

ADULT PATIENT HISTORY

Please complete to the best of your ability to assist our staff in providing the best possible care for you and/or your family members.

LAST NAME _____ FIRST NAME _____ MI _____

DATE OF BIRTH _____ PRIMARY LANGUAGE _____ MALE/FEMALE _____

CHRONIC PROBLEMS (CONDITIONS) (for example: diabetes, hypertension, depression or etc.) NONE

Name of Condition	Date of Onset	Additional information

MEDICATIONS (if you need more space for medications please ask for another form) NONE

Name of Medication	Dosage	How many times per day	Date Started	Prescribed By

ALLERGIES (circle and explain type of reaction below): Medication, Household Products, Animals, Environment

PAST MEDICAL HISTORY (please mark all that apply and year of onset) **NONE**

Date	Medical Problem	Date	Medical Problem	Date	Medical Problem
	Alcohol/Drug Problem		Crohn's Disease		Irritable Bowel Disease
	Allergies/Hay Fever		CVA/Stroke		Liver Problems
	Arthritis		Depression		Migraine Headaches
	Asthma/Lung problems		Diabetes		MRSA/VRE
	Atrial Fibrillation		GERD (Stomach Reflux)		Osteoporosis
	Bladder/Kidney Infections or Stones		Glaucoma		Seizures
	Bleeding/Clotting		Heart Disease/Heart Attack		Sexually Transmitted Disease
	Blood Transfusion		Hepatitis C		Thyroid Disease
	Cancer: _____		High Blood Pressure		Tuberculosis
	COPD		High Cholesterol		Other:
	Coronary Artery Disease		High Lipid Level		Other:

Additional past medical history information: _____

PAST SURGICAL/HOSPITALIZATION HISTORY (any surgeries or hospitalizations along with dates) **NONE**

Date	Surgery/Hospital Stay	Date	Surgery/Hospital Stay

Additional past surgical history information: _____

FAMILY MEDICAL HISTORY No relevant family history

Medical Problem	Relative	Age at onset or death	Medical Problem	Relative	Age at onset or death	Medical Problem	Relative	Age at onset or death
Alcohol/Drug			Diabetes			Mental illness		
Allergies			Stomach/intestine			Migraine		
Alzheimer			Bladder/Kidney			Lung problem		
Anesthesia			Heart			Stroke		
Arthritis			Blood pressure			Thyroid		
Asthma			Cholesterol			Cancer		
Blood disease			Other			Other		

Additional Family History Information _____

PLEASE ANSWER THE FOLLOWING QUESTIONS

Tobacco use

- None in household
- Quit: packs/day _____ years smoked: _____ quit date: _____ type of tobacco: _____
- Current smoker: packs/day _____; start date: _____ type of tobacco: _____
- Second-hand smoke (who in home smokes) _____

Alcohol use (each drink contains 0.5 oz alcohol): (answer for children over 12 years of age)

- No
- Yes: Drink(s) per week: _____ Type of alcohol _____

Substance Abuse

- Yes Type _____ Amount _____ How often _____
- No

Nutrition and Activity

- Caffeine (coffee, tea, soda): yes no, if yes, how much per day: _____
- Diet: good fair bad vegetarian vegan
- Exercise: types: _____ min per day: _____; times per week: _____

Social and Special needs

- Do you feel safe at home: yes / no
- Do you have communication needs that affect your medical care: yes no ; if yes explain: _____

Obstetrics (for women)

How many times have you been pregnant: _____ age of first pregnancy _____
Number of full term pregnancy (>37 weeks) _____ Number of preterm pregnancy (< 37 weeks) _____
Number of miscarriage: _____ Number of abortion _____ Number of ectopic pregnancy _____
Number of multiple births _____ Number of living children _____

Health Care Maintenance (please enter dates: also write N for "normal" or AN for "abnormal"):

Last Physical _____ Last Dental Exam _____ Last eye exam _____
Immunizations Up-To-Date _____
Last Pap Smear (woman) _____ Last Mammogram (woman) _____
Last Colonoscopy _____ Last Lipid Profile _____
Last DEXA (bone density) _____ Last Fasting Blood Sugar _____
Last Hemoglobin A1c (Diabetes test) _____

Form completed by _____ **Date** _____