

UNDECLARED FOLLOW-UP GROUP ADVISING 2011



Student Support and Equity Programs



ADVISOR INTRODUCTION

- ⦿ Education
- ⦿ Years at CPP
- ⦿ Roles/liaison to college(s)
- ⦿ Personal interests, etc.



LEARNING OUTCOMES

At the end of this session, you will be able to:

- ① Describe the three exploration areas for deciding on a major,
- ① List three benefits of meeting with your academic advisor and the Undeclared Student Program (USP)
- ① List at least three of your responsibilities as a participant of the USP, and
- ① Identify one to three majors of interest.

ACTIVITY

🎯 Who
Are
You?





ADVISOR / ADVISEE RELATIONSHIP

- ◎ What is our role as academic advisors?
- ◎ What is your role in this advising relationship?

[Advisor/Advisee Relationship Flyer](#)

UNDECLARED STUDENT PROGRAM - USP

- ◎ **Purpose:** Why we are here
 - ◎ Help with decision making process
 - ◎ SSEP is your academic home/department
 - ◎ Provide resources through various activities
- ◎ **Benefits:** What you get out of it
 - ◎ Allows you time to explore interests
 - ◎ You are more informed than other entering students
 - ◎ Reduce chances of changing major later on
 - ◎ Advising sessions help you to stay on track

EXPLORATION AREAS FOR DECIDING ON MAJOR

- ◎ **Three Areas of Exploration:**
 - ◎ Personal Exploration (skills, values, interests)
 - ◎ Major Exploration (programs of study)
 - ◎ Career Exploration (actual jobs)

- ◎ One major does not lead to only one job or career, and careers don't necessarily require one specific major



ADVISING

- ◎ **ADVISING QUARTERLY SYLLABUS (will be emailed to you and put in our SSEP forms website www.dsa.csupomona.edu/ssep):**
 - ◎ Objectives, materials and responsibilities
 - ◎ Advising Guide/Schedule
 - Your advisor may request for you to come more often, and you can also request to come in more often
- ◎ **Advising Portfolio Instructions**
- ◎ **Grade Tracker** (print from website; look at sample)
- ◎ **Goals and Action Plan** (print from website; look at sample)
 - Students come up with examples of Goals and write at least one down
- ◎ **Quarter Planner for Fall 2011** (print from website)

Name: _____ BroncoNumber: _____ Advisor: _____

If you have a major or majors in mind, please list them below with the highest interest first and the lowest interest last:

- A. _____
B. _____
C. _____

For each section below, please read all statements and check all that most apply to you:

Skills and Abilities

- 1 ___ I am not confident that I have the skills required for this major: _____
2 ___ I am not confident that I have the opportunity to enter into this major: _____
3 ___ I don't know what my abilities are
4 ___ I know I have the ability to do well in anything I choose but it's difficult to find just one thing I would like as a career

Multiple Interests

- 5 ___ I am interested in more than one major
6 ___ I am having a difficult time deciding between two or more majors of interest
7 ___ I am interested in various areas but none 'pop out' at me as a high interest
8 ___ I have interest in some things but I'm not sure if they lead to careers

Lack of Interests

- 9 ___ I know I will have to go to work eventually but no majors or careers appeal to me
10 ___ I don't know what my interests are

Concerns and opinions of others

- 11 ___ I know what I want to major in (major: _____) but my:
___ parents
___ friends
___ significant other
___ other family members
would prefer that I do not pursue that interest
12 ___ I want to make sure to please others (who: _____) with my decision of major
13 ___ I think I know what I want to major in but I need additional support from others in order to finalize my decision

Indecision

- 14 ___ Until now, I haven't had to make important decisions for myself
15 ___ I'm used to others telling me what to do
16 ___ I am generally indecisive
17 ___ In regards to my major, I wish I could just take a test and know what to pursue
18 ___ It bothers me to have to make decisions

Uncertain career pathways

- 19 ___ I am discouraged to make a decision of a major because everything is uncertain about what career you will pursue in the future anyway
20 ___ The economy is so bad that it makes me question my major interests (major: _____)
21 ___ I know what I want to major in but it's unclear what careers would follow with that major
22 ___ I know what career I want but it's unclear what major is best to prepare for that career (career: _____)

Recent change in interest

- 23 ___ I have experienced recent changes in what I like to do that have impacted my interest in major
24 ___ The field that I was interested in has gone through some significant changes that it makes me think twice about following it
25 ___ I recently found out I cannot pursue my major of interest and need to begin exploring other majors

"The right one"

- 26 ___ I believe there is only one "right" major for me and I want to find out what it is
27 ___ I want to be 100% sure about the major I choose
28 ___ I want to be 100% sure about the career I pursue

Need information

- 29 ___ I know what I want to major in and I just need to know what to do to declare
30 ___ I know what career I want and I just need to know what majors can prepare me for it
31 ___ I know what major I want but I still want to explore many majors and careers before I commit to it so that I don't miss anything
32 ___ I want to fully explore majors and careers before deciding on one

Other

- 33 ___ Write other statements that describe your level of decisiveness in addition to any selected from above:

Of the statements you checked, please choose 3 that are of *greatest concern* to you, and rate the level of distress each is causing you:
Item # from above

	Level of distress				
	___ Minimal	___ Mild	___ Moderate	___ Severe	___ Extreme
#1 Concern _____	___ Minimal	___ Mild	___ Moderate	___ Severe	___ Extreme
#2 Concern _____	___ Minimal	___ Mild	___ Moderate	___ Severe	___ Extreme
#3 Concern _____	___ Minimal	___ Mild	___ Moderate	___ Severe	___ Extreme

ASSESSMENT

Major Decision Self-Assessment – side 1

EXPLORING CPP MAJORS



- ◎ Number of majors offered: 52
- ◎ Number of options to choose from: 101
 - ◎ this includes choosing the major and the option within a major
- ◎ **Activity: Identifying majors of interest – Majors and Options at CPP**

IMPACTED MAJORS



- ⊙ **Aerospace Engineering**
 - ⊙ **Architecture**
 - ⊙ **Animal Health Science**
 - ⊙ **Animal Science**
 - ⊙ **Biology**
 - ⊙ **Biotechnology**
 - ⊙ **Chemical Engineering**
 - ⊙ **Civil Engineering**
 - ⊙ **Computer Engineering**
 - ⊙ **Electrical Engineering**
 - ⊙ **Mechanical Engineering**
- ⊙ If you are interested in any of these impacted majors, make sure to communicate this to your advisor at your first advising session in Fall quarter
 - ⊙ You can access the Change of Major requirements information online – Academic Programs (Petitions/Policies; [Change of Major; Requirements for Changes of Major](#))

ASSIGNMENTS

- ◎ **Today you will schedule Advising Session 1 for Fall quarter. This is what you need to bring to that session:**
 1. Completed Advising Portfolio – Instructions on website (binder with all tabs and include as much material as it applies to you; you will be adding material through the quarter/year)
 2. Grade Tracker – from website (look at sample; fill out completely in pencil). Do a ‘print preview’ to make sure your form will print correctly.
 3. Goals and Action Plan – from website (look at sample; fill out completely in pencil; print preview)
 4. Quarter Planner for Fall 2011 – from website

CONCLUSION

- ◎ Complete LO Assessment – link will be emailed to you
- ◎ Questions?
- ◎ Schedule your Advising Session #1
- ◎ If your name is on the board, please stay for one-on-one session

