



One Step at a Time Medical Release Form Good from July 7th-9th, 2016

To be filled out by parent/guardian

Name (First, Middle, Last)	Parent/Guardian Name		Phone
Address	City, State	Zip	Birth Date
Emergency Contact	Relationship	Phone 1	Phone 2
<u> </u>			
Date of Last Tetanus Booster:			
Allergies: (Please explain reactions)	No Known Aller	gies	
Asthma Hay Fever	Poison Ivy/Oak	Insects	
Foods:			
Drugs:			
Other:			
Diet/Nutrition : (Please explain as neede	ed)		
Eats a regular diet Eats a	ı regular vegetarian	diet Has spe	ecial dietary needs
Medication			
☐ This youth takes no medications			
\Box This youth will take the following	g medication(s)		
As Needed OTC Medications: (che	ck all that apply)		
Please contact me for permissi	on to administer an	y over-the-counter	medications
Tylenol/Acetaminophen	Advil/Ibuprofen _	Sudafed/Decor	ngestant
Benadryl/Antihistamine	Robitussin/Expecto	rant Pepto E	Bismol
Tums/Antacid Calamine	LotionAntib	oiotic Cream	

Health Information	
Please list anything about the current health of your child	that we should know about.
Emergency Back Up Information	
If I cannot be reached in the event of an emergency, then is authorized to act on my behalf.	
Relationship to participant:	Phone:
Additional remarks:	
INSURANCE INFORM	
Youth's Doctor	
Phone	
Health Insurance Co	Policy #
Name of Insured	Relationship to Youth
PARENT/GUARDIAN AUTHORIZATION FOR HEA	
I,	
(parent/guardian)	
Understand that participants will be supervised and in the	event an injury or illness should occur
and require medical assistance, I give permission to any p	hysician to render appropriate medical
care. I also give permission for the adult supervision team	n to administer any over-the-counter
medication my child may need during this event unless of	herwise marked to notify.
Parent/Guardian Signature	Date