



Icahn  
School of  
Medicine at  
Mount  
Sinai



# Adolescent Transition: *Where Are They Now?*

SATURDAY, MAY 18, 2013

**Alianza Triangle Building**

530 West 166th Street, 2nd Floor  
(between Saint Nicholas and Aubudon Avenues)  
New York, NY

*Course Co-Directors*

**Caroline Cromwell, MD**

Assistant Professor of Medicine, Hematology and Oncology  
Icahn School of Medicine at Mount Sinai

**Thomas Moulton, MD**

Chief, Pediatric Hematology and Oncology  
Bronx-Lebanon Hospital Center

*Jointly Sponsored by*

**Bronx-Lebanon Hospital Center and  
Icahn School of Medicine at Mount Sinai**



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[www.mssm.edu/cme/courses/adolescent2013](http://www.mssm.edu/cme/courses/adolescent2013)

## COURSE DESCRIPTION

Transition from pediatric to adult care is an important issue, not only for subspecialists, but also for the primary care provider. In addition, it is as important for the normal adolescent as it is for the patient with special health care needs. This conference will address issues for each of these groups for both the adult and pediatric provider of health care.

## EDUCATIONAL OBJECTIVES

At the conclusion of this activity, participants will be able to:

- Identify the six initial steps to ensure a successful transition from pediatric to adult care.
- Describe a model of transition from pediatric to adult care and institute a transition program for patients.
- Evaluate the psychosocial implications in transition from pediatric to adult care and devise a plan of care accordingly.
- Assess the barriers patients come across in transiting from pediatric to the adult provider and be able to implement changes in their clinical practice to eliminate these barriers to improve patient care.

## TARGET AUDIENCE

Adult and Pediatric primary care providers, subspecialists, Nurse Practitioners, and Physician Assistants

## ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the Icahn School of Medicine at Mount Sinai and the Bronx Lebanon Hospital Center. Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## CREDIT DESIGNATION

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## VERIFICATION OF ATTENDANCE

Verification of attendance will be provided to all professionals.

## REGISTRATION INFORMATION

\$75 Physicians, Nurse Practitioners, Nurses, Residents, Fellows, and Medical Students

## SPECIAL NEEDS

Alianza is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations please contact the Page and William Black Post-Graduate School of Medicine at 212-731-7950.

## DIRECTIONS AND PARKING INFORMATION

Parking is located on 165th Street and St. Nicholas Avenue or 167th Street and St. Nicholas Avenue.

Subway: Take the 1 or A train to 168th Street Station. Walk southwest down Broadway to West 166th Street.

<http://goo.gl/maps/adnlj>

Funding for this conference has been provided in part by:

A New York State grant for transition navigation for young adults with sickle cell disease; and  
The Genetic Services Branch of the Maternal and Child Health Bureau grant U38MC22217.



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## Meeting Location

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## Agenda

- |                  |   |
|------------------|---|
| 8:00 – 8:45 AM   | <b>Registration &amp; Continental Breakfast</b>   |
| 8:45 – 9:00 AM   | <b>Welcome</b><br>Thomas Moulton, MD  |
| 9:00 – 10:00 AM  | <b>Promising Practices in Health Care Transition</b><br>John Reiss, PhD, MA   |
| 10:00 – 11:00 AM | <b>Moving on to Adult Health Care for Youth – An Adult Provider's Perspective</b><br>Niraj Sharma, MD, MPH  |
| 11:00 – 12:00 PM | <b>Preparing to Launch: Developmental Considerations in Transition Aged Youth</b><br>Mary Ahn, MD   |
| 12:00 – 1:15 PM  | <b>Lunch</b>  |
| 1:15 – 2:40 PM   | <b>Panel Discussion – Primary Care/Subspecialists</b><br>Caroline Cromwell, MD (Sickle Cell Disease), Ram Kairam, MD (Autism), Peter Sherman, MD (Normal Adolescent), and Murlu Purswani, MBChB, FAAP (HIV)<br>Moderator: Patti Hackett-Hunter, MEd |
| 2:40 – 3:00 PM   | <b>Break</b>  |
| 3:00 – 4:15 PM   | <b>Panel Discussion – Patients</b><br>Moderator: Patti Hackett-Hunter, MEd  |
| 4:15 – 4:30 PM   | <b>Closing Remarks</b><br>Caroline Cromwell, MD   |

*Agenda subject to change*



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### **Caroline Cromwell, MD**

Assistant Professor of Medicine, Hematology and Oncology  
Icahn School of Medicine at Mount Sinai  
New York, NY

### **Thomas Moulton, MD**

Chief, Pediatric Hematology and Oncology  
Bronx-Lebanon Hospital Center  
Bronx, NY

## *Faculty*

### **Mary Ahn, MD**

Assistant Professor of Psychiatry  
Director, Child and Adolescent Psychiatry Residency Training  
University of Massachusetts Medical School  
Boston, MA

### **Patti Hackett-Hunter, MEd**

Former Project Director at Mass Family Voices/Family to Family Health  
Information Center @ FCSN  
Team Lead & Director at HRTW National Resource Center  
Dalton, MA

### **Ram Kairam, MD**

Professor of Clinical Neurology  
Columbia University Medical Center  
New York, NY

### **Murli Purswani, MBChB, FAAP**

Associate Professor of Clinical Pediatrics  
Albert Einstein College of Medicine  
Chief, Division of Pediatric Infectious Disease  
Bronx-Lebanon Hospital Center  
Bronx, NY

### **John Reiss, PhD, MA**

Associate Professor, Department of Health Outcomes and Policy  
Associate Professor, Department of Pediatrics  
University of Florida  
Gainesville, FL

### **Peter Sherman, MD, MPH**

Chairman, Department of Pediatrics  
Bronx-Lebanon Hospital Center  
Associate Professor of Clinical Pediatrics/Family Medicine  
Albert Einstein College of Medicine  
Bronx, NY

### **Niraj Sharma, MD, MPH**

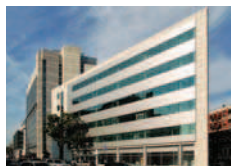
Assistant Professor of Medicine and Pediatrics  
Program Director, Medicine-Pediatrics Residency  
Brigham and Women's and Boston Children's Hospital  
Harvard Medical School  
Boston, MA

## **FACULTY DISCLOSURE:**

It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

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\$75 Physicians, Nurse Practitioners, Nurses, Residents, Fellows, and Medical Students

\_\_\_\_\_  
Last Name, First Name, Degree

\_\_\_\_\_  
Institution/Affiliation

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State, Zip

\_\_\_\_\_  
Telephone, Fax

\_\_\_\_\_  
Email

\_\_\_\_\_  
Specialty  Adult  Pediatric

■ Please indicate special dietary needs:  Kosher  Vegetarian

## THREE WAYS TO REGISTER:

■ **On-Line** [www.mssm.edu/cme/courses/adolescent2013](http://www.mssm.edu/cme/courses/adolescent2013)

■ **Fax:** this form with your Visa, M/C, or AE# to 646-537-9203

■ **Mail:** this form with your check to:

Icahn School of Medicine at Mount Sinai  
The Page and William Black Post-Graduate School  
One Gustave L. Levy Place, Box 1193  
New York, NY 10029  
Attn: Leonson Stapleton

Enclosed is my check for \$\_\_\_\_\_ made payable to:

***The Page and William Black Post-Graduate School of Medicine***

Bill my credit card \$\_\_\_\_\_  MasterCard  Visa  American Express

Card Number: \_\_\_\_\_ Exp Date: \_\_\_\_\_

Signature: \_\_\_\_\_

**Cancellation Policy:** All cancellations must be confirmed in writing to The Page and William Black Post-Graduate School by May 10, 2013 for tuition refund. An administrative fee of \$10.00 will be retained. No refunds will be made on cancellations after this date or for "no shows."

### For Conference Information

Email: [cme@mssm.edu](mailto:cme@mssm.edu) or call the Office of CME at 212-731-7950



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The Page and William Black Post-Graduate School  
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