

Dear Alvernia University Student,

On behalf of the Health & Wellness Center, I would like to welcome you to Alvernia University.

Enclosed you will find an informative Health and Wellness Center Brochure, Medical History Form, a Meningitis Vaccine Information sheet, and an Authorization for Release of Medical Information. **All students must complete and return these forms to the Health & Wellness Center by August 1<sup>st</sup> for fall enrollment and by January 1<sup>st</sup> for spring enrollment.**

The University requires all full-time undergraduate day students to maintain health insurance coverage and we require a copy of each student's current insurance card. In order to guarantee our students all have coverage, the University automatically bills an annual health insurance plan each fall semester. If a student has their own coverage, they can waive the University's coverage by completing the online waiver found at [www.alvernia.edu](http://www.alvernia.edu) under "Current Students" by clicking on "Student Billing." Students who have waived previously need to submit an annual waiver each year.

If you are a student enrolled in Nursing, Occupational Therapy, or Athletic Training programs, you must have a Physical Exam Form completed by your primary care physician. The form may be found on the Health & Wellness page under "Current Students" at [www.alvernia.edu](http://www.alvernia.edu).

The services at the Health & Wellness Center are free of charge to those students who return their completed forms. Lab studies and specialist referrals are referred to outside facilities and their fees are billed to the student's insurance by the outside facilities. The Health & Wellness Center has various prescription medicines available for a small fee which can either be billed to the student's Alvernia University tuition and fees account or paid for by cash or check.

Counseling Services are located in the Health & Wellness Center as well. The services are available to all Alvernia University students free of charge. The counselor provides short term psychological services to students. Students requiring long term counseling will be referred to off- campus counselors and fees will be billed to the students' insurance providers, if applicable.

If you have any questions, please contact the Health & Wellness Center at [610-568-1467](tel:610-568-1467) or via email at [h&w@alvernia.edu](mailto:h&w@alvernia.edu).

Sincerely,

Claire Murphy, MD  
Director of Health Services  
(610) 568-1467 Fax (610) 796-8422