



GreenEdventures.com

## **Welcome!! This packing list will help you prepare for your week-long adventure in Baja California Mexico. You are going to have an AMAZING experience!**

During your adventure Green Edventures will provide all necessary equipment for your use during your adventure including: a tent that accommodates up to two people and includes for each person: a cot, pillow, sheets, sleeping bag and bath towel. You are welcome to bring some or all of your own gear, but a dive bag with wetsuit, snorkeling gear (fins, mask, snorkel, weight belt) will be available for your use. You will also receive a small Green Edventures day pack to hold all of your essentials while on the boat or on a hike.

All items on the packing list are of a personal nature and are not provided by Green Edventures. Please follow the packing list closely, do not substitute, and do not over pack. If you have questions about any of the items on the list please contact Green Edventures.

Please pack in a soft sided duffle bag instead of wheeled luggage. You may want to consider packing your items in a small enough bag to carry it on the plane instead of checking it. This will save you extra baggage fees which may be imposed by the airline and avoids the possibility of the airline losing your luggage during a connection. Typically, due to the remoteness of the activities it takes three to four days to get your luggage returned to you.

For those who elect to pack a carry on bag only, please check with the Transportation Security Association (TSA) about rules and regulation regarding the types and quantity of items which can be brought on board. Check with your airline regarding the size restrictions of carry on luggage. If you are not particular about your products we can stop at a local grocery store for toiletries like sunblock, shampoo, and body wash.

Baja California Sur is a desert. You are going to be living on the beach. **Sun protection** (sun block, hat, sunglasses and a long sleeve T-shirt) is very important as is a 1-liter refillable water bottle. Expect the daytime temperature to be upwards of 80 degrees F. We spend a majority of time in the 67-73 degree F water and the nights are generally cool to cold at 50 degrees F. As long as you are prepared, your experience will be extremely enjoyable.

Cell phone service is possible in some locations for some carriers such as At&t, Sprint, Verizon, Nextel and T-Mobile. While on Espirtu Santo Island, cell phone service is virtually impossible. Participants will have the best service at the airport or highway.

US Dollars are accepted at most stores as well as credit cards. You can also get access to cash from ATM machines. If you plan to use your credit and debit cards be sure to let your bank know you that you will be traveling in Mexico so that they don't block you during your trip. There is no need to exchange money for Pesos at the airport. Bring US Dollars in 10's and 20's.

### **DON'T FORGET:**

Passport (leave a photo copy of it at home)

Travel Insurance Information

SCUBA Card and Log Book for Certified Divers Choosing to SCUBA Dive.

Cash for:

Gratuity for local guides \$100-125

\*Optional SCUBA \$130 for certified divers or \$150 if you want to Discover SCUBA and are not already certified

\*The dive shop accepts credit cards but you will be charged an 11% tax. It is best to pay with US Dollars.

Questions?

Contact Tara Short

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715-252-1238

Qty	Item	Description
1	1-liter Water Bottle	A Liter has 1,000 ml. Please do not bring anything less. There is no water in the desert. During our hikes we must carry enough water for the complete trip.
	Camera	Any. Be sure to bring charger or cord. There is power at camp to charge electronics. Put your name on disposable cameras. For water 3-5 disposable cameras.
2-3	Swim Suits	Two pieces are best for easy changes between activities.
2	Long Sleeve Shirts	Medium weight, light color. One non-cotton synthetic and one any material.
2-5	Pairs of Socks	Bring extra. These can be used with dive fins to prevent blisters. One pair of SmartWool for sleeping.
1	Hiking Shoes	Totally enclosed, light weight, sturdy shoes like cross-training/tennis shoes are appropriate. <b>Don't bring Keen-type sandals.</b> They need to be 100% enclosed around the heel and sides. This is to protect you from sharp cacti as well as insects and animals that can bite.
1-2	Flip flops	For around camp, wading in the bay, and in town. You could also bring water shoes as well.
1	Hooded Sweatshirt	Heavy weight. To sleep in and for around camp at night
1	Fleece Jacket	Synthetic medium weight jacket to wear for warmth after water activities.
1	Hiking Pants	Light weight pair for hiking around scrub brush and cacti. Jeans are ok.
4-6	T-shirts/Tanks & Shorts	Mix and match enough for about 5 days. You can wear them more than once.
1	Warm/ Lounging Pants	A heavy pair of synthetic fleece pants or sweat pants for around camp and sleeping.
1	Casual Outfit	For travel and dinner out. Place in a plastic bag to keep it fresh.
1	Watch	Optional: An inexpensive (less than \$25), waterproof for 30ft.
1	Flashlight	Head lamp recommended.
1	Fleece or Wool Hat	Will make sleeping so much toastier at night. It can get cold at night in the desert.
	Underwear	Whatever quantity makes you comfortable ☺
1	Long Sleeve Rash Guard (Top & Bottom)	A rash guard is a type of athletic shirt made of spandex and nylon or polyester. You can Google "Rash Guard" or get a wicking shirt like Under Armor. It can fit tight or loose depending on your preference. The tighter the better. Bottoms can be running tights or compression pants. Rash guards make getting into wetsuits much easier and provide an extra layer of warmth.
2	Plastic Bags	Bring one large garbage bag and one large zip lock back to protect valuables inside your luggage during boat ride.
	Sun Protection	45+ recommended, hat, and sunglasses.
1	Beach Towel	A bath towel will be supplied.
1	Bug Spray	Small, travel size. Biting insects are not normally a problem.
	Travel Size Toiletries	General: <u>Biodegradable</u> shampoo, conditioner (leave in is best) and body wash. Lip balm, aloe (for sun burns), toothbrush/paste, razor(s), deodorant, hand sanitizer, comb. Travel size mirror, hair ties, comb, and feminine products.
	Personal First-Aid Kit	Labeled prescription medication, swimmer's ear drops, Band-Aids, non-drowsy decongestant/Benadryl, motion sickness medication, and minor pain reliever, <b>EPI PEN if you are allergic to Bees or Shellfish or think you might be.</b>
1	Travel Coffee Mug w/ Lid	This will keep your coffee or tea nice and warm during the morning on the beach.