



The PROTECT Center

The
PeRiOperative
Testing
and
Evaluation
Consult
Team
Center



The PROTECT Team

(L to R): Rachel Lovins, MD; Jeannie Kenkare, DO;
Mackenzie Smith, MD; Shiven Chabria, MD



WATERBURY
HOSPITAL

THE PROTECT CENTER

64 Robbins Street
Waterbury, CT 06708

(203) 573-6263



Making Sure You're
Ready for
Surgery



The PROTECT Center

The PROTECT Center

(The PeRiOperative Testing and Evaluation Consult Team Center)

What is the PROTECT Center?

The PROTECT Center, located at Waterbury Hospital, is staffed with physicians whose main focus is to gather important medical information about your health prior to surgery, in order to ensure that you are in the best physical condition possible to undergo your surgical procedure.

Who are the PROTECT Center physicians?

The physicians associated with the PROTECT Center are Hospitalists that have been specially trained in Perioperative Medicine (licensed medical doctors who are experienced in hospital medicine and the issues involved in and around hospitalized patients). This group of physicians will evaluate you at your PROTECT Center visit and then care for you (in conjunction with your surgeons) throughout your hospitalization if necessary.

How will my primary doctor be involved in this process?

Your primary doctor, if on staff at Waterbury Hospital, may choose to evaluate you prior to surgery and continue to follow you through surgery and recovery along with your surgeon. However, if they decide that the PROTECT Center and Hospitalist physicians are best suited to care for you while hospitalized, they may choose to refer you to the PROTECT Center. The physicians in the PROTECT Center will communicate with your primary doctor so that all treatment plans will be



prepared together. Once you leave the hospital, your care will be resumed by your primary doctor.

What should I expect at my PROTECT Center visit?

The Hospitalist will gather medically relevant information about you and your scheduled surgery. You will also undergo a full physical exam. The physician will then make recommendations regarding your medical conditions and medications according to his/her findings, and the most up-to-date medical information. Examples may include which medications to take on the day of and day prior to surgery, and any additional testing which may be necessary to ensure your safety. All of this information will be communicated with your surgeon, anesthesiologist, and primary physician.

What should I bring to my appointment?

- Any medications you are taking, or a complete list of current medications (including their dosages and timings)
- Records of any x-rays
- Any results from cardiology tests such as: Stress Tests, Electrocardiograms (EKGs, ECGs), and Echocardiograms
- Records of any recent blood work (within the last year)
- Records of any Pulmonary tests such as Pulmonary Function Testing
- Insurance cards

You are scheduled for an appointment at the PROTECT Center:

DATE: _____

TIME: _____

Location:
Waterbury Hospital
64 Robbins Street
Waterbury, CT 06708

For questions regarding your appointment, please contact

Sabrina Volta
Phone (203) 573-6263
Fax (203) 573-6030



**WATERBURY
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