

Career Services



http://careers.tufts.edu

RESUMES

For Arts & Sciences Students

What is a resume?

A resume is a sales brochure about you. It describes your abilities, your experience (paid and/or unpaid), and your education. An effective resume should get you an interview.

Is one resume good for all jobs and internships?

Generally no. A resume should be slanted to the job or internship you are seeking or to the industry to which you are submitting your resume. This means that you should do some research on the organization so that you know what kind of positions are available.

What is a chronological resume vs. a skills resume?

A chronological resume is a listing of positions you have held, by dates, beginning with your most recent position and working backwards. The experience section in a chronological resume will include the title of the position held, name of the organization and location (city, state), dates of your employment (generally, month and year), and a description of your job responsibilities and achievements.

A skills resume lists the data that supports your job objective by skills used or major tasks performed. *Communication, Organization, Promotion, or Teamwork* are examples on which to build a skills resume.

What else do I need to know about resumes?

- Survive the scan. Resumes often get less than one minute of an employer's time
- Use bulleted items or short sentences rather than long paragraphs.
- Do not include personal data such as height, weight, age, marital status, or your photograph.
- Typically, the length should be one page, though exceptions do exist.
- Use good quality paper. A white, off-white or buff-colored paper is desirable.
- Check for typos, spelling errors, and grammar usage. (Of surveyed college recruiters, 95% thought that poor grammar or more than one spelling error would definitely lessen interest in a candidate.)
- Include a well-written cover letter. Remember, the cover letter will act as an example of your communication skills.

How do I email my resume?

- On line job search experts suggest emailing your resume and cover letter as one attachment.
- They also suggest copying and pasting both your cover letter and resume, in that order, into the body of
 your email. Scroll down to view the information, and make any changes, such as adding carriage returns,
 that may be necessary to make the document look more readable. You should include a short note in the
 beginning of your email message which indicates that you have both "attached" and "copied" your
 documents into the email message. This way, if an employer cannot open your attachment or is wary of
 viruses, the employer can simply scroll down to look at your credentials.

Resume Action Verbs

Administrative Skills collected specified approved generated operated purchased compiled implemented organized recorded systematized arranged tabulated catalogued dispatched inspected prepared retrieved classified executed monitored processed screened validated **Communication Skills** addressed developed formulated moderated publicized translated directed arbitrated influenced motivated reconciled wrote arranged drafted interpreted negotiated recruited authored edited lectured persuaded spoke corresponded enlisted mediated promoted **Creative Skills** acted developed founded integrated performed directed illustrated introduced planned conceptualized created established innovated invented revitalized designed fashioned instituted originated shaped **Financial Skills** developed marketed administered appraised budgeted projected audited forecasted allocated calculated planned researched analyzed balanced computed managed **Helping Skills** assessed coached diagnosed facilitated referred counseled educated familiarized rehabilitated assisted clarified demonstrated expedited guided represented **Management Skills** conducted scheduled administered developed increased produced analyzed consolidated directed organized recommended strengthened evaluated assigned contracted oversaw reviewed supervised attained coordinated executed planned chaired delegated prioritized improved **Research Skills** clarified diagnosed extracted interpreted organized surveyed collected evaluated identified interviewed reviewed systematized critiqued examined inspected investigated summarized **Teaching Skills** guided adapted communicated encouraged persuaded advised coordinated evaluated informed set goals clarified developed explained initiated stimulated coached enabled facilitated instructed **Technical Skills** assembled computed engineered operated remodeled upgraded built designed fabricated trained overhauled repaired calculated devised maintained programmed solved

Tamara Decenzo

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Name

Email

Web site (only if it is professional sounding)

Current/School Address City, State, Zip Phone with area code Home Address City, State, Zip Phone with area code

JOB OBJECTIVE (optional)

- A statement of what you want to do and the level at which you want to do it. Include the type of industry, the level of responsibility, and your area of interest (i.e., An entry-level marketing position in the hospitality industry.)
- An objective can provide focus by helping you determine what to include on your resume. Make sure that everything on your resume supports your objective.
- If you have an objective, make it clear and specific. It is better NOT to have an objective than to have one such as "To obtain a challenging position which will allow me to use and contribute my education and job experience."

EDUCATION

- List school, city and state, degree and major. Include honors and awards and study abroad institutions.
- List your GPA *if* it will help you get an interview. We suggest listing it if it is above 3.0/4.0.
- List courses especially if they are relevant to the job or internship in which you are interested.

EXPERIENCE

- List organization, title, city and state, and dates.
- Use this section to market yourself. If something will help *sell* you, put it on, otherwise leave it off. A resume is not a job application you don't have to account for everything you have ever done.
- Use action verbs when describing your experience. Use words like *managed, facilitated, created*, and *researched*. (See packet for a list of verbs.) Try to stay away from expressions like, "Responsibilities included"
- Don't use long paragraphs.
- Think in terms of *accomplishments* from your previous experiences; don't merely describe *tasks*.
- Include volunteer work, academic, or extracurricular projects. This information can also be included in a separate section.
- Don't use "I", "my" and other personal pronouns. Save these for the cover letter.

SKILLS

• Include computer, technical, or language skills.

ACTIVITIES (optional)

- You may also use titles such as "VOLUNTEER EXPERIENCE," "HONORS AND AWARDS," "PROFESSIONAL ORGANIZATIONS," and "ACHIEVEMENTS."
- List college activities and student organizations. Include leadership roles and special events. May also list professional affiliations.

INTERESTS (optional)

• Optionally list your interests such at sports, travel, and hobbies. Be fairly specific and only list them if you think they will help market you.

REFERENCES

• Do not put "References available on request." At the bottom of your resume. Have a separate reference sheet available. (See packet for sample.)

Linda Sole

Tufts University, 200 Tilton Hall, Medford, MA 02155, (123) 555-555 17 Cyr Circle, Saratoga Springs, NY 12866, Linda.sole@tufts.edu

OBJECTIVE

A summer internship working with children with special needs

EDUCATION

Tufts University, Medford, MA Bachelor of Science in Psychology, expected May XXXX G.P.A. 3.75, Dean's List *Course work includes:*

- Introduction to Psychology
- Statistics for Psychology Majors
- Personality Theories
- Social Psychology

Saratoga Springs High School, Saratoga Springs, NY Regents with Honors Diploma, June XXXX National Honor Society, President, XXXX Math Honor Society, Vice-President, XXXX

COMMUNITY SERVICE

Tufts University Leonard Carmichael Society, (Volunteer Organization) July XXXX- present

• Second grade math tutor

Children's Museum Volunteer, Saratoga Springs, NY, January-April XXXX Economic Opportunity Council, Saratoga Springs, NY, September-October XXXX

• Food pantry volunteer, children's summer lunch program volunteer Peer Leadership – DARE, Saratoga Springs, NY, XXXX-XXXX

EMPLOYMENT

Serenity Housing, Ballston Spa, NY

Receptionist, June-August XXXX

• Greeted clients, answered phones, assisted customers

Aramark, Saratoga Performing Arts Center, Saratoga Springs, NY Concession stand cashier, June-August XXXX

ACTIVITIES & ATHLETICS

Intramural Soccer, Tufts University, XXXX- present Co-captain and Mentor, High School Cross Country and Track Team, XXXX Psychology Club, Saratoga Springs High School, XXXX Saratoga Springs High School Yearbook, Assistant Editor, XXXX-XXXX Spirit Club, Saratoga Springs High School, XXXX

SKILLS

Computer: Microsoft Word, Excel, VBA, PowerPoint, AutoCAD Languages: Proficient in Spanish

INTERESTS

Skiing, soccer, basketball, hiking, reading, movies

Andrea L. Carrey

120 Princeton Street, Apartment 2 Medford, MA 02155 617-665-9856 andrea.carrey@tufts.edu

EDUCATION **Tufts University**, Medford, MA Bachelor of Arts, expected May XXXX Double Major: History and Classics GPA: 3.35

Brentwood High School, Pittsburgh, PA Graduated June XXXX in top 5% of class

EXPERIENCE

Tufts Educational Day Care Center, Somerville, MA

Volunteer, fall XXXX

- Planned recycling project with class of 4-5 year-old children
- Assisted teachers with station setups and general classroom responsibilities
- Guided children with free time activities including reading, crafts, discussion, clean-up

Tufts University New Student Orientation, Medford, MA

Peer Academic Leader, September XXXX

• Helped prepare incoming students for their transition into Tufts University

Tennis Camps at University of Pittsburgh, Pittsburgh, PA

Tennis Instructor, summer XXXX

- Instructed preliminary coordination for 5 year-old children
- Taught tennis skills for 10 year-old children

Pittsburg Youth Program, Pittsburgh, PA

Recreation Supervisor, summer XXXX

- Supervised peer counselors in daily activities and acted as liaison to Camp Director and staff
- Led field trips and special activities to promote community and collaboration among counselors

ACTIVITIES

- Tufts University Ultimate Frisbee Team, member, September XXXX-present
- Tufts University Mountain Club, member, September XXXX -present
- First Aid Certified

SKILLS

Computer: Microsoft Office including Word, Excel, PowerPoint, Access, FrontPage Language: Working knowledge of Spanish and French

George Fine

Current: Tufts University • 201 Carmichael Hall • Medford MA 02155 • Cell: 908-767-435 Permanent: 10 Hills Avenue • Ridgedale, NJ 98908 • George.fine@tufts.edu

Objective A Summer XXXX internship

Education Tufts University, Medford, MA

- Bachelor of Science in Mathematics, May XXXX
- GPA: 3.32

Ridgedale High School, Ridgedale, NJ

- Graduation: June XXXX
- National Honor Society President

Experience Tufts University Audiovisual Department, Medford, MA, Jan. XXXX - Present Student Assistant

- Coordinate logistics for campus events
- Videotape campus speakers and concerts

Tufts University Jackson Gymnasium, Medford, MA, Sept. XXXX -Dec. XXXX Student Assistant

- Checked identification of gym patrons
- Organized equipment room

South Shore Music Circus, Quincy, MA, Sept. XXXX – April XXXX *Secretary and Waiter*

- Provided telephone and administrative support
- Assisted with food service, organizing orders to ensure a fast delivery

Joe's Restaurant, Ridgedale, NJ, Sept. XXXX – Aug. XXXX

Server

- Adapted to individual personalities to assure customer satisfaction
- Interacted with owner and staff to produce quality team work and open communication
- **Computer** Microsoft Word, Excel, PowerPoint, Access
- Activities Tufts University Bias Awareness Team, Present Ridgedale High School Yearbook Committee, Assistant Editor, April–June XXXX Ridgedale High School Math Society and Competitive Member, XXXX – XXXX Ridgedale Community Service Volunteers, Sept. XXXX –June XXXX

David Gillis

David.gillis@tufts.edu 4 Kristen Road Medford, MA 02155 (516) 455-0678

OBJECTIVE

An internship in a field with exposure to political science and international relations

EDUCATION

Tufts University, Medford, MA Bachelor of Arts in Economics, May XXXX

Elizabeth Academy, Billerica, MA, June XXXX National Honor Society

RELEVANT COURSEWORK

Econometrics, Economy of Latin America, Advanced Spanish Conversation, The History of the Spanish Language

LANGUAGES

Bilingual in English and Spanish

EXPERIENCE

Children's Hospital, Brooklyn, NY, June-August XXXX

Translator Intern

- Accompanied physicians on rounds
- Translated conversations between patients and doctors
- Answered telephones from Spanish speaking callers
- Translated documents and forms using Spanish language

The Nevada Club, Wilmington, MA

Assistant Field Manager, July-August XXXX

- Managed a crew of 10-15 employees
- Voted "Employee Nightly" Award on 3 separate occasions *Customer Service*, Jan-May XXXX
 - Assisted more than 2000 patrons weekly

The Great Wall Restaurant, Woburn, MA, May-August XXXX

Host and Waiter

• Worked in kitchen, set tables, and greeted people

LEADERSHIP

Tufts Environmental Club, President, September XXXX -present Youth Group Leader, Wilmington Baptist Church, Wilmington, MA, XXXX -present Tufts University Latino Center, Peer Leader, September XXXX -present

SKILLS

Computer: Microsoft Word, PowerPoint, Excel, HTML

Jared Johnson

Current Address: 234 Powderhouse Blvd. Medford, MA 02154 (617) 627-8888 Permanent Address: 5677 Brand Ave. Mycity, PA 13456 jared.johnson@tufts.edu

EDUCATION

Tufts University, Medford, MA

Bachelor of Arts Degree May XXXX Major: Economics, Minor: Political Science Economics GPA: 3.64

Temple University, Philadelphia, PA, September XXXX -June XXXX

EXPERIENCE

Tufts Leadership Institute, Program Intern, Medford, MA, September XXXX -Present

- Assist in the development and implementation of the programs and events within the Tufts Leadership Institute including program planning, publicity, logistics and implementation
- Coordinate the marketing campaign, highlighting the availability of leadership programs to Tufts students
- Educate the Tufts community about student organization achievement and the benefits of involvement

Fidelity Investments, Intern, National Financial Services Division, New York, NY, May-August XXXX

- Conducted extensive research and thorough evaluations for potential corporate sponsorships of various non-profit organizations
- Created web pages using HTML and JavaScript for a Fidelity intranet website
- Helped train employees on the use of the new intranet

ACTIVITIES

Black Men's Group, Chairman of Events, Medford, MA, September XXXX - Present

Arrange for monthly guest speakers and organize the end-of-the-year awards banquet

Spirit of Color, Treasurer, Medford, MA, January XXXX -Present

- Handle all financial records for this performing arts group
- Maintain a budget of \$3000

All Stars, Founder and Coordinator, Philadelphia, PA, May XXXX -June XXXX

- Founded program in 2001 which has grown from 5 to over 50 members
- Provided role models for inner-city youth in the Greater Philadelphia area
- Planned bi-monthly events for youth and mentors participating in the program

SKILLS

Computer: Proficient in HTML, MS Office, Adobe Acrobat, FileMaker Pro, PageMaker **Language:** Proficient in French, Conversational Spanish

INTERESTS

Investments, writing, web page creation, reading biographies of political leaders, travel

Current Address 143 Hillside Apartments Medford, MA 02155 (617) 212 8762 Permanent Address 10 Waterside Plaza, 17D New York, NY 10010 chuck@hotmail.com

June-July XXXX

January-May XXXX

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EDUCATION Tufts University, Medford, MA,

Bachelor of Arts degree expected May XXXX Major: International Relations, Minor: Communications and Media Studies GPA: 3.5/ 4.0, Honors: Dean's List, Golden Key National Honor Society, Political Science National Honor Society, Wendell Philips Speaking Prize finalist

Universidad de Blas Pascal. Cordoba, Argentina, Fall XXXX Subjects studied: History of Latin America, Argentine Culture, Communications

COMMUNICATIONS EXPERIENCE

WBUR Radio. Boston, MA – Sunday "Morning Edition" Writer, Paid Intern

- Write and conduct phone interviews for Monday's *Morning Edition*
- Work with host and staff of *Here and Now*, writing introductions and questions, setting up interviews and recording vox

TUTV. "Perspective." Tufts University, Medford, MA – News Director, Producer September XXXX -present

- Created campus news show on university network
- Write scripts, shoot video, direct tapings, coordinate stories, and act as liaison to the University and other campus media

A2S2 Digital Projects. "IntellectualCapital.com." Washington, D.C. – Editorial Assistant May-August XXXX

- Developed and maintained political section covering major senatorial and gubernatorial campaigns
- Researched stories using Internet resources

Office of Senator John F. Kerry (D-MA). Washington D.C. – Press Intern

Wrote press releases and media advisories.

ADDITIONAL EXPERIENCE

Career Services, Tufts University, Medford, MA – Student Assistant		September XXXX -present
٠	Updated student data and assisted with recruiting scheduling	

Various Part-time Positions

• Waiter, web page designer, landscaper

SKILLS

- Computers: Microsoft Word, Excel, Adobe Photoshop (video editing)
- Fluent in Spanish, written and oral
- General knowledge of video and radio equipment

EXTRACURRICULAR ACTIVITIES Tufts Office of Admissions: Tour Guide, Student Panelist 200X National High School Model United Nations Conference

September XXXX -present June XXXX

Paul Carroll Paul.carroll@tufts.edu

Current Address: Tufts University South Hall Medford, MA 02155 Permanent Address: 28 Parker Street Dayton, OH 10008 (403) 564-1876

EDUCATION	TIONTufts University , Medford, MA Bachelor of Arts Degree in English, May XXXX GPA: 3.5/4.0 Dean's List, Alfred Neumann Memorial Scholarship Relevant Coursework: Writing for the Media, Topics in Politics in the Media Tufts in Talloires , Talloires, France Study Abroad Program, Spring 200X		
EXPERIENCE Aidekman Arts Center, Tufts University Assistant Box Office Manager • Operate box office for general ticket sales and p • Balance receipts and verified reports at close • Maintain record of 150 season ticket holders an of patrons' tickets		-	
	 NBC Television Intern - Public Relations Compiled press clippings for distribution to comp Worked with Director to formulate press kits for Edited synopses for episodes of <i>Friends</i> 	pings for distribution to company executives or to formulate press kits for <i>Friends</i> and <i>The Today Show</i>	
	 Leonard Carmichael Society, Tufts University Treasurer and Volunteer Assist with Learn to Read Program in Medford P Elected Treasurer of the largest student volunteer 		
ACTIVITIES	Tufts Daily, Sports Writer • Independent student newspaper Tufts University Hillel Tufts Community Union Senate	Sept. XXXX -Present Dec. XXXX -Present Sept. XXXX -Present	
SKILLS	Computer: MS Office, MS Publisher, Adobe Photoshop Languages: Fluent in French and Sign Language		
INTERESTS	Running Marathons, Playing Piano, Writing		

Emily Anne Thomas

66 Mayhew Drive ■ Plymouth, MA 04759 Email: Emily.Thomas@tufts.edu ■ Cell: (617) 881-0044

EDUCATION

Tufts University, Medford, MA

Bachelor of Arts expected May XXXX **Major:** International Relations **Minor:** Political Science GPA: 3.62, Dean's List all semesters

University College London, London, England

Study Abroad Program XXXX Academic Year Direct enrollment in University of London Philosophy Program

NEWS & POLITICAL EXPERIENCE

American Israel Public Affairs Committee (AIPAC), Washington, DC

New England Region Intern, XXXX

- Researched Middle Eastern government policy, organized voting records, coordinated donor outreach project, planned and organized lobbying efforts for Boston students
- Coordinated and led panel at AIPAC's Non Partisan Student Campaign Training Institute, Kennedy School of Government, Harvard University
- Spoke and led sessions at AIPAC's Saban Conference. Led workshop titled: "The College Democrats and College Republicans Role in the Political Process"

Rock the Vote, Boston, MA

Press Runner, XXXX

- Volunteered for CNN at the *Rock the Vote* Democratic debates in Boston
- Press Runner for the debate moderator, Anderson Cooper

LEADERSHIP

Tufts College Republicans, Medford, MA

Secretary, XXXX

- Coordinated outreach and interaction with campus community, advertising on campus and with local media, and distribution of a bi-monthly newsletter
- Facilitated underclassman involvement in the Tuft's Republicans
- Student Guest of the RNC's winter meeting in Washington, DC

Tufts Hillel, Medford, MA

Executive Board Member, XXXX

- Educated campus community about Israel and the situation in the Middle East.
- Communicated with all other cultural and religious groups on campus.
- Produced the Hillel Monthly Events Calendar, fluent in Adobe Page Maker

SKILLS

Proficient in French & Hebrew

CASEY JANE WHEELER

Tufts Address • City State Zip • phone Home Address • City State Zip • email address

EDUCATION

Tufts University, Medford, MA Bachelor of Arts Degree, expected May 20XX Major: English. Minor: Africa in the New World

University of Cape Town and University of Witwatersrand, South Africa, Fall 20XX Duke University, Organization for Tropical Studies

NONPROFIT EXPERIENCE

AIDS Action Committee of Massachusetts, Boston, MA

Public Policy Intern, September, 20XX - Present

- Collaborate with community and legal resources to lobby for policy changes
- Designed survey tool for HIV-positive clients to determine critical needs
- Synthesized and interpreted data; created/delivered powerpoint presentation

Dorchester Alternative School, Dorchester, MA

Intern, May - August 20XX

- Taught language skills to urban students with disciplinary backgrounds
- Collaborated with staff to develop and implement academic and recreational programs, from literacy improvement to field trips
- Created weekly email newsletter to update and engage parents

Massachusetts Association for the Blind, Brookline, MA

Volunteer, January – May, 20XX

- Assist blind individuals with reading, shopping and clerical tasks
- Record books and printed material onto tapes

LEADERSHIP & CAMPUS ACTIVITIES

Tufts Daily, *Contributing Writer*, January, 20XX - Present **Jackson Jills**, *Business Manager*, Tufts oldest female a cappella group, 20XX - XX **Tufts University Admissions**, *Tour Guide*, January, 20XX – May, 20XX

EMPLOYMENT

Tufts Career Services, Medford, MA, *Student Assistant*, September 20XX - Present **Retail and Restaurant Employment**, Summers and part-time, 20XX - Present

SKILLS

Computer: Microsoft Office *Language*: Proficient in basic Swahili. Conversational French

Kevin Egbert

23 Avon Street Medford, MA 02155 (617) 628-9899 kevin.egbert@aol.com

REFERENCES

Mr. George Manager Marketing Director Ad Company 540 Lexington St. Waltham, MA 02542 781-593-6117 georgem@ad.com

Ms. Carla Prof Assistant Professor Department of Economics Tufts University Medford, MA 02155 617-627-2307 Carla.Prof@tufts.edu

Ms. Gale Super Training Supervisor XYZ Company 49 Brattle St Cambridge, MA 02138 617-864-2222 *Ms. Super was my direct supervisor at Ad Company in 2001.*

Important Tips:

- Always ask the person *before* you list them as a reference, and make sure they know what to talk about and that it is positive. Provide them with a resume and background on the experience or the situation you shared so they can speak intelligently about you. Let them know where you are applying.
- Use no more than four references.
- Have at least two employment-related references. If using faculty, make sure he/she is someone who knows you and not just a teacher of a favorite class.
- Use the same color/quality of paper for the reference sheet as you do for your resume.
- Put your name at the top of the page in case it gets separated from your resume.
- When you do use a reference that is not clearly related to jobs and education listed on your resume, identify that person with a short phrase.
- For many jobs, references will give a verbal recommendation in a telephone call. Written recommendations will be asked for as "letters of recommendation."

How to Describe Basic Jobs

Here are a few examples of job descriptions that you might overlook:

Waiter/Waitress

- Interacted with owner and staff to produce quality teamwork and open communication
- Assured customer satisfaction. Diffused stressful situations with customers
- Demonstrated adaptability to high pressure environment with strict time restraints
- Trained new staff and handled weekend scheduling

Retail Jobs

- Chosen for maturity and decision-making abilities to open and close store
- Utilized dependability and integrity in handling quantities of cash for bank deposits
- Demonstrated impeccable customer relations techniques
- Analytical and research skills were enhanced in tracking department and store sales

Bank Teller

- Handled customer transactions during the busiest hours. Demonstrated organizational abilities and flexibility
- Combined analytical abilities with interpersonal skills in dealing with complex transactions and diverse population
- Assigned to complete bank balances requiring acute time management as well as accurate mathematical skills

House Painting Business

- Painted interior and exterior of private homes
- Used creativity and design experience to make recommendations to homeowners about colors, styles, and features