## FAMILY HISTORY FORM

### The Hereditary Cancer Program at Washington University School of Medicine

Please complete this form as best you are able. Contact us at 314-286-0688 with any questions.

Your family cancer history and your personal health history are used to determine your cancer risk and/or chance your family has hereditary cancer. Knowing your extended family history helps to provide a better estimation of your risk.

The following pages contain a **sample family cancer history**, a blank form for you to complete **your family history**, and a **table** to document your family members' names and medical conditions. **The family history form and family history table are linked to one another**.

Ask the following questions for family members who have been diagnosed with cancer:

- Where did the cancer start, or, what was the specific cancer type (for example, colon cancer)?
- About what age was the person diagnosed?
- Did the family member have more than one type of cancer? Do not include a cancer that spread to another part of the body.
- Did any family member have genetic testing? What gene(s) was tested and what were the specific results? Will your family member share a copy of the genetic testing results?

#### Instructions for completing your family history form – SEE SAMPLE FAMILY HISTORY

Circles stand for females and squares stand for males.

- Start at the bottom of the form and draw a circle or a square for yourself.
- Add your sisters and brothers along the connecting line, next to you, using circles to designate females and squares for males.
- Children are drawn on lines directly below their parents. Remember to include your children.
- Take the same steps for your mother's siblings and your father's siblings. Include your cousins.
- Do the same thing for your grandparents and their siblings, if you know this information.

#### Instructions for completing the family history table

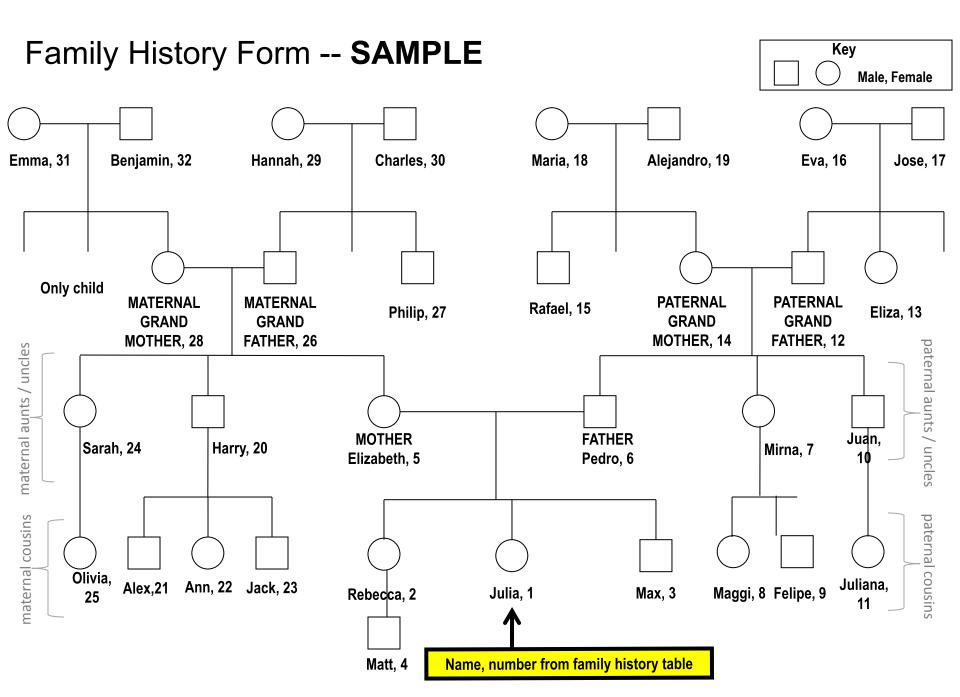
- List your family members on the family history table including any cancer diagnosis or other important medical illnesses.
- Give yourself the number 1 on the table.
- Each family member should have his or her own number.
- Write the family member's name next to the number on the table.
- Write the family member's cancer diagnosis or other important medical conditions.
- If the family member is deceased, write the approximate age at death and cause of death, if you have this information.

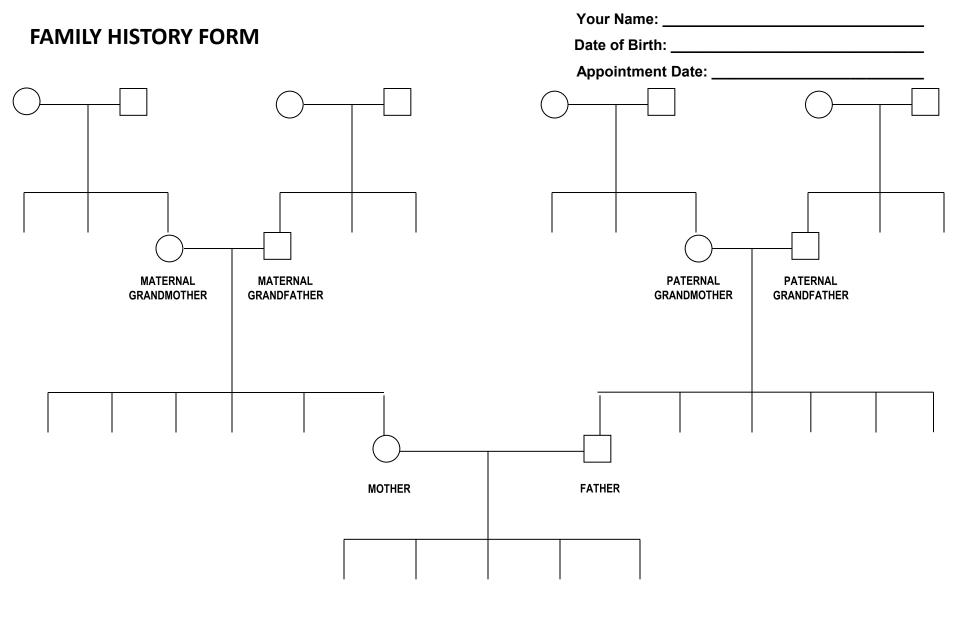
#### **Questions?**

Contact us with any questions, 314-286-0688.

#### Mail or fax completed form prior to your appointment

Hereditary Cancer Program, Washington University School of Medicine, Box 8100; 660 S. Euclid Ave, St. Louis, MO 63110 Fax 314.454.8051





# No. Family member name Type of cancer, health problems, serious Age at death and illnesses, or birth defects cause of death Still living Example Breast cancer at 32; endometriosis

### FAMILY HISTORY TABLE

| No. | Family member name | Type of cancer, health problems, serious<br>illnesses, or birth defects | Age at death and<br>cause of death |
|-----|--------------------|---|------------------------------------|
| 21  |                    |   |                                    |
| 22  |                    |   |                                    |
| 23  |                    |   |                                    |
| 24  |                    |   |                                    |
| 25  |                    |   |                                    |
| 26  |                    |   |                                    |
| 27  |                    |   |                                    |
| 28  |                    |   |                                    |
| 29  |                    |   |                                    |
| 30  |                    |   |                                    |
| 31  |                    |   |                                    |
| 32  |                    |   |                                    |
| 33  |                    |   |                                    |
| 34  |                    |   |                                    |
| 35  |                    |   |                                    |
| 36  |                    |   |                                    |
| 37  |                    |   |                                    |
| 38  |                    |   |                                    |
| 39  |                    |   |                                    |
| 40  |                    |   |                                    |

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