

2015 EASTSIDE EAGLES PROGRAM & REGISTRATION INFORMATION

Respect All
Fear None!

Welcome Football & Cheer Families!

We look forward to working with your athletes this upcoming season as we welcome you to our Eastside Eagles family. Check-in often at eastsideeaglesmi.com for information & calendar updates. Like us at Eastside Eagles on Facebook!

FOOTBALL & CHEERLEADING PROGRAMS The age groups for athletes as of August 1st, 2015 are:
Flag Football Ages 7 - 8 ● **Tackle Football** Ages 9 - 14 ● **Cheerleading** Ages 5 - 14 (not entering 9th grade)

If you would like more information about our program or wish to register your athlete, please contact:

FOOTBALL:	Head Coach - Nick Sherevan	nick@eastsideeaglesmi.com	586.677.1097	586.419.4822
	Football Director - Gary Abernathy	gabernathy79@gmail.com	734.679.3002	
CHEER:	Cheer Director - Amanda Abernathy	eecheer2012@gmail.com	248.802.7609	

FEES: Registration for the 2015 season fee is \$210 flag; \$270 tackle, \$180 for cheerleading. A 20% discount will apply to any sibling of the same or lesser amount(s). Cash, Check or Charge cards will be accepted.

ADDITIONAL COSTS: Incidentals throughout the season will be necessary. For football it will be items such as a 5-pad girdle (approx. \$25 - at your local sports store), shoes (black, plastic molded cleats approx. \$30 & up. Cheerleaders will need items such as warm-up suit, shoes, cheer bags, bows, socks, etc.

SPORTS PHYSICALS are required prior to the first practice – there are no exceptions. All physicals completed on or after **January 1, 2015** will be accepted. For your convenience, we will have sports physicals at the BRAC in May for \$20 each. MHSAA Physical forms are posted on this site for your convenience, or your physician may prefer to use his/her own.

There are a minimum of nine games; with the possibility of 11 games with playoffs. Each game is comprised of four - 12 minute quarters. Every player plays every game. Please check out our link to the ESFL league for more details.

2015 REFUND POLICY for Registration Fee — Before April 1st, 2015: 100% less a \$15 service fee. Between April 1st and the end of the first week of practice: 50% less a \$15 service fee and less \$40 for game jerseys with name applied. After the second week of practice – No refunds.

FOUR VOLUNTEER COMMITMENTS per family is required. We have one major fund raiser each season, our Homecoming Program book and encourage all families to participate to help keep costs down. We will need your help in order to insure our athletes have the safest equipment available to them. Also ask your place of employment if they would be interested in a Sponsorship Opportunity and have their logo placed on our website; on the Eastside Eagles home game banner; announced at home games; and free ad space in our Program Book.

FOOTBALL PRACTICE BEGINS JULY 20TH:

Varsity:	M-F	6:00 - 8:30 pm
J.V. & Freshman:	M-F	6:00 - 8:00 pm
Flag:	M, T, TH, F	6:00 - 7:30 pm

AFTER LABOR DAY:

Varsity:	T-F	6:00 - 8:30 pm
J.V. & Freshman:	T-F	6:00 - 8:00 pm
Flag:	T, W, TH	6:00 - 7:30 pm

CHEER PRACTICE BEGINS JULY 20TH:

Varsity & J.V.	M-F	6:00 - 8:30 pm
Freshman & Flag:	M-F	6:00 - 8:00 pm

AFTER LABOR DAY:

Varsity & J.V.	T-F	6:00 - 8:30 pm
Freshman & Flag:	T-F	6:00 - 8:00 pm

GAME SCHEDULE TBD: On Saturdays or Sundays

PRINT, FILL OUT, COMPLETE, & SIGN ALL FORMS FOR REGISTRATION: New registrants also need to submit a photo copy of your child's **BIRTH CERTIFICATE** (only new registrants need to supply a birth certificate copy for us to file).

CHECKLIST OF ITEMS YOU MUST SUBMIT IN ORDER TO COMPLETE YOUR CHILD'S REGISTRATION:

1) Registration form 2) Contact Information 3) Code of Conduct signature page 4) Photo Release 5) Volunteer Preferences 6) Photo copy of your child's original birth certificate (new registrants only) 7) Payment

QUESTIONS? Contact Registrar Shanah Turner: sturner1210@gmail.com

WANT TO BE ON OUR EMAIL LIST? Contact us at eastsideeaglesmi@gmail.com to be added to our email blasts!

PROUD MEMBER OF THE ESFL!

2015 SEASON Eastside Eagles

Youth Football & Cheer Program

Member of the ESFL



Athlete's Name: _____ Home Phone: _____

Address : _____ City: _____ Zip: _____

Birth Date: _____ / _____ / _____ Age As of 08/01/15: _____

School Attending 2015/16: _____ Grade: _____

Father's Name: _____ Home Phone: _____

Address: _____ City: _____ Zip: _____

Email: _____ Cell #: _____ Work #: _____

Mother's Name : _____ Home Phone: _____

Address: _____ City: _____ Zip: _____

Email: _____ Cell #: _____ Work #: _____

I hereby grant permission to my child named above to participate with this franchise for: football cheerleading

I further declare that I will not hold the ESFL or this franchise responsible for any injuries incurred by my child while participating in or being transported to or from any league activities. I do agree to accept full financial liability for any equipment that is lost, damaged or not returned at the end of the season. _____ (Initial) I agree to volunteer a minimum of 4 times during the season. _____ (Initial) I also understand if I have not paid in full today; the balance is due by June 27, 2015. _____ (Initial) I understand that any balance due not paid by the date specified may result in the forfeit of the registration, losing my child's spot, and my deposit refunded; less a \$15 service charge. _____ (Initial) I hereby certify I have read the above statements and understand them completely. I further certify that the above shown date of birth for my child to be correct. _____ (Initial)

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Parent's name (print) : _____

Parent's signature: _____ Date: _____

Do Not Write In This Section For Team Use Only

Football Player Level: _____ Cheerleader: _____

Jersey Number Request: _____ Height: _____ Weight: _____ (football)

Check #: _____ Amount Paid: _____

Contact Information Sheet



(Please Type or Print)

Child's name: _____

Father's name: _____

Home phone #: _____ Work phone #: _____

Cell phone #: _____

Mother's name: _____

Home phone #: _____ Work phone #: _____

Cell phone #: _____

Name of emergency contact (other than parent): _____

Phone #: _____ Relation to child: _____

Medical treatment consent:

In the event that a parent/guardian or family member is not present, I consent to emergency treatment for my child for any injuries incurred with any Eastside Eagles Football or Cheer activity.

Parent's name (print) : _____

Parent's signature: _____

Date: _____

Other information you would like us to know:

CODE OF CONDUCT



In promoting the ethics, safety, and spirit of youth football, Eastside Eagles Football Club has adopted this Code of Conduct in addition to the East Suburban Football League (ESFL) Code of Conduct. This Code of Conduct is binding upon all its participants: Board Members, Coaches, Players, Cheerleaders, Parents, Volunteers and Spectators. Violations of this Code of Conduct will result in disciplinary action against any offender.

Unsportsmanlike Conduct

Unsportsmanlike conduct shall include the following: fighting, verbal abuse, bullying of a team member or dissent toward an official or opponent, racial or ethnic slurs, inappropriate comments or actions that may be construed as sexual harassment, profanity, obscene gestures, flagrant and violent fouls, taunting, "trash talk", baiting, cheating, throwing or abusing equipment, physical intimidation or abuse of an official or opponent, and unauthorized leaving of a team bench area.

Board Members & Coaches

- A. Will show the proper respect to all and be held to the highest standards of moral conduct and character both on and off the field.
- B. Will not at any time push, shove, punch, kick, fight or be guilty of physical contact as an Aggressor upon any official, player, cheerleader, coach or spectator.
- C. Will not verbally abuse or threaten any official, coach, player or others.
- D. Will not harass or bait any official, player, coach, cheerleader, spectator or other(s).
- E. Will not use tobacco, alcohol or illegal narcotics in front of players/cheerleaders during practices, games, or be present during practices, games, under the influence of alcohol or illegal narcotics. This rule applies any time a coach or board member is representing Eastside Eagles Football Club.
- F. Will show the same respect that is due to all participants, including: other coaches, players, cheerleaders, spectators and league officials.
- G. Will not act in any way that is detrimental to themselves, their team or Eastside Eagles Football Club, or ESFL.
- H. Will inform the Board of Directors of any rule violation by other Board Members, coaches, players, cheerleaders, managers, spectators or other(s). Board Member(s) will document any observed violation along with date and time of the incident.
- I. In all dealings with team personnel – including coaches, other coaches, players, cheerleaders, spectators – Board Members and Coaches will show the same respect that is due all participants of this organization.
- J. No coach shall directly coach his/her child in football. A coach with a participant with the E.E.Y.F shall coach a team or position that is not directly associated with their son. This rule does not apply to Jr. Freshman football or cheerleading.

Football Players and Cheerleaders

- A. Will show the proper respect to all and be held to the highest standards of moral conduct and character both on and off the field.
- B. Will stay in the team-designated area(s), unless excused to leave, by a coach, parent or guardian.
- C. Will not at any time push, shove, punch, kick, fight, bully or be guilty of physical contact as an aggressor upon any official, board member, coach, player, cheerleader, spectator, or other(s).
- D. Will not verbally abuse or threaten any official, board member, coach, player, cheerleader, spectator, or other(s).
- E. Will not harass, bait or be guilty of objectionable demonstration or dissent at any Official's or Coach's decision.
- F. Will not refuse to abide by an official's or coach's decision.
- G. Will not disobey or attempt to circumvent rules and regulations or the intent thereof.
- H. Will not use tobacco, alcohol or illegal narcotics or act in any way that is detrimental to themselves, their team or Eastside Eagles Football Club or ESFL.

I. Parents, Spectators, Volunteers and Others

- A. Will show proper respect to all.
- B. Will not at any time push, shove, punch, kick, fight or be guilty of physical contact as an Aggressor upon any official, board member, coach, player, cheerleader, or spectator.
- C. Will not verbally abuse or threaten any official, board member, coach, player, cheerleader, spectator or other(s).
- D. Will not harass or bait any official, board member, coach, player, cheerleader, spectator or other(s).
- E. Will not directly contact or interfere with coaches or players during a game or practice.
- F. Will not be in the coaching box, player's area, or on the game field/area prior to, during, or at the conclusion of a game, unless the President or Head Coach has given permission to do so.
- G. Will not use tobacco, alcohol or illegal narcotics in front of players/cheerleaders during practices, games or be present during practices, games, under the influence of alcohol or illegal narcotics.
- H. Will not act in any way that is detrimental to themselves, their team, their community or Eastside Eagles Football Club and ESFL.

Disciplinary Action

The Board of Directors of Eastside Eagles Football Club shall have the power to impose any disciplinary action(s) it deems necessary and appropriate for those who fail to abide by the Eastside Eagles Football Club By-laws and Code of Conduct. Disciplinary action can range from a written reprimand to being barred from participation or association with Eastside Eagles Football Club and the ESFL and its members.

The following and any other acts so deemed by the Board of Directors will constitute grounds for disciplinary action:

- 1. Striking or abusing physically and/or verbally any official, coach, player, cheerleader, spectator, or other(s).
- 2. Acting in an unsportsmanlike manner.
- 3. Violating the Eastside Eagles Football Club By-laws and the ESFL By-laws.
- 4. Violating the Eastside Eagles Football Club Code of Conduct.
- 5. Ejection (removal) from a game.
- 6. Using tobacco, alcohol or illegal narcotics at a league game.
- 7. Acting in a way that is detrimental to themselves, their team, and/or EastSide Eagles Football Club.
- 8. Any actions on or off the field that result in a legal conviction of a criminal act as determined by a court of law or other actions that are judged by the Board of Directors to be of such a serious nature that they seriously and negatively impact the Eastside Eagles Football Club Program or ESFL Football League, the image in the community and present the potential for liability to the Board Members and/or the Eastside Eagles Football Club Program or ESFL Football League.

Anyone who does not abide by the above Eastside Eagles Football Club Code of Conduct and By-laws or the ESFL By-laws governing football can and will be asked to leave the game or event, and may be barred from attending any other Eastside Eagles Football Club or ESFL sponsored game or event. The President of Eastside Eagles Football Club or Head Football Coach of a Eastside Eagles Football Club team has the power to ask and if necessary, remove anyone whom they deem to be in violation of by the Eastside Eagles Football Club By-laws or Code of Conduct. Upon taking such action, said person must notify the President of Eastside Eagles Football Club and/or the ESFL Football league.

Ejection and Suspension

1. Game Ejections:

- A. Any coach, player, cheerleader, parent, spectator, or anyone else – whether associated or not associated with Eastside Eagles Football Club– who is ejected (removed) from a game or practice is automatically suspended from attending and/or participating in the next scheduled game or practices for a week. This rule is not subject to protest or review. (Removal from a game or practice shall be interpreted to include the playing/practice field and the spectator area.)
- B. A second offense by the same person during the same season and/or during the following season will result in immediate suspension for the remainder of the then current year.
- C. A third offense by the same person will result in immediate lifetime suspension from participating or attending any Eastside Eagles Football Club or ESFL games and/or any activity sponsored by Eastside Eagles Football Club or ESFL.

PLEASE NOTE:

1. While on suspension, the coach, player, cheerleader, parent or other(s) may not attend any practices or games in which any Eastside Eagles Football Club team participates.
2. Those who receive suspensions must take the initiative to contact the Board to apply for reinstatement.
3. The Board of Directors shall reserve the right to impose any penalties or disciplinary actions it deems necessary and appropriate for violations of Eastside Eagles Football Club or ESFL By-laws and/or Code of Conduct.
4. Public Address System: Use of public address systems at all Eastside Eagle Football Club games is restricted to game/event announcements, introductions, identification of players, participating players after plays, scorers and scores and music. Any use of the public address system by the home team to “psych-up” or give their players an advantage is considered unsportsmanlike and therefore prohibited.

Fact Finding Hearing

Prior to any decision by the Board of Directors for disciplinary action for board members, coaches, players, parents or spectators or other(s), a Fact Finding Hearing before a minimum of two thirds of the Board will be held behind closed doors by the Board of Directors, with notice given to all involved, via (1) telephone (2) email, and/or U.S. Mail. Said hearing should take place within a reasonable amount of time of the alleged incident unless two thirds of the board members cannot be present. The board must then schedule the next available date (best efforts) that two thirds of the board will be present.

Hearing Process

1. The President (or Vice President if President is not available) – shall run the hearing.
2. The President (or Vice President if President is not present) shall read the charges brought against the accused.
3. The Board of Directors MAY then hear from both sides and/or witnesses in an orderly manner.
4. The Board of Directors shall then determine whether sufficient facts and/or evidence have been presented to warrant the holding of the hearing on some or all of such charges with the person(s) violating the Code of Conduct.
5. The Board of Directors shall then judge whether or not the preponderance of the evidence presented in a hearing shows the accused to have committed the acts alleged.
6. The Board of Directors (by majority vote) shall then impose any disciplinary action(s) it deems necessary and appropriate, and/or as specified in the By-laws and Code of Conduct, if the accused is judged to have committed such act or acts as brought before the board.

If the accused does not appear at the hearing, the Eastside Eagles Football Club Board of Directors will render their decision and the accused person(s) will be notified of the disciplinary action to be taken via telephone with a follow-up written notice via email or certified U.S. Mail.

Complaints, Allegations, Grievances

Improper conduct should be reported to President or the Head Football Coach, or Cheerleading Director of the Eastside Eagles Football Club within 24 hours of incident. Those who are found guilty of improper conduct will be subject to disciplinary action by the Eastside Eagles Football Club Board of Directors (see above). Complaints, allegations, or grievances should be brought to the immediate attention of the President, and/or a sitting Board Member of the Eastside Eagles Football Club who shall then do the following:

- a. Make note of complaint, allegation or grievance and date and time of incident and date and time of complaint, allegation or grievance.
- b. Notify, within 24 hours of date/time of complaint, allegation or grievance, the President (if not available, then the Vice President) of Eastside Eagles Football Club that a complaint, allegation or grievance has been made.

NOTE: If the Eastside Eagles Football Club Board finds that the President (if not available, then the Vice-President) and/or the Head Football Coach or Cheerleading Coach did not act upon the complaint, allegation or grievance in a timely manner, then the Board of Directors, at its discretion, may impose disciplinary action(s) it deems appropriate.

CODE OF CONDUCT

SIGNATURE PAGE



This is to certify that we the undersigned have read, understand, and promise to agree by, the Code of Conduct set by the EastSide Eagles Football Club for the 2015 Football & Cheerleading season.

DATE _____

SIGNED _____
parent 1

(Please Print name above)

SIGNED _____
parent 2 (optional)

(Please Print name above)

SIGNED _____
athlete 1

SIGNED _____
athlete 2

SIGNED _____
athlete 3

SIGNED _____
athlete 4

PHOTO CONSENT & RELEASE FORM



I, _____, grant Eastside Football Club, Inc. permission to record images of my son(s)/daughter(s) (including photographs, video and motion pictures).

I grant Eastside Football Club, Inc. the right and permission to use photographs, video/motion pictures, and any other recordings of my son or daughter in any media, including, but not limited to, publications, DVDs, videos, websites, and social media outlets such as Facebook, Twitter and others for use in promotion and education.

I hereby release and discharge Eastside Football Club, Inc. from any and all claims, actions, or demands arising out of or in connection with the use of any of the above, and including all claims for invasion of privacy and libel.

Additionally, I grant Eastside Football Club, Inc. to include my son/daughter's full name (first and last names) with the images and recordings. I understand that Eastside Football Club, Inc. will not include my full name with the images and/or recordings without my consent, indicated by my signature here:

Signature: _____ Date: _____

Print Name: _____ Phone number: _____

Email: _____

Eastside Eagles Parent/Guardian Volunteer Sheet

FOUR VOLUNTEER COMMITMENTS per Eastside Eagle family are required for our program to succeed. Below are areas of need requested. Please check all the activities that you may be interested in helping, if you are called to do so. Please note that some requests may apply to just football or cheerleading, but you are welcome to volunteer for any or all.

Eastside Eagles Program:

- Unit Manager
- Spirit wear sales
- Program book sales
- Program book prep/design
- Cheer Coach
- Football Coach
- Homecoming preparations
- Charity events organizing/assistance
- Sponsorship solicitation
- Photography

Games, Practice, Events:

- Play counter
- Chains
- Concessions for home games / practice
- End of practice field clean up
- 50/50 sales (traditionally cheer families)
- Medical Professional during home games (doctor, nurse, EMS, fireman, trainer, P.A.)
- Home Game Day Set-up
- Post Home Game clean-up
- Security
- Game Announcer/Assistant-spotter
- DJ
- Time Clock Operator
- Water Bottles (fill for games)

If you have a special talent or occupation you would like to share with the program as a volunteer; please indicate below: (ie: special craft; writer; graphic designer; photographer; painter, carpenter; plumber; electrician; etc.) Also, if you have a suggestion for an activity or event you believe would be of interest to the club, let us know!

Athlete's Last Name : _____ Volunteer's Name : _____

Athlete's First Name : _____

Football Cheerleading Phone: _____

Flag Freshman JV Varsity Email: _____