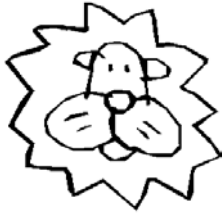


Hebersham Pride

HEBERSHAM PUBLIC SCHOOL



Andover Crescent
HEBERSHAM 2770
P.O. Box 3048

Mt Druitt Village 2770

Website: <http://www.hebersham-p.schools.nsw.edu.au/>

PH: 9625 9133
9625 8471

FAX: 9832 1456

Newsletter

11 June 2015

Calendar for Week 9 Term 2

Monday – 15 June

CARES Excursion S2F and S2H (boys only)

Tuesday – 16 June

Wednesday – 17 June

School Athletics Carnival

Thursday – 18 June

Friday – 19 June

K-6 Assembly 9:30 Yalingen Allawah

THREE WAY INTERVIEWS & STUDENT REPORTS



Three way interviews with parents or carers, students and teachers will take place from Monday 22 June. Student reports will be given to families at the interviews. Mr Watson will conduct his interviews the week starting the 15 June.

Please ensure that you make the time to discuss your child's progress with the teachers.



Pride Goal

Our pride goal expectation for the next week is:-

Be Respectful –Care for our Environment

FOR YOUR DIARY Important Change of Date!



Students at HPS will return to school in Term 3 on **Tuesday 14 July**.

Teachers will be at school on Monday 13 July for a staff development day. They will be doing curriculum based learning.

Koori Play and Chat



Bring the kids for fun games, songs, stories and craft.

Everyone welcome

Thursdays 9.30-10.30

Yalingen Allawah (hall)

Hebersham Public School

Panther Trophy



Hebersham's U/10s Rugby League team played in the Panther Trophy. After 3 games they qualified for the semi-final where they were victorious and qualified for the Grand Final.

The Grand Final was played on Wednesday 10th June 2015. The boys were against York PS who had beaten them in the round games. After some stern defence the boys finally got the ball but were unable to hold onto it. In the first 7 minutes the opposition had completed 4 sets of possession whereas we had failed to hold onto the ball and found ourselves down 10-0.

The boys finally held onto the ball and scored a try through Landen which was converted by Ezriah taking the score to 10-6 at halftime.

The second half was played at a frantic pace with the boys scoring again through Landen with 4 minutes to play. Junior converted the try and Hebersham were now leading 12-10.

York PS threw everything at the boys but they stood strong. With the pressure mounting and fatigue setting in, York made a break and looked like scoring what would be the winning try. However, with a last ditch lunge Zaccaryah pulled the opponent down centimetres before the line in what proved to be a match saving tackle.

Hebersham held on in a very tense final few moments to be crowned Panther Trophy U/10 A Division Champions.

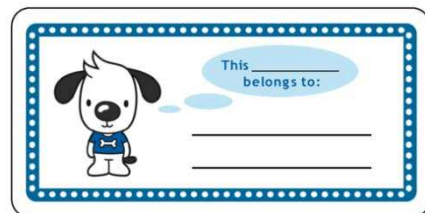
The team will now compete in the All-Schools State Carnival against the best U/10 school teams from all over NSW.

Well done boys! Alex Watson

Staff Car Park

Due to safety reasons parents are NOT allowed to drop off or pick up students in the car park unless it has been approved by the principal.

LOST PROPERTY



There is a large amount of lost property in the front office. If your child has lost an item please visit the office and look through the lost property box.

To help the school return lost items of clothing to your children, please ensure that each item is clearly labelled with your child's name.

NSW State Rugby League Carnival



S3W class member Zechariah represented Sydney West School Sports Association last week at the U/11s NSW PSSA State Rugby League Carnival at Tamworth. Zechariah's team were eventual State Champions after beating Sydney East in the Final. Congratulations to Zechariah and best of luck for week 9 when he attends the NSW PSSA Opens State Rugby League Carnival in Cronulla.



COMING SOON!!!!

Kindergarten Excursion

Friday 28 August 2015

Milk
the
cow

Bottle
feed a
lamb

Hand
feed the
goats

Every
child
gets a
turn

- **Our school will have farmers looking after us all day.**
- **Every child will get a turn at all the activities.**
- **We will be travelling on seat belted coaches.**
- **Cost covers the entry and the coach travel = \$30.00**

 **Cancer Council NSW** Nutrition Snippet

The simplest way

...to make healthy fried rice.

Our healthy fried rice will satisfy even the fussiest of eaters. Send the next day to school for lunch – it's good hot or cold, easy to make and packed full of vegies!

Ingredients

- 1 cup brown rice (uncooked)
- 1 tbs olive oil
- 1 onion, thinly sliced
- 1 egg, lightly beaten
- 500g pack frozen mixed vegetables
- 2 tbs reduced-salt soy sauce
- 2 tbs sweet chilli sauce
- 2 tbs water



Method

Cook rice according to packet directions. Meantime, heat olive oil in fry pan or wok. Add onion to pan and cook until soft. Add egg and scramble until cooked. Stir in cooked rice and fry for two minutes. Add in vegetables, cooking until heated through. In a separate bowl, mix together soy sauce, sweet chilli sauce and water. Add sauces to the rice mixture and stir until heated through. Serve warm, and enjoy!

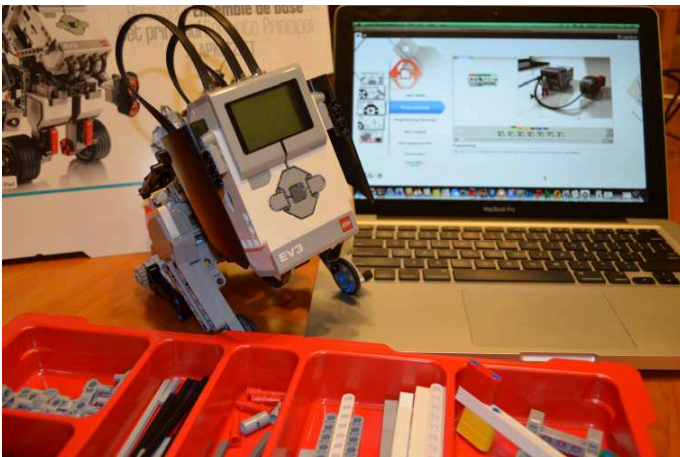
For more information visit www.eatittobeatit.com.au
or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.

 **Health**
Western Sydney
Local Health District



SCHOOL HOLIDAY WORKSHOPS



Using LEGO® MINDSTORMS® EV3 & WeDo™ robotics
Also creative and themed building workshops

Try our **NEW** Master Builder workshop!

**6 to 10 July 2015 at
Penrith**

For more information and to book online go to:
www.sttimothyscollege.org

Workshops are provided by: St Timothy's College Inc. ABN 67 933 716 966
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WORKSHOPS

	DURATION	COST
Gears Unbolted	45min	\$12
Licence to Build	45min	\$12
Master Builder	2hrs	\$25
Junior Robots (WeDo)	2hrs	\$25
Intermediate Robots (WeDo)	3hrs	\$39
Story Builder	3hrs	\$39
Intro to EV3 Robotics	3hrs	\$39
Advanced Robotics (EV3)	6.5hrs	\$79



Expressions of Interest Cooking Classes for Parents/ Carers,

We are planning on running cooking classes for parents and/or carers in Term 3, from our school kitchen.

The classes will take place after school on either a Monday or Wednesday.

If you are interested in participating and would like more information please return this form with an indication of preferred cooking topics.

Name: _____

Child's name and class: _____

Preferred cooking classes, please number from 1 – 4:

- Lunch box ideas _____
- Healthy family dinners _____
- Fast breakfast options _____
- Affordable food _____
- Baking _____

