

# 140 Things To Do @ Chatham University

There are lots of great things to do at Chatham University and in the Pittsburgh area and this list will help you get involved and learn more about the campus and community. It should be your goal to complete every item on this list before you graduate! Use this list as a guide to check off your progress! Don't forget to come by the Office of Student Affairs every time you complete five things in one category to receive a button for the category.

*The list is divided into the 8 categories below...*



## BE GREEN

Chatham University is dedicated to sustainability and the environment. These principles are infused through curriculum, co-curricular activities, and lifestyle practices

both on and off-campus.

## Embrace Diversity & Internationalism



Chatham University strives to promote Global Understanding locally and internationally. The activities below highlight opportunities to experience diversity on campus, throughout the community, and abroad.



## TRADITIONS

Chatham University is steeped in campus traditions. Traditions help us connect the past, the present and the future. They bring students, alumni, faculty, staff, and families together

and build a sense of camaraderie and common understanding. These traditions have helped build the close-knit community we value at Chatham.

## Get Involved @ Chatham!



Chatham is a great place full of a multitude of opportunities! Take advantage of every opportunity and get involved!

## Explore Pittsburgh



Chatham University is located in the heart of a city with many opportunities to enrich your life conveniently located near other universities, museums, and sporting events. Pittsburgh, the city of bridges, is one of the most livable cities in the United States. Without a doubt it has a rich history, beautiful architecture, and many places to explore.



## Leadership

Chatham University has a historic commitment to Women's Leadership and Issues. There are a variety of opportunities to become involved ranging from student organizations, social and civic engagement, and student-athletics.

## Chatham Spirit



Everyday is a GREAT DAY to be Cougar! Show your Chatham Spirit all day, every day!



## Innovation & Research

Chatham values a sense of innovation and an entrepreneur spirit. There are many opportunities to think outside the box and make change on campus, in the Pittsburgh community, and on an international level. These are opportunities to help you think innovatively!



## BE GREEN

1. Use the Chatham Green Machine
2. Help build the Eden Hall trail
3. Attend a GREEN event at Rea House
4. Participate in Recyclemania
5. Bike/walk the Eliza Furnace Trail
6. Volunteer in the organic garden at Eden Hall
7. Visit the East End Food Co-op: the Pittsburgh's only consumer-owned natural food store
8. Carpool, Bike or Walk to Campus
9. Drive the Zip Car
10. Make use of your reusable shopping bags for groceries
11. Visit the Rachel Carson Homestead
12. Use a Chatham water bottle and eliminate plastic bottles from your life
13. Walk on the Rachel Carson bridge
14. Learn what is Biophilia and discover "One Planet Living" and "Cascadia Living Building Challenge"
15. Enjoy a meal by Slow Food USA and learn what Slow Food is all about

## Embrace Diversity & Internationalism



16. Participate in Box City
17. Visit the August Wilson Center
18. Help to plan a multicultural monthly celebration (Hispanic Heritage, Native American Indian, Black History, Jewish Heritage, or Asian Pacific Heritage)
19. Go to a LGBT History Month Event
20. Be present at a Disability Awareness Month Event
21. Experience a women's monthly celebration event (Women of Color HERStory or Women's History)
22. Have a dream and attend the MLK Breakfast
23. Think Global by experiencing a Global Focus event
24. Become a Chatham Idol – be a regular at Open Mic Night or Evening of Expression
25. Dust off your passport and get ready to Study Abroad
26. Attend a cultural festival in Pittsburgh
27. Utilize Chatham to master a foreign language
28. Attend the All Faith Gathering – learn about others' faith practices, meditation and reflection



## TRADITIONS

29. Raise your voice at Fall Serenade
30. Get inspired at Opening Convocation
31. Grab a plate at the Global Focus Picnic
32. Mix with alumnae at the Alumnae Ice Cream Social
33. Get scared by experiencing Ghost Walk or Halloween Dinner
34. Hoist a unique concoction at Mocktails
35. Put on your Chatham sweatshirt for the Harvest FunFest & Family and Friends Weekend

36. Dream about beating the Seniors in the Battle of the Classes
37. Take up the challenge of the Song Contest
38. Break bread with your neighbor and be thankful at the Thanksgiving Dinner
39. Go sledding down Chapel Hill
40. Get into the season with Candlelight, Chatham Eggnog, and Holiday Ball
41. Cut up the rug at the Spring Formal
42. Release your inner self at Airband
43. Burn your Tutorial at Tutorial Bonfire
44. Celebrate with us at Closing Convocation
45. Volunteering for Buckets & Blossom at University Day
46. Take in the May Pole Dance at University Day
47. Eat your heart out at the Moonlight Breakfast
48. Declare your major by the second semester of your sophomore year

## Explore Pittsburgh



49. Wake up early and be at Pamela's for breakfast
50. Capture the Black & Gold Spirit at a Steelers, Pirate's, or Penguin's game!
51. Show your Chatham ID and ride the Incline at Station Square for free
52. Experience the rides at Kennywood or Splish Splash at Sandcastle
53. Go around the world by experiencing the nationality rooms at the Cathedral of Learning
54. Eat at Primanti Brothers Restaurant (Slaw and Fries on a sandwich – a must have!)
55. Grab a friend and your thinking cap to explore the Carnegie Science Center
56. Go back into time by visiting the dinosaurs at the Carnegie Art or Natural History Museum
57. Craving a late night meal during the week or weekend? Enjoy a meal at the "O"! We dare you to finish a large order of French fries!
58. Experience your 15 minutes of fame at the Andy Warhol Museum
59. Drive to Station Sq and board the "Just Ducky" boat tour to enjoy a city adventure!
60. Fly a kite at Schenley Park or Ice Skate at Schenley Park or PPG Place
61. Wake up early to head down to the Strip District on a Saturday morning for fresh Farmer's Market or an evening of nightlife fun.
62. Use your Chatham ID and learn to use the Port Authority Transportation System. Even if you get lost, you will be sure to find something new!
63. Get dressed to the nines and see a play or musical downtown in The Cultural District
64. Get lost mentally in the art exhibitions at the Mattress Factory
65. Pick a park! Any park! -Schenley, Frick, Highland, North

- Park and relive your favorite childhood activities
66. Take a moment to smell the roses...and a ton of other amazing flowers by visiting Phipps Conservatory
  67. Build your own time machine and go back into history! Or just go visit the Heinz History Center
  68. Get the World's Best Chocolate Chip Cookies at Nancy B's Bakery
  69. Enjoy a cupcake from Dozen Cupcakes or CoCo's Cupcakes. You can thank us later!
  70. Visit Point State Park & see the fountain
  71. Not quite the Love Boat but that shouldn't stop you from taking a ride on the Gateway Clipper Fleet
  72. Tour Italy locally and feast at your favorite local pizza place
  73. Put on your lose pants and eat at Five Guys



## Leadership

74. THANK the heroes and heroines who work behind the scenes – housekeeping, facilities, landscaping, etc.
75. Be counted and let your voice be heard by voting in campus elections and local, state and national elections
76. Take the extra step to prepare for your life after Chatham by visiting Career Services before your senior year
77. Take a course that has nothing to do with your major...it might change your life and your major!
78. Grab your resume and your smile to participate in a career fair
79. Become a well rounded student and attend a faculty lecture (not a class lecture)
80. Better yourself academically and personally by attend a counseling, library or PACE Center program
81. Do something for someone else by participating in Community Service Day...you never know how it will help you in return
82. Find something(s) that interest you and join at least one student organization with that focus. If we don't have it, create it!
83. Create/Join a Chatham team to walk, run, or bike for a cause in a charity race
84. Make what you learn in class come alive by attending at least one Lead In Life Skills Seminar
85. Drop by to say hello and introduce yourself to your College Dean
86. Do more than just complain and be a part of a solution by participating in the W.O.W. (Women of the World) Retreat
87. After you participate in a Community Service event, complete your Community Service Form
88. Have you seen your professor in the dining hall, the gym, or even off campus? Well, say hi and have a conversation with them!
89. Enjoy the many events Chatham and Pittsburgh has to offer then report your activities for the Co-Curricular Transcript

90. What is the quickest way to become friends with brilliant people with great GPAs just like you? Join an Honor Society!
91. Schedule a meal with a campus administrator and learn from their life experiences

## Get Involved @ Chatham!



92. Take the first steps in becoming a true World Ready Women by attending the Student Activities Fair and joining a group
93. Explore the depths of your femininity by auditioning or attending the Vagina Monologues
94. Don't just pay Chatham, let Chatham pay you by becoming an official employee through student employment
95. Need to know the real stories about what's going on at Chatham instead of the rumors? Read the Communique!
96. Do you care about your campus and your school in general? Attend a Chatham Student Government or Graduate Student Activities or Chatham Activities Board meeting! Voice an opinion and be heard!
97. If you need a little extra push and fun to make it to the weekend, attend a Real Talk, Kickback or Traveling Tuesday Night Edge
98. If you don't love LIVE entertainment, you will after attending the Coffeehouse Series Events
99. Don't be selfish! Donate Blood at the Chatham University Blood Drive in between classes.
100. Move towards a healthier lifestyle by taking an exercise class
101. Get familiar with the great outdoors of Chatham by walking/running the Chatham Mile Loop
102. Center yourself and prepare to reflect on your life's journey thus far and walk through Jessica's Labyrinth
103. Experience our outdoor pool by swimming at Eden Hall
104. Go old school and enjoy vintage bowling at Eden Hall. Don't forget to pick up the pins after each throw.
105. Wake up early and enjoy the great brunch at Anderson Dining Hall
106. Get your thoughts out and chalk the Quad
107. Did you know we have a beautiful Art Gallery right on campus? Scout out the next Art Gallery opening.
108. Love music? Attend a musical performance at Chatham
109. Support your fellow Actors & Actresses by attending a play at Chatham
110. Show off your athletic and competitive side by participating in at least one intramural event
111. Share and hear stories of personal triumph by attending Take Back the Night

## Get Involved Continued...

112. Grab your camera and submit a photo of the week to myChatham for everyone to see!
113. Next time you're on Facebook checking in on your friends, join the Chatham Activities Board Facebook Group
114. Don't break the tradition, wave at Andrew Mellon's picture so he won't haunt you
115. Give one of the many Chatham kids a high five
116. Grab a blanket, homework, or your guitar and layout at the Quad or Chapel Hill
117. Do more than just study at the Chatham library and check out a book
118. Take the Chatham Shuttle to Eastside if for no other reason than to have lunch in the Café.
119. Get the most out of your education and take a class with a professor just because you heard they were amazing
120. Spend an entire day taking advantage of what the Athletic Facilities has to offer. It doesn't matter if you go rock climbing, swimming, or running around the track. Just do it!

## Chatham Spirit



121. Tell a friend, family member, or THE WORLD how great Chatham is
122. Be proud of Global Focus - Bring friends to enjoy Global Focus events - the best kept secret in Pittsburgh
123. Say thank you to as many Chatham ladies for representing Chatham Athletics
124. Show off your Chatham spirit by wearing a different a Chatham t-shirt each day for an entire week
125. Keep a pen pal with a student from another women's college
126. CHEER ON THE COUGARS: Cross Country Race; at a Tennis match; at a Volleyball game; at a Soccer game; at a Basketball game; at a Ice Hockey game; at a Softball game; at a Swimming and at a Water Polo contest
127. Personify the Chatham spirit Cougar's pass and present and wear the Cougar mascot at one Chatham event
128. Do the next best thing to participating in a Chatham sport...participate in a contest at a Cougar FANATICathletic event
129. Invite the important people you miss during the school year to attend and enjoy Family and Friends Weekend.



## Innovation & Research

130. Go above and beyond what you do in the classroom and participate in an internship or summer research project
131. Do more than just come by and say hello but share a campus life issue and a solution with your Dean of Students
132. Grab a camera or your cell phone and take lots of photos and create your own artwork
133. Enjoy starting and completing your tutorial, a true rite of passage!
134. Not an always fun event but always an experience; do one thing that scares you
135. Not being a business major is even more reason to visit the Center for Women Entrepreneurship and learn about a program or activity to get involved in
136. Practice the art of networking and invest yourself in the city through meeting a local Pittsburgh leader or entrepreneur
137. Eat something different every week – who knows you may like it!
138. Really get to know your surroundings by reading up on and learning the history and backgrounds of a couple of the Chatham buildings
139. Exercise your "World Ready'ness" and visit a country you never imagined you would visit
140. Now this is the really challenge! Stop using your cell phone for a day and enjoy the differences that day brings to you

So... what are you waiting for???

You have...

140 Things To Do @ Chatham University

For more information or if you have questions, please contact the Office of Student Activities at 412-365-1281 or [studentactivities@chatham.edu](mailto:studentactivities@chatham.edu).