



## Depression and Bipolar Support Alliance

# State Organization Resource Order

As a benefit of State Organization affiliation, we will send you up to 1500 total brochures and up to 20 printed guides annually free of charge. We are pleased to provide these resources to help you get the word out to your state about mood disorders. To order, please complete this form and return it to DBSA.

### Brochures

(number)

- \_\_\_\_\_ 6 Month Personal Calendar
- \_\_\_\_\_ Introduction to Depression and Bipolar Disorder
- \_\_\_\_\_ Finding Peace of Mind: Treatment Strategies for Depression
- \_\_\_\_\_ Suicide Prevention Cards (package of 25)
- \_\_\_\_\_ Treatment Technologies for Mood Disorder
- \_\_\_\_\_ DBSA Support Groups: An Important Step on the Road to Recovery
- \_\_\_\_\_ Treatment Challenges: Finding Your Way to Wellness
- \_\_\_\_\_ Understanding Hospitalization for Mental Health
- \_\_\_\_\_ Next Steps: Getting the Help You Need to Reach Wellness
- \_\_\_\_\_ Understanding Agitation
- \_\_\_\_\_ Helping a Friend or Family Member with Depression or Bipolar Disorder
- \_\_\_\_\_ What Helps and What Hurts
- \_\_\_\_\_ Getting Started: A Guide for Parents

### Spanish Brochures (en Español)

(number)

- \_\_\_\_\_ Dual Diagnosis and Recovery (en Español)
- \_\_\_\_\_ Treatment Challenges: Finding Your Way to Wellness (en Español)
- \_\_\_\_\_ You've Just Been Diagnosed...What Now? (en Español)

### Brochure Packs

(Each pack counts as 1 "free" brochure)

(# packs) x (5 /pack)= (total brochures)

- \_\_\_\_\_ x 5 per pack = \_\_\_\_\_ Food and Mood
- \_\_\_\_\_ x 5 per pack = \_\_\_\_\_ Kindness as a Way to Wellness
- \_\_\_\_\_ x 5 per pack = \_\_\_\_\_ Saying No to Negative Thinking
- \_\_\_\_\_ x 5 per pack = \_\_\_\_\_ Is it Just a Mood... or Something Else? Mood Disorders for Young People
- \_\_\_\_\_ x 5 per pack = \_\_\_\_\_ Myths and Facts about Depression and Bipolar Disorder

### DBSA Chapter Guides

These guides are also available for download on [www.DBSAAlliance.org/ChapterMgmt](http://www.DBSAAlliance.org/ChapterMgmt).

- \_\_\_\_\_ Chapter Basics Guide
- \_\_\_\_\_ Chapter Branding Guide
- \_\_\_\_\_ Support Group Crisis Response Guide
- \_\_\_\_\_ Conflict Management Tool
- \_\_\_\_\_ Support Group Facilitator Training Kit
- \_\_\_\_\_ Inclusiveness Guide
- \_\_\_\_\_ Growing Your Chapter Guide
- \_\_\_\_\_ Fundraising Guide

### NEW! DBSA Organizational Brochure

You can now order the new DBSA Organizational Brochure in addition to the 1500 brochure annual allotment at no charge to you!

- \_\_\_\_\_ DBSA Organizational Brochure

\*NOTE: Some brochures listed may no longer be available in print. To view or print brochures and other publications that are not available, visit [www.DBSAAlliance.org/publications](http://www.DBSAAlliance.org/publications).

\_\_\_\_\_ **TOTAL NUMBER** of \*free\* brochures ordered not including the DBSA Organizational Brochure

\_\_\_\_\_ **TOTAL NUMBER** of \*free\* chapter guides ordered

\_\_\_\_\_ **ADDITIONAL BROCHURES** (over 1500 per calendar year)

*If your orders in this calendar year total more than 1500 brochures, we ask your state organization to make a contribution of \$0.25 per brochure to DBSA to help defray printing and shipping costs. Please enclose a check or money order payable to DBSA or include your credit card information in the box below.*

**Please allow at least 3 weeks for processing and delivery. All items will be shipped via UPS Ground Service. For special requests, large orders, or expedited shipping, contact the DBSA Chapter Relations Department at (800) 826-3632 or [chapters@DBSAlliance.org](mailto:chapters@DBSAlliance.org).**

### Mailing Information

Name: \_\_\_\_\_ Date of order: \_\_\_\_\_

State Organization: \_\_\_\_\_

Mailing Address (no PO Boxes): \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

*If contributing via credit card:*     American Express     Discover     MasterCard     Visa

Name on credit card: \_\_\_\_\_

Account number: \_\_\_\_\_ Exp. date \_\_\_\_\_

Signature: \_\_\_\_\_

Billing Address (if different from mailing address): \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

*Return completed order form to:*

**DBSA**

**Attn: Chapter Relations**

**55 E Jackson Blvd, Ste 490**

**Chicago, IL 60604**

**Fax: (312) 642-7243**

*Additional forms are available within the State Organization section of the website at [www.DBSAlliance.org](http://www.DBSAlliance.org).*

**Office Use Only: Ordered # \_\_\_\_\_ Actual # \_\_\_\_\_ Date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ Initial \_\_\_\_\_**