	Kinesiology: Exercise Science Minor			
#:	Date:			

	Kinesiology.			
SCHOOL OF EDUCATION		Exercise Science Minor	inor	
Knowledge that will change your world				
Student's Name:	ID #:	Date:		
Transfer:	1 <sup>st</sup> Term:	Advisor:		

REQUIRED COURSES (15-18 hours)	<b>Grade Earned</b>	Hours
HE 140* First Aid		0-3
HE 222** Concepts of Health and Fitness (Lecture)		3
BY 115 Human Anatomy		4
BY 116 Human Physiology		4
PE 400 Physiology of Exercise		4
ELECTIVES (Choose 1-4 hours)	<b>Grade Earned</b>	Hours
PE 132 Group Exercise Leadership		1
PE 307 Applied Kinesiology		3
PE 402 Basic Athletic Training		2
PE 405 Sports Nutrition		3
PE 440 Principles of Conditioning the Athlete		3
PE 450 Physical Activity for Individuals with Disabilities		3
PE 451 Physical Activity for Senior Adults		3
PE 460 Clinical Exercise Physiology		3
PE 470 Advanced Athletic Training		3
PE 485 Exercise Testing and Prescription		3
PE 499 Fitness Internship		3
TOTAL		19

<sup>\*</sup>See PE program policy for 0 credit hour HE 140 waiver criteria:

http://www.uab.edu/education/humanstudies/images/physicaleducation/HE 140 substitution Policy2.pdf. Students who meet the HE 140 waiver requirements need to take an additional 3 hour Elective to reach the minimum 19 hour requirement in order to receive the minor.

A grade of 'C' or better is required in all courses in the minor. Students cannot apply courses toward both major and minor course requirements. Students may need to take additional electives to reach the 19 hour requirement in order to receive the minor (e.g. students who fulfill the HE 140 0 credit hour waiver).

The BY 115, BY 116 and HE 140 requirements are waived for only students majoring in *Biomedical Sciences*, who have completed BMD 310 (4 hrs), BMD 315 (4 hrs) and CDS 425 (1 hr), respectively. As BMD 310, BMD 315 and CDS 425 cannot be used to satisfy both the Biomedical Sciences major and the Exercise Science minor, students must replace these 9 hours with PE 307 and 6 hours of courses from the Electives list (see above).

Approval Signature: In and Worthungton Date: April 2, 2014

<sup>\*\*</sup> Online section of HE 222 cannot be used to fulfill this requirement