



Bay Leaf Cottages & Bistro LINCOLNVILLE, MAINE

www.bayleafcottages.com



A Bright Moon

Adoptive Mom's Discovery Weekends (AMDW)

#1 – Friday June 3rd thru Sunday June 5

#2 – Friday July 8th thru Sunday July 10th

Join China adoptive moms for a weekend of mom-focused fun and revival – discuss the “spirituality and compassion” needed as an adoptive mom. Share strategies for positive health and coping with stress. Meet adoptive moms from ALL OVER THE GLOBE. Make new friends and gain a great support network. Bring others from your adoption group or FCC group!

Questions? Call Dr. Jane Liedtke at 207-505-0458 or 309-663-8796 jane@abrightmoon.com

See www.bayleafcottages.com or www.abrightmoon.com

Deadline for Registration: May 15th for Session #1 in June and June 25th for Session #2 in July. Space is limited to 30 persons.

Cost per person (double occupancy in Motel room or a Cottage with 2 bedrooms): \$350.00 **

Cost per person (single occupancy in a Cottage with one bedroom): \$450.00 **

Includes: Accommodations in the Bay Leaf Cottages or Motel, all meals per program schedule, bike rental (including helmet), Islesboro Ferry ticket, spa services, t-shirt, and facilitation.

Not Included: Transportation to/from Lincolnville, Maine.

**Those bringing your own bicycle or electing to not ride/rent one will have registration reduced by \$30.00

Program Schedule

Friday - June 3rd/July 8th

Travel to Lincolnville, Maine by car or fly to Boston ([Concord](#) bus available to Lincolnville from Logan airport) or Portland ([Mid-coast Limo](#) service available from Portland Jetport).

Check-in from 3 p.m. thru 9 p.m.

Dinner at 7 p.m. will be informal - BBQ on the patio. Time to meet and greet. Yard games (badminton and volleyball), ping pong, horse shoes, etc. available or join in jewelry-making.

Saturday - June 4th/July 9th

Continental breakfast from 7:00 - 9:00 a.m. at the Bistro

Session I - 9:00-10:00 a.m. - What I've gained as an adoptive mother

Session II - 10:30 - Bike to the Ferry Terminal for Islesboro Ferry (at 11:00 a.m.) - Arrive Islesboro at 11:15 - Bicycle* to Dark Harbor -

Lunch on the beach - Reflection activity. Bicycle back to the Ferry Terminal for 4:30 Ferry to Lincolnville. Return to Bay Leaf Cottages/Motel.

7:00 p.m. Maine Lobster Dinner with baked potato and salad.

Evening - Everything you ever wanted to know about China but were afraid to ask - Dr. Jane Liedtke. *Those unable to bike will be transported.

Sunday - June 5th/July 10th

Continental breakfast from 7:00 - 8:30 a.m. at the Bistro

Session III - 9:00 - 11:00 a.m. Spa Services - Gaining strength to carry on!

Session IV - 11:00 a.m. - 12:00 p.m. - Personal goals to strengthen my family and my role as an adoptive mom.

Lunch and Wine-tasting at Cellar Door Winery

1:30-2:00 p.m. Return to Bay Leaf Cottages

Program recap - 2:00-3:00 p.m.

Check-out 3:00 - 5:00 p.m. and travel home via car, or flights from the regional airports.

Items to bring along: Clothing for warm and cool weather (layers), biking shorts/pants or comfortable clothes for biking, socks, hiking shoes or tennis shoes, sunglasses, sunscreen, toiletries, biking gloves (if you prefer to use them), and a water bottle (for biking). If you wish to bring wine or beer you may do so. Please note: Bay Leaf Cottages & Motel is a non-smoking property.

Revised 3/3/2011

Adoptive Mom's Discovery Weekend (AMDW) Registration Form

Please copy and paste into email or download and save, then send as attachment to email to Jane@bayleafcottages.com or mail to: Bay Leaf Cottages, 2372 Atlantic Hwy, Lincolnville, ME 04849. Telephone: 1-207-505-0458

Registration is required in advance of the program.

Due date: May 15th for Session #1 in June, June 25th for Session #2 in July. Space is on a first come, first served basis with maximum of 30 participants.

Payment is due by credit card (Visa, MasterCard, Amex, Discover) – call 1-207-505-0458

Registration for **Adoptive Mom's Discovery Weekend (AMDW)** _____ #1 (June) _____ #2 (July)

Double occupancy Motel Room or Cottage \$350.00 pp _____ Single occupancy Motel Room or Cottage \$450.00 pp _____

I am bringing my own bicycle: Yes No If yes, deduct \$30 from your registration fee. Total due: _____

Name _____

Address _____

City _____ State/Province _____ Postal Code/Zip _____

Email address _____

Telephone (home) _____

Telephone (cell) _____

Payment can be made by Credit Card (circle: Visa, MasterCard) or by calling in the card info to 207-505-0458.

Name as it appears on the card: _____ Expiration Date: _____

Card Number: _____ Security Code: _____

Amount to be charged: \$ _____ in USD

Name as you would prefer on your name-tag: _____

Height (for sizing your bicycle): _____

T-shirt Size: Adult sizes S, M, L, XL, 2XL, 3XL, 4XL, 5XL

Mom to ____ # children adopted from China and ____ # bio or step children.

Names of your adopted child(ren):	Age(s):	City/Province:
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

(Please add more lines if you need to do so)

Any dietary restrictions or physical restrictions we should know about such as allergies or medications (such information will be held in confidence)? _____

Payments & Cancellation Policy: Payments are due by the registration deadline for the total program registration/lodging package. A credit card can be used to make this payment. Two weeks notice must be given to receive a full refund of the lodging and registration costs. After that time, only a partial refund (50%) will be given. No refund of any amount will be given of the lodging costs or registration fees if cancellation is within 72 hours of the program dates.

Waiver of Liability: Participation in any/all programs offered by A BRIGHT MOON of Bloomington, IL and Bay Leaf Cottages of Lincolnville, Maine are voluntary. Participants are responsible for themselves and their family members. All participants in any program arranged through A BRIGHT MOON must sign and submit to A BRIGHT MOON a copy of the Waiver of Liability provided herein. A BRIGHT MOON does not maintain insurance for off-site programs in the USA. Bay Leaf Cottages has normal accident insurance for on-property incidents. Personal property insurance and medical insurance are the responsibility of the participant.

A BRIGHT MOON Waiver of Liability

Participation in any program sponsored or arranged by A Bright Moon, Inc. is at your own risk. A Bright Moon, Inc. assumes no liability for accidents, injuries, or illnesses associated with participation in this program. Travel always carries with it an element of risk and it shall be the responsibility of the participants to behave and conduct themselves in a safe manner. A BRIGHT MOON will act prudently on behalf of participants in scheduling events and contracting for services from Bay Leaf Cottages and program contractors.

I _____ adult participant(s) understand and accept that participation in an A BRIGHT MOON sponsored program is on a voluntary basis for myself and accept full responsibility for costs associated with any illness or emergency treatment(s) which may result from participating in this program. I/we do hereby waive from any liability the parties associated with the conduct of this A BRIGHT MOON/Bay Leaf Cottage program including employees/principals of A Bright Moon, employees/principals of Bay Leaf Cottages & Bistro, independent contractors working on behalf of A BRIGHT MOON/Bay Leaf Cottages, and other representatives of A Bright Moon in the USA.

Signature: (Adult) _____ **Date** _____