Name	Class Days and Time
Activity Title	Due Date
Grades are based upon the exte	es a journal entry. It is designed to be handwritten and very descriptive. In the which you analyze and reflect upon your experience in the exercise, are positive or negative. Only the instructor reads your journal, and entries r permission.
Describe the reactions, feelings the exercise. Why do you think	s, and/or sentiments you experienced in actually doing or participating in you had these feelings?
What specifically did you learn	in this exercise? What insights did you gain about yourself?
	te between this exercise and the objectives of the course? Specifically, how and some aspects of human development?