



304 Academy Road
Thetford, VT 05074
(802) 785-4805

RESOURCE LIST

Student Support Team:

- Dean of Students x218
- Director of Special Education x224
- School Counselors x202
- School Nurse x226
- Student Assistance Professional x267

SUICIDE PREVENTION/MENTAL HEALTH:

National Suicide Prevention Lifeline (Local Care)	800-273-8255
Clara Martin Center (Orange County, Vermont)	800-639-6360
West Central Behavioral Health (Grafton County, New Hampshire)	800-564-2578
Health Care and Rehabilitation Services (Windsor and Windham Counties, Vermont)	800-622-4235
Headrest-Teen Line (Lebanon)	800-639-6095
DHMC Emergency Room (Lebanon)	603-650-7000

CHILD ABUSE (To report abuse or neglect):

Vermont Department of Children and Families	800-649-5285
New Hampshire Division for Children, Youth and Families	800-894-5533

ALCOHOL and OTHER DRUGS:

Clara Martin Center (Orange County, Vermont)	800-639-6360
West Central Behavioral Health (Grafton County, New Hampshire)	603-448-1101
Health Care and Rehabilitation Services (Windsor and Windham Counties, Vermont)	888-888-5144
Headrest-Teen Line (Lebanon)	800-639-6095
Second Growth (Upper Valley)	802-295-9800

EATING DISORDERS:

National Eating Disorders Association	800-931-2237
Clara Martin Center (Orange County, Vermont)	800-639-6360
West Central Behavioral Health (Grafton County, New Hampshire)	603-448-1101
Health Care and Rehabilitation Services (Windsor and Windham Counties, Vermont)	888-888-5144

DOMESTIC VIOLENCE/SEXUAL ASSAULT:

The National Domestic Violence Hotline	800-799-7233
Safeline (Vermont)	800-639-7233
Women's Information Service, WISE (New Hampshire)	866-348-9473

SEXUAL ORIENTATION:

Outright Vermont	800-452-2428
Seacoast Outright (New Hampshire)	603-431-1013

AIDS/HIV and Other STDs:

Vermont AIDS Hotline	800-882-2437
New Hampshire AIDS Hotline	800-752-2437

CONTRACEPTION and PREGNANCY:

Planned Parenthood (Lebanon)	603-298-7766
Your Primary Care Physician:	#

FOOD SHELVES:

Vermont Foodbank (To locate nearest food shelf.)	800-585-2265
New Hampshire Food Bank (To locate nearest food shelf.)	603-669-9725
Upper Valley Haven	802-295-6500

CLOTHING RESOURCES:

Listen Center (Lebanon)	603-448-4553
Listen Center (White River Junction)	802-295-9217
Salvation Army (West Lebanon)	603-298-8724
Robert's Thrift Store (Bradford)	802-222-4053
Good Buy Store (White River Junction)	802-359-4183
Upper Valley Haven (White River Junction)	802-295-6500

POLICE and FIRE DEPARTMENTS:

Emergency: Police, Fire, Ambulance	911
Your Local Fire Department (non-emergency)	#
Your Local Police Department (non-emergency)	#
Vermont State Police (Director's Office, non-emergency)	802-244-7345
New Hampshire State Police (Director's Office, non-emergency)	603-223-8813

OTHER:

Community Resource Directory	211
Vermont Legal Aid	800-889-2047
New Hampshire Legal Aid	800-634-8989
American Red Cross	802-660-9136
Poison Control	800-222-1222
Vermont Fish and Wildlife Department	802-241-3700
New Hampshire Fish and Game Department (Grafton County Conservation Officer)	603-744-5470