

# **CERTIFYING MEDICAL EXAMINER EVALUATION GUIDELINES**

## **FEDERAL DIABETES EXEMPTION PROGRAM**

The applicant is applying for a Federal diabetes exemption to allow insulin use while operating a commercial motor vehicle (large truck or bus) in interstate commerce. Effective July 15, 2007, the driver is required to be examined by a medical examiner as part of the application process. A medical examiner is defined as an advanced practice nurse, doctor of chiropractic, doctor of osteopathy, medical doctor, or physician assistant who is licensed in their state to perform these examinations. This change will assist the Agency in determining that the individual is qualified for all medical standards, other than diabetes, in accordance with 49 CFR 391.41(b); expedite the application process; and make the process consistent with other medical exemption and certificate programs, including the Skill Performance Evaluation program.

This examination begins the exemption process. The certifying medical examiner must review the applicant's 5 year medical history and provide the applicant with a completed U.S. Department of Transportation medical examination report and medical examiner's certificate. The applicant is responsible to submit copies of these forms with their application. The form and certificate are not valid until Federal Motor Carrier Safety Administration (FMCSA) has issued an insulin exemption. Any other medical problem or condition that prevents being certified by the medical examiner must be corrected **BEFORE** the rest of this application is completed.

**IT IS THE EXAMINER'S RESPONSIBILITY TO DETERMINE IF THE APPLICANT MEETS ALL MEDICAL STANDARDS AND GUIDELINES, OTHER THAN DIABETES, IN ACCORDANCE WITH 49 CFR 391.41 (B) (1-13). IF THE APPLICANT PASSES THE CERTIFICATION EXCEPT FOR USING INSULIN:**

***Check the following on the Medical Examination Report:***

- meets standards but periodic evaluation required due to **"insulin use"** driver qualified only for (check the 1 year box)
- accompanied by a **"Federal diabetes"** waiver/exemption

***Check the following on the Medical Examiner's Certificate:***

- accompanied by a **"Federal diabetes"** waiver/exemption
- Medical examination expiration date should be one year from the date of examination.

**The applicant is required to submit copies of the Medical Examination Report and Medical Examiner's Certificate along with the endocrinologist and the ophthalmologist/optometrist evaluation checklists, to be reviewed by FMCSA for the determination of qualification for the Federal diabetes exemption.**

If you have questions, please call 703-448-3094. When calling, please leave a message on our automated system for the Federal diabetes exemption program. A program representative will return your call.

**Please print and sign your name below and return this to the applicant:**

Medical Examiner's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Medical Examiner's Name (please print): \_\_\_\_\_