

## Assessment – Adult Report

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Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

<b>Client Name:</b> _____
<b>Chart No.</b> _____
<b>Date:</b> _____

**1. Why have you come to EAP (Presenting issue for Client)?**

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**2. How long has this been an issue?**

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**3. What have you tried to do to resolve this issue?**

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**4. What are your goals for counseling?**

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**5. Previous Treatment History** (Please include outpatient counseling or services, hospitalization or emergency room visits for mental health issues, alcohol problems and chemical dependency/use.)

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**6. Has any member of your family, including grandparents, been diagnosed or had significant problems with mental health issues, alcohol use or chemical dependency? If so, please explain.**

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<b>Client name:</b>	_____
<b>Chart number:</b>	_____
<b>Date:</b>	_____

**7. Who resides with you in your home?**

Name	Age	Relationship
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**8. Health** (describe your general health as well as any chronic conditions including pain.)

\_\_\_\_\_

\_\_\_\_\_

When was your last complete physical exam by an M.D.? \_\_\_\_\_

Are you currently under the care of an M.D. for any condition? Yes \_\_\_\_ No \_\_\_\_

If Yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Please rate the nutritional value of your total daily diet intake. Good \_\_\_\_ Fair \_\_\_\_ Poor \_\_\_\_

If Fair or Poor, please explain: \_\_\_\_\_

Please check any of the following that apply.

- Significant weight gain/loss in the last six months
- Food/drug allergies
- Problems chewing or swallowing
- Dieting
- Overeating or eating too little

If any box is checked please explain: \_\_\_\_\_

\_\_\_\_\_

Do you have any functional limitations that affect your daily living (e.g. physical impairments, problems with self care, speech, vision, or hearing)? Yes \_\_\_\_ No \_\_\_\_

If Yes, please explain: \_\_\_\_\_

\_\_\_\_\_

<b>Client Name:</b> _____
<b>Chart No.</b> _____
<b>Date:</b> _____

**9. Please list all current medications including over- the-counter and prescription medications.**

Name of Medication	Dosage	Date Started
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**10. Please List prior medication for mental health issues, chemical dependency or alcohol use.**

Name of Medication	Dosage	Date Started	Date Discontinued
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**11. Legal History**

Please place an **N** for none, **C** for currently experiencing or **P** for experienced in the past.

DUI _____	Bankruptcy _____	Divorce _____
Unemployment _____	Domestic Violence _____	Custody Dispute _____
Disability Claim _____	Workman’s compensation _____	

**12. Financial Problems:**

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**13. Educational Background:**

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**14. Employment History** (Please describe current job briefly):

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**15. Military Service:**

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<b>Client name:</b> _____
<b>Chart number:</b> _____
<b>Date:</b> _____

**16. History of Abuse**Please place an **N** for none, **C** for currently experiencing or a **P** for experienced in the past.

Verbal Abuse _____	Emotional Abuse _____	Childhood Abuse _____
Physical Abuse _____	Spouse Abuse _____	
Sexual Abuse _____	Elder Abuse _____	

**17. Alcohol and Drug Use**

Do you drink alcohol? Yes \_\_\_\_ No \_\_\_\_ If Yes, how often: \_\_\_\_\_

When was the last time you had a drink? \_\_\_\_\_

How much did you drink at that time? \_\_\_\_\_

Do you have any history of using non-prescribed drugs or abusing prescribed medications? Yes \_\_\_\_ No \_\_\_\_

Do you currently use any non-prescribed drug or abuse a prescribed medication? Yes \_\_\_\_ No \_\_\_\_

What substances have you used in the last 6 months? (Check all that apply.)

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Marijuana / "Pot" | <input type="checkbox"/> Cocaine                | <input type="checkbox"/> Inhalants / "Huffing" |
| <input type="checkbox"/> LSD / "Acid"      | <input type="checkbox"/> Amphetamines / "Speed" | <input type="checkbox"/> Other                 |
| <input type="checkbox"/> Pain Killers      | <input type="checkbox"/> Sedatives / "Downers"  | <input type="checkbox"/> None of Above         |

If 'Other' is checked, explain below.  
\_\_\_\_\_  
\_\_\_\_\_

Check any of the following that has occurred as a result of your drinking or drug use.

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Arrest              | <input type="checkbox"/> DUI                | <input type="checkbox"/> Family Problems       |
| <input type="checkbox"/> Public Intoxication | <input type="checkbox"/> Financial Problems | <input type="checkbox"/> Arguments             |
| <input type="checkbox"/> Work Problems       | <input type="checkbox"/> Health Problems    | <input type="checkbox"/> Relationship Problems |

**18. Sexual/Affectional History**

Are you satisfied with your sex life? Yes \_\_\_\_ No \_\_\_\_

Do you have any concerns or questions about your sexual orientation or experiences? (If so, please explain.)  
\_\_\_\_\_  
\_\_\_\_\_**19. Religious/Spiritual History**Do you feel you have any concerns or problems with your religion and/or spiritual beliefs? Please describe.  
\_\_\_\_\_  
\_\_\_\_\_**20. History of Harm to Self or Others**

Do you currently have any urges/thoughts of hurting yourself? Yes \_\_\_\_ No \_\_\_\_

Any current urges/thoughts of hurting another? Yes \_\_\_\_ No \_\_\_\_

Any history of hurting self or suicide attempt? Yes \_\_\_\_ No \_\_\_\_

Any history of physical aggression toward another? Yes \_\_\_\_ No \_\_\_\_

If Yes on any question, please describe: \_\_\_\_\_

# Assessment - Adult Report

## SYMPTOM CHECK LIST:

- 0) None:
- 1) Mild: Some Times/Some Concern/Brief Episode
- 2) Moderate: Often/Significant Worry/Lasts for a While
- 3) Severe: Very Often/High Intensity/Continuous

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<b>Date:</b> _____

<b>MOOD</b>	
Loss of energy / fatigue	
Appetite Change (more or less)	
Social Withdrawal	
Crying	
Sleep Problems (more) (less)	
Feeling Hopeless	
Negative Thinking	
Depressed / Sad	
Self-Esteem Issues	
Concentration Trouble	
Blaming Self	
Blaming Others	
Dislike Being Touched	
Mood Swings	
Decreased Sex Drive	
Decreased Desire for Fun	
Social Embarrassment	
Panic Attacks	
Repeated Actions	
Repeated Thoughts	
Anxiousness /Anxiety	
Fears / Phobias	
<b>Work/School Issues</b>	
Absenteeism/Tardy	
Difficulty Holding a Job	
Poor Attitude	

Termination/Expelled	
Stress on Job/School	
<b>BEHAVIOR</b>	
Irritable	
Verbally Argumentative	
Physically Aggressive	
Throws Things	
Slams Doors	
Hits/hurts self	
Inattentive	
Impulsive	
Hyperactive	
Defiant / Stubborn	
Lies	
Stealing	
Overspending Issues	
Damages property	
<b>RELATIONSHIPS</b>	
Issues with Spouse/ Significant Other	
Issues with Children	
Issues with Parents	
Issues with Employer/Boss	
Issues with Co-workers	
Issues with Peers/Friends	
Grief/Loss Issues	
Trust Issues	

Issues with Teacher (School)	
<b>SUBSTANCE ABUSE</b>	
Alcohol Use	
Prescription Drug Use	
Non-Prescription Drug Use	
Loss of Control Over Use	
Cravings for Drugs/Alcohol	
Potential for Withdrawal from D/A	
Personality Changes When Using	
Blackouts from Drug/Alcohol Use	
<b>THOUGHT PROCESSES</b>	
Bizarre/Confused Thinking	
Believe Unusual Thoughts	
Hallucinations	
Disorganized Speech	
Suspicious	
Unaware of Time	
Unaware of Self	
Unaware of Surroundings	
Disorganized Behavior	
Thoughts of Hurting Self	
Thoughts of Hurting Others	

Other: \_\_\_\_\_  
\_\_\_\_\_