate Access
- II Dining Passes
- ♦ Dining Dollars
- PF Panther Funds
- ⊗ Credit Cards
- \$\$ Cash

Retail

Taco Bell

Lower Level • Litchfield Towers

Features all your favorite Taco Bell menu items such as a variety of tacos, nachos, burritos, and other Mexican specialties.

Quick Zone

Lower Level • Litchfield Towers

Lobby Level • Sutherland Hall

The store features hundreds of brand-name items, including snack foods, bottled beverages, microwave meals, groceries, kosher items, vegetarian and vegan options, and a make-your-own salad bar.

Accepts: *Dining Dollars, Panther Funds, credit cards, and cash*



Eat what, where, and when you want

For more detailed information about dining options or dining services in general, visit us online at www.pc.pitt.edu/dining.



Take-out

Market To-Go

Lower Level • Litchfield Towers

For those of you on the go, Market To-Go offers select take-out meals from the venues within Market Central.

Accepts: *Dining Passes, Dining Dollars, Panther Funds, credit cards, and cash*

Coffee Carts

We Proudly Brew Starbucks Coffee

North, south, east, or west—you'll find freshly brewed Starbucks coffee everywhere on campus. Add a homemade pastry and you have a delicious treat, any time of the day.

Bunsen Brewer—Ground Floor • Chevron Science Center

Café a la Cart—Lobby Level • Langley Hall

Café Victoria—First Floor • Victoria Building

Cathedral Coffee—Ground Floor • Cathedral of Learning

Common Grounds—Lobby Level • Litchfield Towers

Cup & Chaucer—Ground Floor • Hillman Library

Hill O' Beans—Lobby Level • Sutherland Hall

The Pennsylvania Perk—Lower Level • Pennsylvania Hall

The Side Bar—Ground Level • Barco Law Building

Thirst & 10—Lower Level • Panther Hall

Accepts: *Dining Dollars, Panther Funds, credit cards, and cash*

Meal Plans

Whether you're a morning person or night owl, a meat-and-potatoes lover or a veggie aficionado, we offer meal plans to fit every lifestyle. Our meal plan tiers provide options with unlimited access or a set number of Dining Passes or Dining Dollars in varying amounts, depending on what, where, and when you want to eat.

Ultimate Access Tier—Offering the ultimate in flexibility, all plans within this tier give you unlimited access to Market Central and The Perch at Sutherland, allowing you to dine-in as many meals as you want, each day throughout the term.

For your convenience, this tier also includes 10 bonus Guest Passes to take family and friends to dine-in at Market Central and The Perch at Sutherland. If you eat on the go, you will benefit from the 30 bonus Dining Passes for take-out meals from Market To-Go.

Two Ultimate Access plans also come with Dining Dollars, which work as a dollar-for-dollar exchange. Dining Dollars are deducted from your meal plan as you go, and can be used at **any** of our 20 dining facilities on campus.

Dining Pass Tiers—These plans offer a set number of Dining Passes* and Dining Dollars in varying amounts. Dining Passes can be used to dine-in at Market Central and The Perch at Sutherland, or for take-out meals in Market To-Go. Each time you enter one of these facilities, a Dining Pass will be deducted from your account. Dining Dollars can be used at **any** of our on-campus eateries.

If you want to take family and friends to dine-in at Market Central and The Perch at Sutherland, you simply use Dining Passes. You may use a maximum of three Dining Passes, one for yourself and two for guests, per meal period.

* Dining Passes and Dining Dollars are good for the entire term; if they are not used by the end of the term, the remaining balance is forfeited.

Convenience for Apartment Residents and Commuters

Whether you live in an apartment or commute, you are welcome to take advantage of our 20 eateries on campus by purchasing meals with Panther Funds, credit cards, or cash.

Or, stretch your purchasing power by signing up for **any** of our meal plans, including the **Ultimate Access** or **Dining Pass Tiers** that offer the freedom to select from a variety of options. For more flexibility, choose any option within our **Apartment Residents and Commuter Meal Plans**.

Frequently Asked Questions About Meal Plans

Q. Can students live on campus without a meal plan?

A. All students residing in residence halls must purchase a meal plan. We provide many options to choose from. We'll be happy to advise you on your selection or to assign you to a plan if you don't make a choice.

Q. What if I run out of Dining Passes during the term?

A. Most meal plans come with a set amount of Dining Passes. Should you run out of Dining Passes, you can still purchase meals with the Dining Dollars portion of your meal plan. If you need additional Dining Dollars, you may purchase them at any time in \$50 increments at Panther Central.

Q. What if I need to change my meal plan?

A. If you decide you selected the wrong meal plan, you can change your plan for the current term any time before the add/drop period ends. To do so, go to Panther Central in Litchfield Towers lobby or download a Meal Plan Change form at www.pc.pitt.edu/publications.html and submit it to Panther Central.

Q. How do I keep track of my Dining Passes and Dining Dollars?

A. Each time you use your Dining Passes at Market Central, The Perch at Sutherland, or Market To-Go; or when you use your Dining Dollars at any of our facilities, the remaining balance shows on the register display. You may also access your Dining Dollars usage report online at the Panther Central community at my.pitt.edu.

Meal Plan Options for 2011–12

For your convenience, enclosed is a handy meal plan guide that outlines all meal plans for the 2011–12 academic year. In addition, we have provided a meal plan worksheet to assist you with calculating your meal plan needs.

Sign up for any of our meal plans at Panther Central.

For more details about our meal plans, visit us online at www.pc.pitt.edu/dining. Or, you can always stop in or call Panther Central at 412-648-1100.



University of Pittsburgh

*Panther Central
Litchfield Towers Lobby
3990 Fifth Avenue
Pittsburgh, PA 15213*

www.pc.pitt.edu

Panther Central

We're at your service.

Whatever questions you have about campus services, from arugula to zip codes, turn to Panther Central first. Call, stop in, or log on. We're the place for answers.

Panther Central
Litchfield Towers
412-648-1100
www.pc.pitt.edu

Dining Services Meal Plan Guide

A Meal Plan Just for You

We offer meal plans designed to fit every lifestyle—whether you like to snack, eat on the go, or eat three meals a day. Ultimate Access provides unlimited admittance to dine-in at Market Central or The Perch at Sutherland, Dining Passes provide your choice of a set amount of entries to dine-in at Market Central or The Perch at Sutherland, and Dining Dollars can be used at any of our on-campus dining facilities.

For meal plan pricing please visit the Panther Central Web site at www.pc.pitt.edu.

Meal Plan Rates

Ultimate Access Tier *Available to all students*

*Comes with 10 bonus Guest Passes
Comes with 30 bonus Dining Passes*

Plan A	Ultimate Access	\$2,500
Plan B	Ultimate Access with 150 Dining Dollars	\$2,625
Plan C	Ultimate Access with 300 Dining Dollars	\$2,750

Dining Pass Tiers *Tiers 1, 2, and 3 available to all students*

Tier 1

Plan A	225 Dining Passes with 230 Dining Dollars	\$2,275
Plan B	200 Dining Passes with 440 Dining Dollars	\$2,275
Plan C	175 Dining Passes with 645 Dining Dollars	\$2,275
Plan D	150 Dining Passes with 790 Dining Dollars	\$2,275
Plan E	125 Dining Passes with 970 Dining Dollars	\$2,275

Tier 2

Plan A	175 Dining Passes with 275 Dining Dollars	\$1,865
Plan B	150 Dining Passes with 420 Dining Dollars	\$1,865
Plan C	125 Dining Passes with 600 Dining Dollars	\$1,865
Plan D	100 Dining Passes with 785 Dining Dollars	\$1,865
Plan E	75 Dining Passes with 945 Dining Dollars	\$1,865

Tier 3

Plan A	125 Dining Passes with 370 Dining Dollars	\$1,725
Plan B	100 Dining Passes with 555 Dining Dollars	\$1,725
Plan C	75 Dining Passes with 715 Dining Dollars	\$1,725
Plan D	50 Dining Passes with 930 Dining Dollars	\$1,725

Tier 4

Available to upperclass students only

Plan A	100 Dining Passes with 125 Dining Dollars	\$1,295
Plan B	75 Dining Passes with 285 Dining Dollars	\$1,295
Plan C	50 Dining Passes with 500 Dining Dollars	\$1,295

Apartment Residents and Commuter Meal Plans

Available to on- and off-campus apartment residents and commuter students only

CPA	35 Dining Passes with 320 Dining Dollars	\$650
CPB	15 Dining Passes with 150 Dining Dollars	\$335
CPC	645 Dining Dollars	\$650
CPD	325 Dining Dollars	\$335

Dining Services Meal Plan Guide

How do I choose a meal plan?

Choose your plan according to your needs. We offer a tiered meal plan system with many levels from which to choose, as well as additional options for apartment residents and commuters. Meal plans feature Ultimate Access, Dining Passes, Dining Dollars, or various combinations, so you can customize the plan to suit both your appetite and budget.

Which meal plan is right for me?

First, you'll need to consider your eating habits. How many meals will you eat on campus each week? How many meals will be in Market Central or The Perch at Sutherland? How many meals will be at the other dining facilities on campus? How many snacks and beverages will you consume on the run?

The example below can help you think about your eating preferences. Use this as a guide to determine your meal plan needs. Or, for ultimate flexibility, simply choose an Ultimate Access plan and enter Market Central or The Perch at Sutherland as many times as you wish.

Estimate of Meals in Market Central or The Perch at Sutherland	Example	Your Calculation
1. # breakfasts per week x 1 Dining Pass =	3	_____
2. # lunches per week x 1 Dining Pass =	4	_____
3. # dinners per week x 1 Dining Pass =	5	_____
4. Total meals per week (add lines 1-3) =	12	_____
5. Multiply total from line 4 x 15 (weeks per term). This is the estimated number of Dining Passes needed per term =	180	_____

Estimate of Dining Dollars Spending	Example	Your Calculation
1. \$ spent per week on coffee, snacks, soda, etc. =	\$10.50	_____
2. \$ spent per week on convenience store items to take back to your housing =	13.00	_____
3. \$ spent per week on meals other than in Market Central and The Perch at Sutherland dining facilities =	19.00	_____
4. Total \$ spent on meals per week (add lines 1-3) =	42.50	_____
5. Multiply total from line 4 x 15 (weeks per term). This is the estimated number of Dining Dollars needed per term =	\$637.50	_____

Based on the example above, you might select Tier 1, Plan C, which offers 175 Dining Passes and \$645 Dining Dollars.